

### Prince William 4

Our Clubs, Our Community

April 2, 2025

### **Upcoming Events**

Apr 4-6 - VA 4-H Equismartz

Apr 5-6 - VA 4-H Shooting Ed New Instructor Cert

Apr 8 - PW 4-H Entrepreneurs Interest Meeting

Apr 11-16 - National 4-H Conference

**Apr 12** - PW 4-H Tree Planting

Apr 21-May 5 - TSC Paper Clover

**Apr 25 -** VA 4-H State Poultry Evaluation Contest

Apr 26 - VA 4-H NE District Contest Day

May 10 - PW 4-H Cloverbud Club

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### **B-I-N-G-Oh YEAH!**



The Prince William 4-H Association's BINGO Community Fun Night on Saturday was a tremendous success! What's not to love about games, prizes, food, family, friends, and fun?

Our family-friendly event provided all ages with good ol' fashioned 4-H spirit. PW 4-H youth leaders shared their 4-H Stories and love of 4-H. Many 4-H'ers won BIG at BINGO and raffles. Community members were thankful to the support and leadership of 4-H'ers using their citizenship skills to improve our communities. In particular, Nokesville

Equestrian 4-H Club was given a heart-felt shout-out for helping a neighbor take care of his horses.

### A HUGE 4-H THANK YOU to

- the BINGO Planning Committee, Prince William 4-H Association and it's Fundraising Committee, and especially Shawn Clinger for leading the event
- the many volunteers who made the night a success, especially the 4-H teens who arrived early
  for setup, jumped in where needed, and stayed late for cleanup, and the concessions team who
  worked tirelessly to keep everyone feed throughout the evening
- our 4-H Clubs that donated the wonderful prizes and raffles
- our wonderful friends at the Lake Jackson VFD for use of their space and supporting the event
- YOU for joining in the fun and coming out to support the next generation of community leaders through the 4-H Association's fundraising events!

See more photos on Page 2!

### I Know a Chicken, and She Laid an Egg...

At Prince William 4-H, we're thankful that our Embryology Project participants didn't have **SHAKY EGGS** because we have a Children's Barn full of the most adorable peeping chicks! (<u>Click here to listen to Laurie Berkner's children's song "I Know a Chicken."</u>). Last Thursday, PW 4-H Youth Educator DeeAnn Strand collected over 150 chicks, and yesterday over 100 were dropped off. The chicks will be moving on to greener pastures and enjoying their lives on local farms.

We hope you enjoyed the county-wide, hands-on Beginning of Life Project as much as we did. **See you next spring for Hatch Days 2026!** 

Not chickens, but have you been following the baby bald eagles hatching in West Virginia? Click here to watch the LiveCam of the U.S. Fish and Wildlife Service, National Conservation Training Center (NCTC) eagle nest near Shepherdstown, WV.





## Prince William 4-H BINGO NIGHT

























































































### **Prince William 4-H**

## YOUNG ENTREPRENEURS Indexes Meeting

18 USC 707

The 2025 Prince William 4-H Young Entrepreneur Project introduces youth to the basics of running a small business. From product design, to budgeting, to business finance, our youth complete a series of four workshops leading up to an exciting market season! Any youth interested in participating in the program should attend the interest meeting.



TUESDAY, APRIL 8TH 6:30-8 PM

McCoy Conference Room, Sudley North Building, 8033 Ashton Ave., Manassas

**CLICK HERE TO REGISTER** 



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



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### Let's Plant 100 TRES!

### Growing Trees and Kids for Viginia's Forest

Join Prince William 4-H and Prince William County Environmental Management for a fun filled service project to celebrate Earth Day and Arbor Day by planting 100 new trees!

PWC Arborist Will Shoup and his team will lead us to a nearby storm water management pond where we'll plant native buttonbush to help control erosion and create an attractive habitat for birds and animals.

JOIN US AT: 12 APRIL 2025

9 AM

5 County Complex Court, Suite 170 Woodbridge, VA 22192

Who Should Attend: All Prince William 4-H'ers and their family and friends!

https://www.signupgenius.com/go/4090C4DAAAF29A4FF2-54412965-4htree



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### PW 4-H Young Entrepreneurs Interest Meeting



Date: April 8th Time: 6:30 - 8 PM

Location: PW 4-H Headquarters, McCoy Conference Room

Who Should Attend: all youth ages 8 - 19 that are interested in entrepreneurship

<u>Click here to register.</u> Registration is FREE, but all attendees must be registered both for the meeting AND in 4-H Online.

the meeting Arts in 111 chime.

Back by popular demand! The Prince William 4-H Young Entrepreneurs SPIN Project is launching with an interest meeting next week. Anyone interested in participating in the project must attend this meeting. Attending the meeting does not commit you to participating in the project. Workshop dates and market dates will be provided at the meeting.

The PW 4-H Young Entrepreneurs Project is a popular project for our 4-H'ers where they develop business skills from product design, finance, marketing, and more. Youth participate in local farmers' markets to sell their products and put their skills to the test, truly learning by doing. Share the flyer on <a href="Page 4">Page 4</a> with your friends and join in the fun!

### PW 4-H Tree Planting - Cloverbuds thru Teens Encouraged!



Date: Saturday, April 12th Time: 9 AM - Noon

Location: 5 County Complex Court, Woodbridge

Who Should Attend: ALL PW 4-H'ERS AND THEIR FAMILIES! Cloverbuds, Juniors, and Seniors

are encouraged to attend this annual community service project!

What to Bring: a water bottle, sunscreen, gardening gloves and shovel if you have them Click here to register. Share the flyer on Page 5 with friends!

All Prince William 4-H Cloverbuds, Juniors, Seniors, family, and friends are encouraged to join us in planting 100 trees! Poet Joyce Kilmer wrote "I think that I shall never see / A poem lovely as a tree." Prince William will be planting the lovely button bush tree, a small, native tree perfect for our area. How can planting 100 trees make a difference in Prince William? Trees clean the air and slow climate change. Trees provide food and shelter for native species. Trees cool our streets and cities. Trees clean the water. Trees benefit our physical and mental well-being bringing happiness to people like Joyce Kilmer. Please join us on the 12th and learn more about trees!



### PW 4-H Staff's Milk Jug Seedlings Update

Mrs. Lerch's seedlings are THRIVING this spring, just like our youth at 4-H! However, Mrs. Hardin's seedlings have just sprouted. Why the difference when they were planted at the same time? Where the jugs were placed, the amount of sunlight, the temperature of the specific area, the ground temperature, the moisture inside the jug, and more will impact the growth of the seedlings (great science project idea!). Nature is unpredictable, so keep an eye on your jugs and monitor water and temperature. Email Mrs. Hardin if you have any questions or would like to share your pictures!



### Save the Dates for the Spring Paper Clover Campaign

Details and PW 4-H Club signups will be released soon, but for now, save the dates and add the Spring Paper Clover Campaign to your next meeting agenda. This is a great opportunity to share your club's 4-H Story and for a bake sale (or the like) to raise money directly for your club activities!

TSC Paper Clover Spring 2025: April 21 - May 5
TSC Paper Clover Fall 2025: November 28-December 14









### **REGISTRATION IS OPEN!**



PRINCE WILLIAM-STAFFORD

## 4-H JUNIOR CAMP

Get ready for a summer of 4-H fun, laughter, and endless possibilities!

\* For youth ages 9-14

13 - 17 July 2025

Northern Virginia 4-H Educational Center Front Royal, Virginia

### For more information:

https://sites.google.com/vt.edu/2025pwst4hcamp/

Prince William 4-H is a community of young people across the greater Prince William area who are learning leadership, citizenship, and life skills. Our goal is to help youth grow into capable, responsible, confident members of our community by providing information, opportunities, activities, and events that are educational and fun! In 4-H, we learn by doing! Our programs focus on the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture. In clubs throughout Prince William, our youth conduct youth-led meetings to complete projects, community service, and participate in local and state government events.



### Virginia Cooperative Extension

Virginia Tech. · Virginia State University



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### Virginia 4-H Northeast District Contest Day



**REGISTRATION OPEN MARCH 17 - APRIL 11** 

YOUTH AGES 9 - 18\*

\*AS OF SEPT 30TH, 2025

### **AVAILABLE CATEGORIES**

- · Public Speaking
- Visual Arts
- PresentationsShare the Fun
- Table SettingFashion Revue
- Extemporaneous Speaking





Vriginia Cooperative Extension is a partnership of Vriginia Tech, Vriginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all regardless of agr. color. disability, sex (including pregrams), gender, gender identity, gender expression, genetic information, emnicity or mational origin, political affiliation, race, a relation, sexual Date: April 26th

Time: 9:15 AM Registration; 10 AM Contest

Location: Goochland Extension Office, 2748 Dogtown Rd,

Goochland

Who Should Participate: Prince William 4-H'ers who participated in PW 4-H Share the Fun on January 24, 2025, and PW 4-H Contest Day on February 21st, 2025. If you were unable to attend either, please contact <a href="MaryBeth Lerch">MaryBeth Lerch</a> to schedule an audition time.

### Click here to register. Register by April 11th.

Click here for links to scoresheets and contest guidelines.

The Northeast District 4-H Contests are designed to be a valuable learning experience for 4-H members. These competitions aim to enhance participants' communication, organization, research skills, poise, self-confidence, and subject knowledge in their chosen contest area. The skills gained through these contests will benefit them both now and in the future.

### **ELIGIBILITY**

- Be registered in 4-H Online 2.0
- Be a Junior, Intermediate, or Senior 4-H member (Cloverbuds are not eligible)
- Compete in no more than 2 contests

### **AGE DIVISIONS (AS OF 9/30/25)**

Juniors: ages 9-11 | Intermediates: 12-13 | Seniors: 14-18

Participants in Northeast District Contest Day have the opportunity to apply to participate in the Virginia 4-H State Contests during Virginia 4-H Congress 2025 being held at Virginia Tech from June 24th-27th.

### Virginia 4-H Healthy Living Summit - REGISTER BY FRIDAY



Dates: April 25th - 27th

**Location:** Double Tree by Hilton Harrisonburg Hotel, 1400 East Market Street, Harrisonburg

Who Should Attend: Virginia 4-H teens ages 14-19 who have an interest in healthy living

Cost: \$60 (includes lodging, meals, and snacks); link to pay via Destiny One sent to those registered after registration closes

Register through 4-H Online. Register by April 4th.

The 4-H Healthy Living Summit will bring together teens from all across the Commonwealth who share an interest in learning more about topics related to nutrition education, physical fitness, wellness, and emotional well-being. The overall goal of the summit is to equip teens with the tools and resources to not only help improve their own personal health and wellness, but to help others as well. See Page 9 for event schedule of activities.

### **AGENDA**

4-H HEALTHY LIVING SUMMIT

APRIL 25 - APRIL 27, 2025



FRIDAY	ACTIVITY:	
07:00 PM	Check-In	
07:30 PM	Opening Session (ground rules & ice breakers)!	
08:25 PM	Keynote speaker!!	
09:00 PM	Social hour (card games and arts & crafts!)	
10:00 PM	Lights out!	



### 4-H HEALTHY LIVING SUMMIT

APRIL 25 - APRIL 27, 2025



SATURDAY	ACTIVITY:					
08:00 AM	Breakfast					
09:00 AM	Food is Fuel: what makes a balanced meal?					
09:45 AM	Chill Skills Activity: stress balls					
10:00 AM	Power Up with Vitamins: learn about what the most needed vitamins are and where to find them					
10:45 AM	Chill Skills Activity: trail mix					
11:00 AM	Guest Speaker					
11:55 AM	Break					
12:00 PM	Lunch					
12:45 PM	Yoga					
01:15 PM	Debunking Health Myths: discover what healthy living tips you see on social media real and which aren't!					
02:15 PM	Chill Skills Activity: glitter jars					
02:45 PM	Break					

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### **Virginia 4-H Healthy Living Summit**

### AGENDA

**4-H HEALTHY LIVING SUMMIT** 

APRIL 25 - APRIL 27, 2025



SATURDAY	ACTIVITY:					
03:00 PM	Allergy Aware: plan and make an allergy-inclusive dinner menu!					
04:00 PM	Chill Skills Activity: journaling					
04:15 PM	Effects of Hydration on Health: how staying hydrated impacts your health					
04:55 PM	Break					
05:00 PM	Getting Healthy with MyPlate: creating a balanced meal using MyPlate!					
05:30 PM	Mental Health with Healthy Living: how mental health affects healthy living					
06:00 PM	Dinner					
06:45 PM	Social Stations: unwinding and hanging out with friends!					
08:00 PM	Movie Time!					
10:00 PM	Lights out!					

\* We will also have time to hang out at the pool!

### **AGENDA**

4-H HEALTHY LIVING SUMMIT

APRIL 25 - APRIL 27, 2025



SUNDAY	ACTIVITY:	
08:00 AM	Breakfast	
08:45 AM	Pack up	
09:15 AM	Capnote Speaker	
09:55 AM	Wrap up & snacks!	
10:15 AM	Check-out & pick-up	







Nokesville 4-H Equestrian Club Presents

## Fgg My Unrd 2025

Order your prefilled eggs to be hidden in your yard the night before Easter along with a note from the Easter bunny himself!



- This is a fundraiser and all proceeds benefit the Nokesville 4-H Equestrian Club and their yearly activities.
- If it rains your filled eggs, hunting bag and note from Easter bunny will be left on your porch...
- Eggs will be hidden Saturday evening after dark
- If you do not want eggs but wish to contribute toward the club your egg
   donations can be added to other hunts

### PLEASE COMPLETE THIS LINK FOR ALL ORDERS

https://docs.google.com/for ms/d/e/IFAIpQLSeTIRJQzC3z AwD3g PzaSAhAHjoGyAkV38kGAP t

zasanahjogyakvækgaP i Z3d7VmrQA/viewform? usp-dialog



### EGG DETAILS

- SI5 for 1 dozen
- \$10 for each additional dozen
- Eggs to be filled with allergy free candy and/or trinkets
- Available for Prince William and Fauguier County
- NEW THIS YEAR: Easter themed tshirts can be added to any egg order for \$10 for the first and \$7 for each additional

### Fauquier County 4-H Open Horse Show

Date: April 5th

Location: Warrenton Horse Show Grounds, Warrenton, VA Who Should Participate: Virginia 4-H horse participants ages 9 and up (as of 09/30/2025)

Click here for important information and to register.

The contest includes both 4-H and Open divisions in the hunter and western disciplines. 4-H'ers will have the opportunity to test for Horsemanship Skills Level I & 2, which are required for the 4-H State Horse & Pony Show (limited to 15 participants). Registration is due by March 31st for skills testing.

Pre-registration is HIGHLY encouraged (especially to have enough to start with class lists), but there will also be day-of entries.

### **IMPORTANT NOTES**

- ASTM certified Helmets must be worn at all times when mounted.
- This event will follow the <u>Virginia State 4-H Horse and</u> Pony Show Rule Book.
- Youth and Adult Participants not enrolled in 4-H via 4-H
  Online will have to complete additional paperwork upon
  registration.



### 2025 Virginia 4-H State Horse Show

**Dates:** September 4th - 7th **Location:** Lexington, Virginia

Click here for the Virginia 4-H Horse Show website.

Parents, youth, agents, and volunteers should familiarize themselves with information regarding the Requirements, Rules, and Qualifying Options for the State Horse Show. Also included on the website are the rules and entry information for the Art Contest, Photography Contest, and the Record Book/Portfolio Contest.



### **IMPORTANT DATES**

May 1st: Declarations open in 4-H Online

July 1st: Deadline for Online Eligibility/Declaration in 4H Online.

July 31st: Entry Deadline. Orientation Meeting/Checklist Completed by Club Leader or VCE Agent.

### STATE HORSE SHOW REQUIREMENTS, RULEBOOK, AND SCHEDULE

2025 Rulebook | 2025 Show Schedule | 2025 Rule Updates | Overview of Requirements to Show

### 2025 QUALIFYING SHOWS AND HORSEMANSHIP SKILLS

<u>List of District Approved Qualifying Shows</u> | <u>Horsemanship Skills Opportunities</u> Horsemanship Skills Testing is only required once per child, regardless of project animal.

### **QUESTIONS ON QUALIFYING**

- Youth may attend ANY "District Approved" Qualifying show, regardless of their Unit of Enrollment. There is no additional
  paperwork that is due to attend a show outside of your District.
- All Districts have Opportunities for "Outside Qualifying Shows" in place. Please reach out to your District Horse Council if
  you are unable to attend a District Approved Show and are in need of an Outside Qualifying Opportunity for their guidelines
  and paperwork.

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### Virginia 4-H Cabinet Elections - APPLY TODAY!



### **PW 4-H Teens - Consider Running for Election!**

Click here for the 2024 Virginia 4-H State Cabinet Bylaws.
Click here for the 2025-2026 Virginia 4-H State Cabinet Elections Packet.
Completed applications are due by Friday, May 2nd at 5 PM

Prince William 4-H teens that are interested in running for a Virginia 4-H Cabinet position are encouraged to start working on your packet TODAY! The packet includes highlights, general guidelines, and requirements for becoming an elected member of the State Cabinet team. In addition to the main officers, youth will also elect up to four Ambassadors from each of the five VCE Districts. Be sure to read the current bylaws to better understand the role of the Virgina 4-H State Cabinet.



### NEW THIS YEAR:

- ★ The application is submitted through a Google Form linked on Page 14 in the elections packet.
- ★ Campaigning will be virtual! Virtual Town Halls will be held for each of the five districts and one for officer candidates. They are scheduled as follows:

June 8th @ 7 PM – Officer Candidates
June 10th @ 7 PM – Northwest District
June 12th @ 7 PM – Individual Town Halls for Central, Northeast,
Southeast, and Southwest Districts

★ Voting is electronic! 4-H members from across Virginia who were enrolled with an individual email address in 4-H Online will be allowed to vote.



Interested in learning more about the roles and responsibilities of a Virginia 4-H State Cabinet member? Talk to Prince William 4-H'er Aiden McDonald! Aiden was first elected June 2023 and then re-elected last June as a Northeast District Ambassador. He had extensive leadership experience in 4-H and you'll often see him at local school and community events promoting 4-H and sharing his 4-H Story.

Challenge your leadership skills and today!

### Virginia 4-H Congress - REGISTRATION IS OPEN



Dates: June 24-27, 2025 Location: Virginia Tech

Who Should Attend: Virginia 4-H'ers ages 14-18

Cost: \$295 for full-time registration; \$65 for one-day competitors.

Click here to apply for needs-based scholarships.

Register through 4-H Online. REGISTER BY MAY 10TH.

<u>Click here for more information</u>, including links to the information packets and registration information, draft schedule, competitions, and educational session descriptions.

Registration for the 2025 Virginia 4-H Congress is now open! This year's theme, "Turning Gears, Shaping Futures," will guide an inspiring week of learning, leadership, and connection.

4-H STATE COMPETITIONS ★ EDUCATIONAL WORKSHOPS ★ DANCES ★ OPPORTUNITY
FAIR ★ COLOR RUN/WALK ★ SERVICE LEARNING OPPORTUNITIES ★ CONGRESSIONAL
GAMES ★ ALL STAR TAPPING ★ STATE AWARDS ★ AND MORE!

### Apply to Participate in the 2025 National 4-H Congress

National 4-H Congress Dates: November 28 - December 2, 2025

Location: Atlanta, Georgia

Wo Should Apply to Attend: senior 4-H'ers

Click here for informational flyer. Applications are due by May 9th.

All applications and resumes must be submitted through Google Forms - click here to submit.

Click here to learn more about the 2025 National 4-H Congress.

Applications are now open for senior Virginia 4-H'ers to participate in 2025 National 4-H Congress. For more than 100 years, National 4-H Congress has served as the premiere educational and recognition event for senior 4-H members. National Congress provides participants an exciting opportunity to explore careers, engage in a variety of quality learning experiences, and have great fun by getting to know other 4-H members from across the country. Outstanding 4-H members will be selected to represent Virginia at National 4-H Congress. Candidates for selection must be senior 4-H members in the current 4-H year who are able to demonstrate outstanding achievement as a 4-H member in the areas of leadership, citizenship, and personal development.

During this submission process, applicants will be asked to submit their cover letter, resume, three letters of recommendation, and a photo.

### **APPLICATION PROCESS:**

Virginia 4-H values the life skills that members develop through personal record keeping. An electronic 4-H portfolio, which replaced the 4-H Achievement Record, will serve as the foundation for a 4-H member's application to participate in National 4-H Congress, if selected for an interview. The formal process includes two steps, which are intended to provide the 4-H member learning exercises that reflect an employment application and interview procedure:

- 1. The submission of a written personal resume; and
- 2. For those selected to interview, a presentation of an electronic personal portfolio (detailed information on the electronic portfolio will be provided to all youth selected to be interviewed)

Those selected for an interview will need a working Gmail account, as electronic portfolios will be submitted through Google Classroom.

### Special Series for PW & VA 4-H Adult Volunteers

A HUGE 4-H THANK YOU to our Prince William 4-H Volunteers! The Points of Light Foundation has designated April as Global Volunteer Month, and that gives us a great opportunity to recognize you for all of the work that you do all year on behalf of the youth of the Greater Prince William Area and Virginia. In addition to Global Volunteer Month, April 20-26 has been designated as National Volunteer Week!

To help celebrate these two events, Virginia 4-H will be launching a month-long Volunteer Professional Development series specifically for YOU - our 4-H volunteers! Beginning the week of April 20, we will be offering virtual sessions on all kinds of topics relevant to 4-H volunteers to help you continue to make the best better. These sessions will be about an hour each, and will run at various times from April 19-May 19. If you can't make it live to a session, they will all be recorded so that you can watch later.

All of these volunteer professional development sessions will be free and open to everyone! There will be a quick registration link just to let presenters have an idea about how many will be attending live.

Be on the lookout for a schedule and registration information by the middle of this month. We heard from many volunteers that more statewide virtual volunteer trainings were needed, and we're excited to present this series to help met that need. We look forward to welcoming you to the 4-H Volunteer Professional Development Series!







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### Virginia 4-H Shooting Education Updates

### STATE OF VIRGINIA'S NRA YOUTH EDUCATION SUMMIT

Dates: July 10th - 13th Location: Richmond, VA

Who Should Apply: current Freshmen, Sophomores, and Juniors in high school

Click here for more information. Register by April 15th.

Founded alongside the National Y.E.S. program, the State Y.E.S. program is designed to educate high school students about their state governments and the critical role their generation will play as voters. The program also highlights the benefits of firearms ownership and responsible citizenship.

### 2025 4-H Beekeeping Essay Contest



Click here for more information. Entries due April 18th.

The 2025 4-H Beekeeping Essay Contest sponsored by the Foundation for the Preservation of Honey Bees, Inc. and Virginia 4-H is open to active Virginia 4-H members. The top 3 winners in the state receive cash prizes and the state winner will go on to compete nationally for additional cash prizes.

**2025 4-H ESSAY CONTEST - THE IMPORTANCE OF YOUTH IN BEEKEEPING: HOW 4-H MEMBERS CAN MAKE A DIFFERENCE!** For this essay, a 4-H student should answer these questions: Why youth is important in beekeeping? How can 4-H members make a difference? How can more young people involved in beekeeping? What are your future plans as a beekeeper? What is a major contribution a young beekeeper has brought to the industry?

### Virginia 4-H State's Inbound Exchange



PW 4-H FAMILIES, CAN YOU HOST A YOUTH DELEGATE FROM JAPAN THIS SUMMER? Virginia 4-H has committed to hosting 20 youth delegates (13 girls and 7 boys) and 2 adult chaperones from Japan this summer. We'll need 22 host families.

### **HOSTING DETAILS AND REQUIREMENTS**

- Program runs July 23 through August 16, 2025
- No previous 4-H experience is required
- Host families receive no stipend to host a delegate.
- All Host families will be screened and interviewed as part of our risk management protocol
- Japanese delegates are ages ~13-16
- To host a delegate, a family must have a child who is 10+ years old
- Families without young people at home can host adult chaperones
- Families hosting youth delegates must provide adult supervision during the daytime
- Families will identify a host sibling and will be matched with a delegate of the same gender who is within 4 years of the host youth's age.
- Japanese delegates have a range of English language abilities.
- Delegates are here to experience every day American life. No special activities need to be planned.
- Host Families will receive support from the state coordinator and other host families before, during & after the exchange (not financial)

Click here to apply and select Virginia as your state.



### Virginia 4-H State WHEP Contest

Date: Saturday, April 19th

Location: Brackett's Farm, 1117 Bracketts Farm Rd., Louisa, VA Click here for Team Registration. Click here for Individual Registration.

Register by April 4th. Contact Jenny Thompson with questions.



The VA State 4-H Wildlife Habitat Education Program (WHEP) Contest region will be Virginia species in the Southeast Mixed and Outer Coastal Plain Forest. For the wildlife challenge, species found in the Urban and Wetlands regions may also be used so contestants should be familiar with those species for identification purposes. Please refer to the WHEP Manual as posted at <a href="https://www.whep.org">www.whep.org</a> for the most current information which will be used for this contest.

### **TENTATIVE SCHEDULE**

9 AM Registration for Senior Teams

9:15 AM Senior - Plan Writing (have up to 2 hours to complete)

10 AM Registration for Mixed Teams, Junior Teams, and individuals participating in Guided Management Plan

10:15 AM Guided Management Plan

11:15 AM Management Plan portion ends. Contest moves to Louisa County Admin Building, I Woolfolk Ave., Louisa, VA

I 1:30 AM
 Lunch for participants and volunteers (coaches and parents provide own lunch)
 I 2 Noon
 Registration for Individuals only participating in Wildlife Challenge or Quiz Bowl

12:15 PM Junior Wildlife Challenge and Seniors Oral Reasons1:15 PM Junior Quiz Bowl and Senior Wildlife Challenge

2 PM Score tallying and biologist presentation

2:30 PM Awards

### For Educators & 4-H Club Leaders: Project Wild and Aquatic Wild Training

Date: Tuesday, April 22nd Time: 9 AM - 5 PM

Location: Northern Virginia 4-H Educational Center, 600 4H Center Dr., Front Royal, VA Who Should Attend: open to all educators (community educators, formal educators, 4-H volunteers,

homeschool educators, parks and recreation, etc.)
Cost: \$5/person payable on event date

Click here to register. Click here to learn more about K-12 Project WILD.

K-12 Project WILD Curriculum Workshop and Terrestrial Activity Guide features activities emphasizing terrestrial species and their habitats. A wide range of ecological concepts are covered including: food webs or energy flow, adaptations, interdependence, carrying capacity and habitats. K-12 Aquatic WILD Curriculum Workshop and Aquatic Activity Guide provides a look at aquatic wildlife and their ecosystems. This guide supports the watershed and Chesapeake Bay related SOLs as well as the wildlife concepts mentioned above.



### VA Dept. of Forestry Camp Woods & Wildlife

Dates: June 16-20 at Holiday Lake 4-H Center, Appomattox, VA

Who Should Attend: Virginia students ages 13-16 (typically Grades 7-10)

**Cost:** \$95\*

\*A memorial scholarship is available for PW 4-H'ers who attend Camp Woods & Wildlife. Please submit your nomination form above directly to MaryBeth Lerch. Campers will attend camp at no charge!

Click here for more information and to apply. Applications due April 11th.

Camp Woods and Wildlife is an academic, structured, residential camp that focuses on field experiences in forestry and other natural resources. This unique camping experience introduces 13-16-year-olds to the challenges, special skills, and knowledge needed for managing the forest resources we use and enjoy every day. Camp Woods and Wildlife is ideal for students who: wish to explore forestry and wildlife related careers; participate in forestry and wildlife judging teams, Envirothon competitions, or ecology clubs want to experience hands-on learning and gain real-world skills in natural resources conservation.



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### Virginia 4-H Animal Sciences Updates

### CLICK HERE FOR THE APRIL 2025 VIRGINIA YOUTH ANIMAL SCIENCE NEWSLETTER

### 2025 VIRGINIA 4-H/FFA BEEF CHALLENGE

Date: Wednesday, April 16th

Location: Virginia Beef Expo, Rockingham

Click here for information packet. Click here to register. Register by April 9th.

Similar to the 4-H Food Challenge, Beef Challenge allows youth to showcase beef as part of a healthy diet. This combination cooking and communications contest is sponsored by the Virginia Beef Council and, therefore, is no cost to teams.

### 2025 VIRGINIA JUNIOR BEEF ROUNDUP

Dates: Youth cattle shows will take place on Friday, April 18th and Saturday, April 19th.

Location: Rockingham County Fairgrounds, Harrisonburg, VA

Who Should Attend: VJBR Shows and events are open to enrolled and eligible Virginia 4-H and FFA members. Virginia youth ages 19-21 who are members of their respective National Breed Association

are eligible to enter and exhibit registered breeding cattle only.

Entry Fees: \$35/head

**Deadlines:** 

April 10th Ownership Deadline cattle

April 11th Entry Deadline (5 PM)

April 14th All fees must be received

Showmanship: All exhibitors will automatically be entered in the appropriate showmanship class based on their birth date. There are no entry fees associated with showmanship. It will be the responsibility of the exhibitor to scratch from showmanship by 10:30 am on Friday, April 18th.

Team Fitting Event: There will be a Team Fitting Event on Friday, April 18th at 11 am.

Click here for contest website. | Click here for a schedule. | Click here for contest rules. | Click here for Fair Entry System.

### VIRGINIA 2025 STATE 4-H/FFA POULTRY EVALUATION CONTEST



Date: Friday, April 25th Location: Rockingham County Fairgrounds, Harrisonburg

Time: 8 AM registration/check-in; 8:45 AM contest instructions; 9 AM contest

begins

Entry Fee: \$15/contestant entered

Click here to enter. Entries due by 5 PM on Friday, April 18th.

Click here for more information, including rules and resources.

Please note that contest duration can take longer than expected due to unforeseen circumstances. Contestants must complete all phases of the contest to be eligible for awards. Contestants should plan to be on-site and participating through the awards portion of the event. Please read the contest rules completely and carefully. We do plan to use live birds for the 2025 contest, but that is subject to change if necessary due to changes in HPAI or restrictions from VDACS.











Take-Off! is a dynamic and immersive 3-day event that we'll host on the campus of Virginia State University from May 30 to June 1, 2025. Together, we'll provide youth with the opportunity to connect, grow, and engage in meaningful hands-on learning through

\* Agriscience

one of four exciting tracks:

- STEM.
- Leadership
- Healthy Living

**Register Here** 





Dates: May 30th-June 1st, 2025

**Location: Virginia State University** 

Included: Housing, meals and other amenities

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, genetic information, ethnicity or national origin, political affiliation, race, religion, sexual orientation, or military status, or any other basis protected by law

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### National 4-H

### **CLOVER BY 4-H: UNLOCK FINANCIAL LITERACY WITH 4-H**

Click here for FREE curriculum. 8 Activities. Grades 7-12.

Did you know that youth can set themselves up for a successful financial future by learning about money now? In this course, youth will learn how to earn, save, and spend money wisely and discover the power of budgeting.



Tractor Supply Spring Paper Clover Citizenship Washington Focus Tractor Supply Fall/Winter Paper Clover April 18-May 5 June 7-13, 14-20, 21-27 November 28-December 14



Food Network is looking for the most talented SIBLING bakers in the country for the next season of the KIDS BAKING CHAMPIONSHIP!

Do you think your kids were born to bake? Well if so, this is the perfect show for them! We are looking for kids between the ages of 8-13 who want to put their baking skills to the ultimate test!

The Kids Baking Championship is an exciting show where young bakers compete in fun baking battles to become the next KIDS BAKING CHAMPION!!!



### **APPLY NOW!**

**BAKINGCHAMPIONSHIP.COM** 

\*only submissions sent by parents will be accepted.

### **VASWCD Scholarships for High School Seniors**



Click here for more information and the application. Application due April 11th.

The Virginia Association of Soil and Water Conservation Districts annually offers four scholarships to graduating high school seniors or college freshmen for college study. This year, four \$2,000 scholarships are available! Applications must arrive at the PWSWCD office by April 11, 2025. Applications for students who reside in Prince William County must be submitted to the Prince William Soil and Water Conservation District, which will select one student for consideration by the state committee.

### Food Network Kids Baking Championship

The casting team with "Kids Baking Championship" on Food Network is currently casting the next season and searching nationwide for SIB-LINGS ages 8-13 who love to bake! For a chance to audition, parents can fill out an application for their kids here:

https://bakingchampionshipcasting.castingcrane.com/

Please direct questions to: Caroline Sheets, Associate Casting Producer Center Drive Media

e: csheets@centerdrivemedia.com

d: (213) 536-7326

### 4 the Soil: A Conversation

### S5 - E5: Hands-On Community Agriculture Work with Nicole Shuman, Part 1

Context is foundational to authentic, experiential learning, and understanding how to build soil health within a landscape context. Hands-on educational activities and programs help students of all ages better understand the context and real-life application of learning objectives, principles, and practices. Nicole Shuman is a community agriculturalist with Henrico County Public Schools. Nicole shares her experience with Mary, Jeff, and Eric and how she became interested in soil health and agricultural education work, Nicole specifically talks about her community agriculture work at Cornerstone Farm at Fairfield Middle School and how the farm helps get the students outside and gives them hands-on experiences.

### S5 - E6: Education first and foremost with Nicole Shuman, Part II

In the most recent episode of the podcast, Nicole Shuman of Cornerstone Farm in Henrico County outlined the big picture and how Cornerstone Farm provides service learning opportunities and a place to learn about sound nutrition, environmental sustainability, food security, and ways to contribute to the community in tangible ways.

and
Foremost
SOIL
S5 - E6
with
Nicole Shuman
of
Cornerstone
Farm,
Part II

Education First

Click here for more podcast episodes by 4 The Soil: A Conversation.

### Ag Career Idea and Current Job Opening!



### VIRGINIA SOIL COORDINATOR HEALTH Click here for more information

and to apply.

Virginia Tech seeks to hire an

Virginia Tech seeks to hire an education and outreach

specialist to support the Virginia Soil Health Coalition in coordinating partnerships, managing communications, and advancing outreach and education efforts. This role will focus on outreach, content creation, and engagement to highlight soil health initiatives and connect farmers, conservation professionals, policymakers, and landowners. The successful candidate in this position will also assist in organizing coalition meetings, events, and educational programs while fostering collaboration among diverse stakeholders. Applications will be accepted at least through April 25th.

### **Dumfries Easter Egg Hunt!**

Bring the whole family for a morning of fun and celebration!

- FREE Food! (while supplies last)
- Meet the Easter Bunny!
- Bounce House & Face Painting!

Click here for parking information.



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### Click here for more information and to register.

Make this summer unforgettable with action-packed camps for every interest. Whether your child loves swimming, golf, history, game design, dance, or adventure, there's a perfect camp waiting. PWC Parks & Recs offers specialty camps from arts to sports plus everything in between and full day traditional style summer camps with popular themes each week all for ages 3-17 at 16 locations throughout Prince William County. Spots will go fast. Sign up soon and let the fun begin!

### SAVE THE DATE!

PRINCE WILLIAM COUNTY GOVERNMENT

Saturday, April 12, 2025 • 9:30 a.m. - 1:30 p.m. Hylton Performing Arts Center

pwcva.gov/careers

PRINCE WILLIAM This is a unique networking and hiring event intended to showcase the County's services and career opportunities! Open to anyone interested in working for Prince William County Government, this is a great opportunity for you and your family and friends to speak with County staff about apprenticeships, internships, seasonal, full-time and part-time positions and volunteer opportunities. Throughout the day, there will be opportunities to complete an online application and attend information sessions.

Departments may also have staff available to conduct interviews and extend contingent job offers!

This is NOT your typical job fair!

Over 50 job offers have been extended to previous Expo attendees, so bring your "A" Game! PRINCE WILLIAM COUNTY GOVERNMENT...SEE YOURSELF HERE!

### Prince William Master Gardeners: 2025 Saturday in the Garden Classes



Dates: the first Saturday of the month, April through October, except July

Time: 9-11 AM

Location: St. Benedict Monastery, 9535 Linton Hall Rd., Bristow

Click here to register.

**APRIL 5 - MUSHROOMS.** Discover the best techniques for growing mushrooms at home with Virginia Spores. Learn to create the perfect environment for your fungi to thrive.

- MAY 3-ART IN THE GARDEN/PLANT SALE. Explore the creativity of spring with the Prince William County Art Society. Try different art styles with guidance from local artists. Some supplies provided; feel free to bring your own.
- JUNE 7- ENSLAYED GARDEN IN VIRGINIA. Join David M. Born, Historic Programs Specialist for an engaging exploration in the daily lives of slaves in Virginia and the vital role their gardens played. Discover untold stories and history that shaped the land.
- JULY 12-REPTILE RELATIONS. Curious about handling turtles and snakes in your garden? Join Bill Crisp from K2C Wildlife Encounters for expert tips on sharing your garden with critters.
- AUGUST 2-KIDS DAY AT THE GARDEN. End summer with a fun day at the garden with the Virginia Cooperative Extension and 4H! Learn about gardening, nature, and get ready for back-to-school!
- SEPTEMBER 6-TURF AND COVER CROPS/PLANT SALE. Join VCE for a two-part session! Ag Agent Thomas Bolles will share tips on using cover crops, followed by Environmental Educator Elesha Young on turf care dos and don'ts.
- OCTOBER 4-INVASIVE PLANT MANAGEMENT THROUGHOUT FALL AND WINTER. Looking to tackle invasive plants in Virginia? Join Natali Walker from Blue Ridge PRISM for a fun and informative session on which pesky species you can manage.

### **PLANT SALES**

Master Gardeners of Prince William will be selling Bluebells on April 5th and have a Plant Sale, May 3, 9am to noon.

## 2024



# 2025 PRINCE WILLIAM 4-H

4-6 VA 4-H Equismartz 5-6 VA 4-H Shooting Ed New Instructor Certification 11-16 National 4-H Conference 12 PW 4-H Tree Planting & PW 4-H Cloverbud Club 16 2025 VA 4-H/FFA Beef Challenge 19 VA 4-H State WHEP Contest 21 - May 5 Spring TSC & 4-H Paper Clover Campaign	APRIL	6-12 National 4-H Week  8 Proclamation at PWC BOCS  12 PW 4-H Cloverbud Club 12-13 VA 4-H Shooting Ed New Instructor Certification  20-26 National Character Counts Week  19 PW 4-H Teen Club- Community Service  24 Prince William 4-H Recognition Day  29 PW 4-H Contest Orientation - Presentations, Public Speaking, Table Setting, Extemporaneous	остовек
10 PW 4-H Cloverbud Club TBD Prince William 4-H Young Entrepreneurs SPIN Project TBD 4-H Northeast District Food Challenge Contest	MAY	2 VSU 4-H Aspiring Leadership Training - Intermediate Congress 4-5 PW 4-H Pajama Party SPIN Club 7 PW 4-H Engage Locally 9 PW 4-H Association Meeting 12 PW 4-H Association Meeting 14 PW 4-H Teen Club - Community Service/Project Linus 16 PW 4-H Hike: 4-H Outdoor Challenge 18 PW 4-H Officer Training 29-Dec 3 National 4-H Congress 29-Dec15 TSC & 4-H Paper Clover Campaign	NOVEMBER
16-20 VA Dept of Forestry Camp Woods & Wildlife 22-28 National 4-H Shooting Sports Championship 23 VA 4-H Livestock Judging Contests 24-27 Virginia 4-H Congress 24 1st Time Junior 4-H Camper Parents' Meeting	JUNE	3 PW 4-H Club & Project Leader Training (Option 1) 5 PW 4-H Homemade Holiday Craft Night, Teen Club; Cloverbud Club 14 Wreaths Across America Day 19 PW 4-H Whisper Booth Training 30 PW 4-H Embryology Registration Opens (doses Jan. 31)	DECEMBER
13-17 Prince William/Stafford 4-H Junior Camp Jul 30 - Aug 3 Southern Regionals 4-H Horse Championships  TBD 4-H True Leaders in Equity Institute (TLEI) 2025	JULY	7 PW 4-H Club & Project Leader Training (Option 2) 9 PW 4-H Food Challenge Training 14 PW 4-H Association Meeting 17 PW 4-H Share the Fun Dress Rehearsal 22 Virginia 4-H Day at the Capitol 23 An Evening with Virginia 4-H at VT 24 PW 4-H Share the Fun 25 PW 4-H Cloverbud Club 30 PW 4-H Portfolio Training 31 PW 4-H Tree Seedling Orders Due	JANUARY
9 VA 4-H Northern District Shoot 11-15 PW 4-H Fair Camp	AUGUST	7-8 VA 4-H Hippology & Horse Judging 17-21 4-H Shooting Sports National Quiz Bowl 19-20 PW 4-H Embryology Project Leader Training 21 PW 4-H Contest Day: Presentations, Table Setting, Fashion Review 21-22 VA 4-H Stockman's & Livestock Judging 22 PW 4-H Food Challenge 22 VA 4-H Shooting Ed Instructor Recertification	FEBRUARY
5-7 VA 4-H State Horse and Pony Championship 6-7 VA 4-H State Shoot Sep 26-Oct 5 State Fair of VA TBD Prince William 4-H Day TBD Virginia 4-H Shotgun Championship	SEPTEMBER	1 PW 4-H Junior Camp Reg Opens 1 VA 4-H and FFA Meats Evaluation 4 PW 4-H Leaders' Mid-Year Meeting & 4-H Association Meeting 7-8 TALT Weekend - Junior Camp Counselor Training 12-16 National 4-H IGNITE 15 PW 4-H Cloverbud Club 15-16 VA 4-H Spring Air Championships 28-30 VA 4-H Teen Summit 29 PW 4-H Association BINGO	EBRUARY MARCH

26

VA 4-H Northeast District

Contest Day

25-27 VA 4-H Healthy Living Summit

### PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

### Click to Visit Online:

Prince William 4-H Virginia State 4-H National 4-H



### Your Dedicated PWC 4-H Staff

### MaryBeth Lerch

Associate Extension Agent, 4-H 4-H Youth Educator mblerch@vt.edu 703-792-4536



### Pam Hardin

phardin@pwcva.gov

### DeeAnn Strand

4-H Youth Educator dstrand@pwcva.gov

### Candi Helmlinger

4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

### PWC 4-H Resources

### National 4-H

National 4-H Homepage

### Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars STEM in Virginia 4-H

### **Prince William 4-H**

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

### Portfolio Records

Member Record Cloverbud Sheet Project Record Ages 9-10 Project Record Ages 11-12 Project Record Ages 13-15 Project Record Ages 16-19

### Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President Prince William 4-H Member Record - Officer





### Youth Officers

Lexi Strand, President Tim Hirshey, Vice President Cara Grahn, Secretary Ryan Nguyen, Treasurer

### **Adult Officers**

Susan Wolf, President Alan Lerch, Vice President Shelby Kohn, Secretary Sydney Nguyen, Treasurer

### Committee Chairs

Fundraising Committee - Shawn Clinger & Sarah Fox Recognition Committee - Alan Lerch Membership Committee - 4-H Staff





### Virginia Cooperative Extension Virginia Tech. • Virginia State University



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