



Prince William 4-H

Our Clubs, Our Community



March 26, 2025

Upcoming Events

- Mar 28-30** - VA 4-H Teen Summit
- Mar 29** - PW 4-H Association BINGO
- Apr 4-6** - VA 4-H Equismartz
- Apr 5-6** - VA 4-H Shooting Ed New Instructor Cert
- Apr 11-16** - National 4-H Conference
- Apr 12** - PW 4-H Tree Planting
- Apr 21-May 5** - TSC Paper Clover
- Apr 26** - VA 4-H NE District Contest Day
- May 10** - PW 4-H Cloverbud Club
- Jun 22-28** - National 4-H Shooting Sports Championship

Inside this issue:

- [Prince William 4-H Updates](#) **2**
- [Virginia 4-H Updates](#) **7**
- [Our Partners](#) **16**
- [Contacts & Recourses](#) **20**

Click to Visit



Local Youth Are Taking *EGG-cellent* Care of Their Projects!

The Prince William 4-H Embryology Program is having an outstanding hatch rate across the county! We're excited for our school classrooms, homeschool groups, 4-H Clubs, and more, that are participating and learning about the beginning of life. Our local youth are not only experiencing the anticipation of new life, egg-citement of the hatching process, and total cuteness of the peeping chicks, but they are developing their natural sense of curiosity about the world around them. Our human chicks are directly studying, observing, recording, touching, and experiencing key biology concepts and gaining a hands-on understanding of living things, life cycles, habitats, and more.

CHICK DROP OFF OPTIONS

March 27th, 2 PM – 6 PM @ PWC Fairgrounds Children's Barn

April 1st, 12 PM - 3 PM @ PWC Fairgrounds Children's Barn

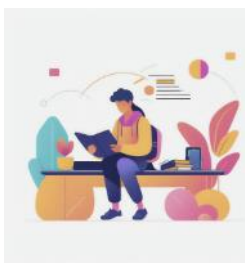
Reminder: If you are keeping your chicks, please [email dstrand@pwcgov.org](mailto:dstrand@pwcgov.org) with your hatch count!



Victory Elementary School had 2 classrooms participating with 19 out of 24 eggs hatch!

Independence Elementary School hatched 9 out of 12 eggs!

Celebrating Our 4-H'ers - **RESPOND TODAY!**



Happy Youth Voice Week! Our 4-H'ers have powerful voices and we're proud to provide opportunities to be heard. As we celebrate YOU this week, March 24th - 28th, send us a word or short phrase that is the issue that matters most to you as you grow into our next generation of leaders.

Youth 4-H'ers - [Click here to email the issue that matters most to YOU!](#) (Please respond by Monday, March 31st.)



Prince William 4-H



BINGO NIGHT

SATURDAY,
MARCH 29

6:30 - 8:30 PM

LAKE JACKSON
VFD



COST: \$20 each. Includes 9 games, a dauber, and 5 raffle tickets. Kids under 6 play for free. Scan QR Code to purchase tickets in advance and secure your seat. Additional raffle tickets and concessions will be sold separately. All proceeds will benefit youth development, educational opportunities, and leadership scholarships offered by Prince William 4-H for local youth.

Prizes! Raffles! Food! Fun!



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

Please Support Nokesville 4-H Club's Food Drive!

Prince William's Nokesville 4-H Club is organizing a food drive to support local kids in need. Spring Break is a time of rest and fun for many kids, but for some, it means losing access to school meals. Together, we can make a difference by filling this gap for families in need in the Georgetown South Community.

We invite you to rally together and support the Prince William 4-H Food Drive by donating essential food items, volunteering your time, and spreading the word! Every small effort adds up to a big impact for children who rely on school meals. How You Can Help:

DONATE NON-PERISHABLE FOOD ITEMS and ask your friends and neighbors to contribute. Bring 5 or more items from the list to one of our collections:

- **March 5 - April 11:** Prince William County 4-H Office (8033 Ashton Ave, Suite 105, Manassas)
- **March 29 (2 - 6 PM):** Giant Food (10100 Dumfries Rd, Manassas)
- **March 29 (6:30 - 8:30 PM):**
PW 4-H BINGO!
Lake Jackson Fire Dept
(11310 Coles Dr, Manassas)

Too busy? Request a pickup!
We'll pick up your donation on
March 30 (9 AM - 12 PM).

PLEDGE YOUR DONATION

Sign up
here www.bit.ly/4i49TZw

VOLUNTEER OPPORTUNITIES

Sort & Pack Donations

April 13 at 2 PM

[Click here to sign up.](#)

Volunteer at Giant Food

Encourage shoppers to donate food at the grocery store entrance.

March 29, 2-6 PM

[Click her to sign up.](#)

GIFT CARDS ALSO WELCOME!

Together, we can bridge the gap and ensure no child goes hungry this Spring Break. Let's show the power of 4-H and our community by making this food drive a huge success!

Questions? Contact
4HNColead@gmail.com

PRINCE WILLIAM 4-H in support of GEORGETOWN SOUTH COMMUNITY



FOOD DRIVE

Drop Off Locations March 5 - April 11

PWC 4-H Office
8033 Ashton Ave Ste 105
Manassas, VA 20109

March 29 6:30-8:30 pm
Lake Jackson Fire Dept.
11310 Coles Drive
Manassas, VA 20112

March 29 2 pm - 6 PM
Giant Food
10100 Dumfries Rd
Manassas, VA 20110

BRING 5 ITEMS OR MORE

- Maseca
- Rice
- Beans (Dried and Canned)
- Flour
- Sugar
- Vegetable Oil
- Tuna
- Lentils
- Cereal
- Mac & Cheese
- Pasta and Pasta Sauce
- Oatmeal
- Jell-o Mix
- Applesauce
- Crackers
- Cookies
- Kid's Snacks
- Ramen
- Coffee
- Bread

Gifts Cards WELCOME

TOO BUSY?
Request Pick Up on
March 30 9 am - 12 pm

SIGN UP TO DONATE
www.bit.ly/4i49TZw

SIGN UP TO SORT & PACK
www.bit.ly/4i0CxdY



During Spring Break
many children lose
access to school meals.

Help bridge the gap
donate
essential food items!

Questions? 4HNColead@gmail.com



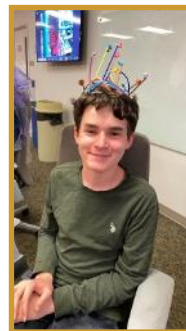
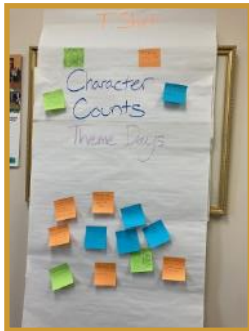
BINGO Volunteers Needed!

[Click here to Sign Up to Volunteer.](#)

We're super excited about Prince William 4-H BINGO this coming Saturday! A HUGE 4-H THANK YOU to those that have already signed up to volunteer. We still have slots available and need all 4-H HANDS to ensure the success of this important - and FUN - event.

PW 4-H Teens Begin Planning Fair Camp Activities

Prince William 4-H teen Fair Camp Counselors met last Thursday to begin brain storming ideas for activities and themes for our special anniversary camp. We will be "Celebrating 40 Years of Fair Camp" and our counselors are determined to make this the BEST CAMP EVER! Stay tuned for more information - we guarantee that you will be wowed by their creativity and enthusiasm!



Save the Dates for the Spring Paper Clover Campaign

Details and PW 4-H Club signups will be released soon, but for now, save the dates and add the Spring Paper Clover Campaign to your next meeting agenda. This is a great opportunity to share your club's 4-H Story and for a bake sale (or the like) to raise money directly for your club activities!

TSC Paper Clover Spring 2025: April 21 - May 5

TSC Paper Clover Fall 2025: November 28-December 14

From the VA 4-H Office - PLEASE DO TODAY!



As a follow-up to the state 4-H office updates at the Winter In-Service, we received the following reminder about 4-H Online enrollment: **"All volunteers must be registered in 4-H Online for the current 4-H year. Youth and adults who are not officially enrolled in Virginia 4-H should not participate in 4-H activities or events until their information is submitted and approved in 4-H Online. The liability is significant when these procedures are not followed."** Please help us ensure that all attendees, including youth and adults, at club meetings, activities, or any other 4-H event are enrolled in 4-H Online. This includes parents or guardians who are regularly in attendance at club activities. If an adult is an occasional volunteer or helper, they should enroll as a Level 1 Volunteer. They will not and should not complete a background screening.

Let's Plant 100 TREES!

Growing Trees and Kids for Virginia's Forest

Join Prince William 4-H and Prince William County Environmental Management for a fun filled service project to celebrate Earth Day and Arbor Day by planting 100 new trees!

PWC Arborist Will Shoup and his team will lead us to a nearby storm water management pond where we'll plant native buttonbush to help control erosion and create an attractive habitat for birds and animals.

JOIN US AT:

12 APRIL 2025

9 AM

5 County Complex Court, Suite 170
Woodbridge, VA 22192

Who Should Attend:
All Prince William 4-H'ers
and their family and friends!

<https://www.signupgenius.com/go/4090C4DAAAF29A4FF2-54412965-4htree>





REGISTRATION IS OPEN!



PRINCE WILLIAM-STAFFORD 4-H JUNIOR CAMP

Get ready for a summer of 4-H
fun, laughter, and endless
possibilities!

** For youth ages 9-14*

13 - 17 July 2025

Northern Virginia 4-H Educational Center
Front Royal, Virginia

For more information :

<https://sites.google.com/vt.edu/2025pwst4hcamp/>

Prince William 4-H is a community of young people across the greater Prince William area who are learning leadership, citizenship, and life skills. Our goal is to help youth grow into capable, responsible, confident members of our community by providing information, opportunities, activities, and events that are educational and fun! In 4-H, we learn by doing! Our programs focus on the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture. In clubs throughout Prince William, our youth conduct youth-led meetings to complete projects, community service, and participate in local and state government events.



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

Virginia 4-H Northeast District Contest Day - **REGISTRATION IS OPEN!**

Date: April 26th

Time: 9:15 AM Registration; 10 AM Contest

Location: Goochland Extension Office, 2748 Dogtown Rd,
Goochland

Who Should Participate: Prince William 4-H'ers who participated in PW 4-H Share the Fun on January 24, 2025, and PW 4-H Contest Day on February 21st, 2025. If you were unable to attend either, please contact [MaryBeth Lerch](#) to schedule an audition time.

Click here to register. Register by April 11th.

[Click here for links to scoresheets and contest guidelines.](#)

The Northeast District 4-H Contests are designed to be a valuable learning experience for 4-H members. These competitions aim to enhance participants' communication, organization, research skills, poise, self-confidence, and subject knowledge in their chosen contest area. The skills gained through these contests will benefit them both now and in the future.

ELIGIBILITY

- Be registered in 4-H Online 2.0
- Be a Junior, Intermediate, or Senior 4-H member (*Cloverbuds are not eligible*)
- Compete in no more than 2 contests

AGE DIVISIONS (AS OF 9/30/25)

Juniors: ages 9–11 | Intermediates: 12–13 | Seniors: 14–18

Participants in Northeast District Contest Day have the opportunity to apply to participate in the Virginia 4-H State Contests during Virginia 4-H Congress 2025 being held at Virginia Tech from June 24th-27th.

NORTHEAST DISTRICT

Contest Day

APRIL 26, 2025

CENTRAL HIGH COMPLEX
2748 DOGTOWN ROAD
GOOCHLAND, VA 23063

REGISTRATION OPEN MARCH 17 - APRIL 11

YOUTH AGES 9 - 18*

*AS OF SEPT 30TH, 2025

AVAILABLE CATEGORIES

- Public Speaking
- Presentations
- Share the Fun
- Extemporaneous Speaking
- Visual Arts
- Table Setting
- Fashion Revue

Virginia Cooperative Extension
Virginia Tech • Virginia State University
www.vce.vt.edu

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, genetic information, ethnicity or national origin, political affiliation, race, religion, sexual orientation, or military status, or any other basis prohibited by law.

Virginia 4-H Healthy Living Summit - **REGISTRATION IS OPEN!**

Dates: April 25th - 27th

Location: Double Tree by Hilton Harrisonburg Hotel, 1400 East Market Street, Harrisonburg

Who Should Attend: Virginia 4-H teens ages 14-19 who have an interest in healthy living

Cost: \$60 (includes lodging, meals, and snacks); link to pay via Destiny One sent to those registered after registration closes

Register through 4-H Online. Register by April 4th.

The 4-H Healthy Living Summit will bring together teens from all across the Commonwealth who share an interest in learning more about topics related to nutrition education, physical fitness, wellness, and emotional well-being. The overall goal of the summit is to equip teens with the tools and resources to not only help improve their own personal health and wellness, but to help others as well. [See Page 8 for event schedule of activities.](#)

SAVE

HEALTHY LIVING SUMMIT

APRIL 25-27
2025

THE

DATE

DOUBLE TREE BY HILTON HARRISONBURG
1400 East Market Street,
Harrisonburg, VA

AGENDA

4-H HEALTHY LIVING SUMMIT

APRIL 25 - APRIL 27, 2025



FRIDAY	ACTIVITY:
07:00 PM	Check-In
07:30 PM	Opening Session (ground rules & ice breakers)!
08:25 PM	Keynote speaker!!
09:00 PM	Social hour (card games and arts & crafts!)
10:00 PM	Lights out!



1

AGENDA

4-H HEALTHY LIVING SUMMIT

APRIL 25 - APRIL 27, 2025



SATURDAY	ACTIVITY:
08:00 AM	Breakfast
09:00 AM	Food is Fuel: <i>what makes a balanced meal?</i>
09:45 AM	Chill Skills Activity: <i>stress balls</i>
10:00 AM	Power Up with Vitamins: <i>learn about what the most needed vitamins are and where to find them</i>
10:45 AM	Chill Skills Activity: <i>trail mix</i>
11:00 AM	Guest Speaker
11:55 AM	Break
12:00 PM	Lunch
12:45 PM	Yoga
01:15 PM	Debunking Health Myths: <i>discover what healthy living tips you see on social media real and which aren't!</i>
02:15 PM	Chill Skills Activity: <i>glitter jars</i>
02:45 PM	Break



2

Virginia 4-H Healthy Living Summit

AGENDA

4-H HEALTHY LIVING SUMMIT

APRIL 25 - APRIL 27, 2025



SATURDAY	ACTIVITY:
03:00 PM	Allergy Aware: <i>plan and make an allergy-inclusive dinner menu!</i>
04:00 PM	Chill Skills Activity: <i>journaling</i>
04:15 PM	Effects of Hydration on Health: <i>how staying hydrated impacts your health</i>
04:55 PM	Break
05:00 PM	Getting Healthy with MyPlate: <i>creating a balanced meal using MyPlate!</i>
05:30 PM	Mental Health with Healthy Living: <i>how mental health affects healthy living</i>
06:00 PM	Dinner
06:45 PM	Social Stations: <i>unwinding and hanging out with friends!</i> *
08:00 PM	Movie Time!
10:00 PM	Lights out!

* We will also have time to hang out at the pool!



3

AGENDA

4-H HEALTHY LIVING SUMMIT

APRIL 25 - APRIL 27, 2025



SUNDAY	ACTIVITY:
08:00 AM	Breakfast
08:45 AM	Pack up
09:15 AM	Capnote Speaker
09:55 AM	Wrap up & snacks!
10:15 AM	Check-out & pick-up



4

Virginia 4-H Cabinet Elections - **APPLY TODAY!**

PW 4-H Teens - Consider Running for Election!

[Click here for the 2024 Virginia 4-H State Cabinet Bylaws.](#)

[Click here for the 2025-2026 Virginia 4-H State Cabinet Elections Packet.](#)

Completed applications are due by Friday, May 2nd at 5 PM

Prince William 4-H teens that are interested in running for a Virginia 4-H Cabinet position are encouraged to start working on your packet TODAY! The packet includes highlights, general guidelines, and requirements for becoming an elected member of the State Cabinet team. In addition to the main officers, youth will also elect up to four Ambassadors from each of the five VCE Districts. Be sure to read the current bylaws to better understand the role of the Virginia 4-H State Cabinet.

NEW THIS YEAR:

- ★ The application is submitted through a Google Form linked on Page 14 in the elections packet.
- ★ Campaigning will be virtual! Virtual Town Halls will be held for each of the five districts and one for officer candidates. They are scheduled as follows:
 - June 8th @ 7 PM – Officer Candidates
 - June 10th @ 7 PM – Northwest District
 - June 12th @ 7 PM – Individual Town Halls for Central, Northeast, Southeast, and Southwest Districts
- ★ Voting is electronic! 4-H members from across Virginia who were enrolled with an individual email address in 4-H Online will be allowed to vote.

Interested in learning more about the roles and responsibilities of a Virginia 4-H State Cabinet member? Talk to Prince William 4-H'er Aiden McDonald! Aiden was first elected June 2023 and then re-elected last June as a Northeast District Ambassador. He had extensive leadership experience in 4-H and you'll often see him at local school and community events promoting 4-H and sharing his 4-H Story.

Challenge your leadership skills and today!



Virginia 4-H Congress - **REGISTRATION IS OPEN**

Dates: June 24-27, 2025

Location: Virginia Tech

Who Should Attend: Virginia 4-H'ers ages 14-18

Cost: \$295 for full-time registration; \$65 for one-day competitors. [Click here to apply for needs-based scholarships.](#)

[Register through 4-H Online.](#) **REGISTER BY MAY 10TH.**

[Click here for more information,](#) including links to the information packets and registration information, draft schedule, competitions, and educational session descriptions.



Registration for the 2025 Virginia 4-H Congress is now open! This year's theme, **"Turning Gears, Shaping Futures,"** will guide an inspiring week of learning, leadership, and connection.

4-H STATE COMPETITIONS ★ EDUCATIONAL WORKSHOPS ★ DANCES ★ OPPORTUNITY FAIR ★ COLOR RUN/WALK ★ SERVICE LEARNING OPPORTUNITIES ★ CONGRESSIONAL GAMES ★ ALL STAR TAPPING ★ STATE AWARDS ★ AND MORE!

Nokesville 4-H Equestrian
Club Presents

Egg My Yard

2025



Order your prefilled eggs to be hidden in your yard the night before Easter along with a note from the Easter bunny himself!

IMPORTANT INFO

- This is a fundraiser and all proceeds benefit the Nokesville 4-H Equestrian Club and their yearly activities.
- If it rains your filled eggs, hunting bag and note from Easter bunny will be left on your porch...
- Eggs will be hidden Saturday evening after dark
- If you do not want eggs but wish to contribute toward the club your egg donations can be added to other hunts

EGG DETAILS

- \$15 for 1 dozen
- \$10 for each additional dozen
- Eggs to be filled with allergy free candy and/or trinkets
- Available for Prince William and Fauquier County
- NEW THIS YEAR: Easter themed tshirts can be added to any egg order for \$10 for the first and \$7 for each additional

PLEASE COMPLETE THIS LINK FOR ALL ORDERS

https://docs.google.com/forms/d/e/1FAIpQLSeTIRJQzC3ZAwD3g_PzaSAhAHjoGvAKV38kGAP1Z3d7VmrQA/viewform?usp=dialog

Fauquier County 4-H Open Horse Show

Date: April 5th

Location: Warrenton Horse Show Grounds, Warrenton, VA

Who Should Participate: Virginia 4-H horse participants ages 9 and up (as of 09/30/2025)

[Click here for important information and to register.](#)

The contest includes both 4-H and Open divisions in the hunter and western disciplines. 4-H'ers will have the opportunity to test for Horsemanship Skills Level 1 & 2, which are required for the 4-H State Horse & Pony Show (*limited to 15 participants*).

Registration is due by March 31st for skills testing.

Pre-registration is HIGHLY encouraged (*especially to have enough to start with class lists*), but there will also be day-of entries.

IMPORTANT NOTES

- ASTM certified Helmets must be worn at all times when mounted.
- This event will follow the [Virginia State 4-H Horse and Pony Show Rule Book](#).
- Youth and Adult Participants not enrolled in 4-H via 4-H Online will have to complete additional paperwork upon registration.



**FAUQUIER COUNTY 4-H
OPEN HORSE SHOW**

SATURDAY, APRIL 5, 2025
WARRENTON HORSE SHOW GROUNDS
60 E. SHIRLEY AVE, WARRENTON, VA 20186

4-H and Open divisions will be offered in the Hunter and Western disciplines

Open to all participants ages 9 and up as of 09/30/2025

ASTM certified Helmets must be worn at all times when mounted

This event will follow the Virginia State 4-H Horse and Pony Show Rule Book, which can be found on our website

Youth and Adult Participants not enrolled in 4-H via 4-H Online will have to complete additional paperwork upon registration

**ONLINE REGISTRATION
IS OPEN!**

Virginia Cooperative Extension
Virginia Tech • Virginia State University
www.vce.vt.edu

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, genetic information, ethnicity or national origin, political affiliation, race, religion, sexual orientation, or military status, or any other basis protected by law.

2025 Virginia 4-H State Horse Show

Dates: September 4th - 7th

Location: Lexington, Virginia

[Click here for the Virginia 4-H Horse Show website.](#)

Parents, youth, agents, and volunteers should familiarize themselves with information regarding the Requirements, Rules, and Qualifying Options for the State Horse Show. Also included on the website are the rules and entry information for the Art Contest, Photography Contest, and the Record Book/Portfolio Contest.



IMPORTANT DATES

May 1st: Declarations open in 4-H Online

July 1st: Deadline for Online Eligibility/Declaration in 4H Online.

July 31st: Entry Deadline. Orientation Meeting/Checklist Completed by Club Leader or VCE Agent.

STATE HORSE SHOW REQUIREMENTS, RULEBOOK, AND SCHEDULE

[2025 Rulebook](#) | [2025 Show Schedule](#) | [2025 Rule Updates](#) | [Overview of Requirements to Show](#)

2025 QUALIFYING SHOWS AND HORSEMANSHIP SKILLS

[List of District Approved Qualifying Shows](#) | [Horsemanship Skills Opportunities](#)

Horsemanship Skills Testing is only required once per child, regardless of project animal.

QUESTIONS ON QUALIFYING

- Youth may attend ANY "District Approved" Qualifying show, regardless of their Unit of Enrollment. There is no additional paperwork that is due to attend a show outside of your District.
- All Districts have Opportunities for "Outside Qualifying Shows" in place. Please reach out to your District Horse Council if you are unable to attend a District Approved Show and are in need of an Outside Qualifying Opportunity for their guidelines and paperwork.



Virginia 4-H Shooting Education Updates

STATE OF VIRGINIA'S NRA YOUTH EDUCATION SUMMIT

Dates: July 10th - 13th

Location: Richmond, VA

Who Should Apply: current Freshmen, Sophomores, and Juniors in high school

[Click here for more information.](#) **Register by April 15th.**

Founded alongside the National Y.E.S. program, the State Y.E.S. program is designed to educate high school students about their state governments and the critical role their generation will play as voters. The program also highlights the benefits of firearms ownership and responsible citizenship.

2025 4-H Beekeeping Essay Contest



FOUNDATION FOR
THE PRESERVATION
OF HONEY BEES, INC.

[Click here for more information.](#) **Entries due April 18th.**

The 2025 4-H Beekeeping Essay Contest sponsored by the Foundation for the Preservation of Honey Bees, Inc. and Virginia 4-H is open to active Virginia 4-H members. The top 3 winners in the state receive cash prizes and the state winner will go on to compete nationally for additional cash prizes.

2025 4-H ESSAY CONTEST - THE IMPORTANCE OF YOUTH IN BEEKEEPING: HOW 4-H MEMBERS CAN MAKE A DIFFERENCE! For this essay, a 4-H student should answer these questions: Why youth is important in beekeeping? How can 4-H members make a difference? How can more young people involved in beekeeping? What are your future plans as a beekeeper? What is a major contribution a young beekeeper has brought to the industry?

The Virginia 4-H Foundation FCARB 4-H Scholarship

[Click here for application.](#) **Applications due April 1st.**



Farm Credit Associations and Regions Bank have been very supportive of youth and their interest and education in the field of agriculture. Through the Virginia 4-H Foundation, they are happy to provide scholarships for youth to pursue their dreams of higher education. Five \$1000 scholarships will be awarded for 2025.

For consideration for the Farm Credit Association Regions Bank 4-H Scholarship you must:

- Be a participant of Virginia 4-H.
- Be pursuing a secondary education at VT or another accredited educational institution, enrolled or to be enrolled.
- Preference given to 4-H members who are also enrolled in FFA and/or have competed at the VA State Fair.
- Attach a type written essay up to 500 words: How has your involvement in 4-H contributed to your personal growth and influenced your choice to attend VT/chosen field of study?
- Include a letter from the 4-H agent or volunteer leader describing member's contribution to the local community and the 4-H program.
- Complete the scholarship application and required documents.

Additional scholarship opportunities are available through the Virginia 4-H Foundation. [Click here to learn more.](#)

Virginia 4-H State WHEP Contest

Date: Saturday, April 19th

Location: Brackett's Farm, 1117 Bracketts Farm Rd., Louisa, VA

[Click here for Team Registration.](#) [Click here for Individual Registration.](#)

Register by April 4th. [Contact Jenny Thompson](#) with questions.

The VA State 4-H Wildlife Habitat Education Program (WHEP) Contest region will be Virginia species in the Southeast Mixed and Outer Coastal Plain Forest. For the wildlife challenge, species found in the Urban and Wetlands regions may also be used so contestants should be familiar with those species for identification purposes. Please refer to the WHEP Manual as posted at www.whep.org for the most current information which will be used for this contest.



TENTATIVE SCHEDULE

9 AM	Registration for Senior Teams
9:15 AM	Senior - Plan Writing (<i>have up to 2 hours to complete</i>)
10 AM	Registration for Mixed Teams, Junior Teams, and individuals participating in Guided Management Plan
10:15 AM	Guided Management Plan
11:15 AM	Management Plan portion ends. Contest moves to Louisa County Admin Building, 1 Woolfolk Ave., Louisa, VA
11:30 AM	Lunch for participants and volunteers (<i>coaches and parents provide own lunch</i>)
12 Noon	Registration for Individuals only participating in Wildlife Challenge or Quiz Bowl
12:15 PM	Junior Wildlife Challenge and Seniors Oral Reasons
1:15 PM	Junior Quiz Bowl and Senior Wildlife Challenge
2 PM	Score tallying and biologist presentation
2:30 PM	Awards

For Educators & 4-H Club Leaders: Project Wild and Aquatic Wild Training

Date: Tuesday, April 22nd

Time: 9 AM - 5 PM

Location: Northern Virginia 4-H Educational Center, 600 4H Center Dr., Front Royal, VA

Who Should Attend: open to all educators (*community educators, formal educators, 4-H volunteers, homeschool educators, parks and recreation, etc.*)

Cost: \$5/person payable on event date

[Click here to register.](#) [Click here to learn more about K-12 Project WILD.](#)

K-12 Project WILD Curriculum Workshop and Terrestrial Activity Guide features activities emphasizing terrestrial species and their habitats. A wide range of ecological concepts are covered including: food webs or energy flow, adaptations, interdependence, carrying capacity and habitats. K-12 Aquatic WILD Curriculum Workshop and Aquatic Activity Guide provides a look at aquatic wildlife and their ecosystems. This guide supports the watershed and Chesapeake Bay related SOLs as well as the wildlife concepts mentioned above.



VA Dept. of Forestry Camp Woods & Wildlife

Dates: June 16-20 at Holiday Lake 4-H Center, Appomattox, VA

Who Should Attend: Virginia students ages 13-16 (typically Grades 7-10)

Cost: \$95*

*A memorial scholarship is available for PW 4-H'ers who attend Camp Woods & Wildlife. Please submit your nomination form above directly to MaryBeth Lerch. Campers will attend camp at no charge!

[Click here for more information and to apply.](#) **Applications due April 11th.**

Camp Woods and Wildlife is an academic, structured, residential camp that focuses on field experiences in forestry and other natural resources. This unique camping experience introduces 13-16-year-olds to the challenges, special skills, and knowledge needed for managing the forest resources we use and enjoy every day. Camp Woods and Wildlife is ideal for students who: wish to explore forestry and wildlife related careers; participate in forestry and wildlife judging teams, Envirothon competitions, or ecology clubs want to experience hands-on learning and gain real-world skills in natural resources conservation.



Virginia 4-H Animal Sciences Updates

VIRGINIA YOUTH LIVESTOCK PROGRAMS



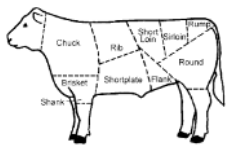
2025 VIRGINIA YOUTH CATTLE WORKING REGIONAL CONTESTS

[Click here for entry link.](#) | [Click here for the Virginia Youth Cattle Working Website.](#)

Each team will consist of 3 members. Team members must be registered Virginia 4-H or FFA members who are at least age 14 by Sep 30, 2025 and must not have had their 19th birthday before Jan 1, 2025. Regional Contests dates and locations are below.

PLEASE NOTE:

- Each regional contest will have a 15 team maximum limit.
- Each Chapter/Unit is allowed a maximum of 3 teams with a 2 team/contest location limit.
- Regional Contest site locations are NOT to be used by any teams for pre-contest practices.
- The top 2 teams from each of the regional contests will advance to the State Youth Cattle Working Contest



2025 VIRGINIA 4-H/FFA BEEF CHALLENGE

Date: Wednesday, April 16th

Location: Virginia Beef Expo, Rockingham

[Click here for information packet.](#) [Click here to register.](#) **Register by April 9th.**

Similar to the 4-H Food Challenge, Beef Challenge allows youth to showcase beef as part of a healthy diet. This combination cooking and communications contest is sponsored by the Virginia Beef Council and,

therefore, is no cost to teams.

2025 VIRGINIA JUNIOR BEEF ROUNDUP



Dates: Youth cattle shows will take place on Friday, April 18th and Saturday, April 19th.

Location: Rockingham

County Fairgrounds, Harrisonburg, VA

Who Should Attend: VJBR Shows and events are open to enrolled and eligible Virginia 4-H and FFA members. Virginia youth ages 19-21 who are members of their respective National Breed Association are eligible to enter and exhibit registered breeding cattle only.

Entry Fees: \$35/head

Deadlines:

April 10th Ownership Deadline cattle

April 11th Entry Deadline (5 PM)

April 14th All fees must be received

Showmanship: All exhibitors will automatically be entered in the appropriate showmanship class based on their birth date. There are no entry fees associated with showmanship. It will be the responsibility of the exhibitor to scratch from showmanship by 10:30 am on Friday, April 18th.

Team Fitting Event: There will be a Team Fitting Event on Friday, April 18th at 11 am.

[Click here for contest website.](#)

[Click here for a tentative schedule.](#)

[Click here for contest rules.](#)

[Click here for Fair Entry System.](#)



COLLEGE OF AGRICULTURE AND LIFE SCIENCES
SCHOOL OF ANIMAL SCIENCES
VIRGINIA TECH

2025 Youth Cattle Working Contests

The youth cattle working contest develops youth skills in animal management and handling. Working as a team, youth efficiently process three stocker calves utilizing Beef Quality Assurance guidelines. The top two teams from each region then compete at the State Youth Cattle Working Contest.

The State Contest will be held at 10AM on Thursday, April 17th at the Virginia Beef Expo in Harrisonburg.

Regional Youth Cattle Working Contests

Friday, March 28th, Southern Piedmont, The Adams Farm, 855 Jones Store Road, Red Oak, 10:00 AM

- o Contest Coordinator: Joanne Jones joenki1@vt.edu

Thursday, April 3rd, Shenandoah Valley, 1718 Keezletown Road, Weyers Cave, 9:00 AM and 12:00 start times

- o Contest Coordinators: Andy Seibel, aseibel@vt.edu and John Benner, benner89@vt.edu

Saturday, April 5th, New River Valley, G & G Livestock, 169 Fort Chiswell Rd, Fort Chiswell, 9:00 AM

- o Contest Coordinator: Cynthia Hurst, cyhurst@vt.edu

Wednesday, April 9th, Central Virginia, Senterfill/Virginia Livestock, 5866 Orange Rd, Radiant, 9:00 AM

- o Contest Coordinators: Kelly Mallory, kemallo1@vt.edu

Saturday, April 12th, Southwest Virginia, Copenhaver Farms, 31118 Blue Springs Road, Meadowview, 9:00 AM

- o Contest Coordinator: Matthew Miller, mamille6@vt.edu

*****PLEASE NOTE: Each Regional Contest will have a 15 Team Maximum Limit*****

Three Team/Unit or Chapter Maximum AND Two Team/Contest Site Maximum

The Regional Contests registration form can be found at: <https://tinyurl.com/2025-YCWC-Entry>

Entry Deadline is Wednesday, March 19th at 5:00 pm

Contest rules, scoring information, processing maps, and permission forms will be posted at: <https://ext.vt.edu/4h-youth/youth-livestock/competitions/ycwc-index.html>

Registration Deadline for all Regional Contests is March 19th, 2025

Registration is \$50/Team

Make Checks Payable to: Treasurer of Virginia Tech

Return Registration Forms and Entry Fees to:

Katherine Carter
Youth Cattle Working Contest
175 West Campus Dr.
380 Litton Reaves Hall
Blacksburg, VA 24061

For more information contact:
Katherine Carter at carterke@vt.edu



4-H Summer Camp Scholarships - APPLY TODAY!

4TH ANNUAL PRESTON R. WILLSON VIRGINIA 4-H CAMP SCHOLARSHIPS

[Click here for the application.](#) **Applications due by April 1st.**

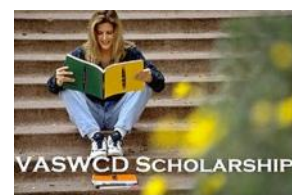
Applications for youth ages 9–13 can be submitted to attend one of 6 Virginia 4-H Center's 4-H Summer Camps, which include: Airfield, Holiday Lake, Jamestown, Northern VA, Southwest VA, and W.E. Skelton. A total of 48 (forty-eight) youth will be randomly selected for these full scholarships (including the 4-H Center and locality fees). Each of the six 4-H Centers will host eight (8) scholarship recipients. ***** SCHOLARSHIP CAN BE USED TOWARDS THE PRINCE WILLIAM-STAFFORD 4-H JUNIOR CAMP! *****



VASWCD Scholarships for High School Seniors

[Click here for more information and the application.](#) **Applications due April 11th.**

The Virginia Association of Soil and Water Conservation Districts annually offers four scholarships to graduating high school seniors or college freshmen for college study. This year, four \$2,000 scholarships are available! Applications must arrive at the PWSWCD office by April 11, 2025. Applications for students who reside in Prince William County must be submitted to the Prince William Soil and Water Conservation District, which will select one student for consideration by the state committee.



Virginia 4-H State's Inbound Exchange

PW 4-H FAMILIES, CAN YOU HOST A YOUTH DELEGATE FROM JAPAN THIS SUMMER? Virginia 4-H has committed to hosting 20 youth delegates (13 girls and 7 boys) and 2 adult chaperones from Japan this summer. We'll need 22 host families.

HOSTING DETAILS AND REQUIREMENTS

- Program runs July 23 through August 16, 2025
- No previous 4-H experience is required
- Host families receive no stipend to host a delegate.
- All Host families will be screened and interviewed as part of our risk management protocol
- Japanese delegates are ages ~13-16
- To host a delegate, a family must have a child who is 10+ years old
- Families without young people at home can host adult chaperones
- Families hosting youth delegates must provide adult supervision during the daytime
- Families will identify a host sibling and will be matched with a delegate of the same gender who is within 4 years of the host youth's age.
- Japanese delegates have a range of English language abilities.
- Delegates are here to experience every day American life. No special activities need to be planned.
- Host Families will receive support from the state coordinator and other host families before, during & after the exchange (not financial)

[Click here to apply](#) and select Virginia as your state.


[Click here for Summer Program FAQs.](#)

[Click here for an inspirational video](#) of our inbound exchange from 2023.





NORTHERN VIRGINIA 4-H
EDUCATIONAL AND
CONFERENCE CENTER



Virginia
Cooperative
Extension
Virginia Tech • Virginia State University

MILITARY TEEN ADVENTURE CAMP

JULY 20-24TH, 2025
600 4-H Center Drive,
Front Royal, VA 22630

Are you 13-18? Do you enjoy the outdoors and trying new things? Is your guardian Active Duty, Guard, Deployed or Retired? THEN... NOVA 4-H Military Teen Adventure Camp is the place to be this summer! Join us for a week-long adventure in the gorgeous Shenandoah Valley while learning new skills and exploring how awesome it feels to step outside of your comfort zone!

For more info on all MTACs in VA
go to
<https://www.holidaylake4h.com/va4hmtac>

Jamestown 4-H Center Seeking Support after Storm Damage



As many of you may have already heard, the Jamestown 4-H Educational Center in Williamsburg, needs our help rebuilding after significant storm damage. Here's a message from the Center:

A recent storm caused significant damage to one of our key cabins, and we're asking for your support to help us recover.

Thankfully, no one was on-site at the time, and we are grateful that no one was hurt. However, the damage is substantial. Crucial repairs are necessary to ensure we can continue operating at full capacity and providing the best experience for the children who rely on our programs.

Jamestown has launched a fundraising campaign to bridge the gap left by insurance and expedite these vital repairs. Please consider making a donation: <https://www.jamestown4hcenter.org/giving>. No matter the size, your gift will play an important role in helping us restore this essential space. We would also be incredibly grateful if you could spread the word by sharing this campaign with friends, family, and fellow supporters.

For nearly a century, Jamestown 4-H Educational Center has been a place where children grow, learn, and connect. A strong sense of community has always been at the heart of what we do, and your support means everything as we work to rebuild. Thank you for standing with us and helping us continue to provide life-changing experiences for children in our community.



Northern Virginia 4-H Educational Center's Gala



Date: October 25th
Time: 6-10 PM
Location: Northern Virginia 4-H Education Center, Front Royal

We are extremely excited to bring back an annual fundraising gala to the NOVA 4-H Center!

Mark your calendars for October 25, 2025. We'll have dinner, drinks, dancing, smore's, socializing, and silent auction items. All set in an enchanting and magical environment. There are opportunities for sponsorships and donations!

Businesses or individuals interested in sponsorship opportunities to support this event, please email Katie: tennantk@vt.edu.

Northern Virginia 4-H Educational & Conference Center



Enchanted Forest Gala

October 25, 2025 | 6:00 - 10:00 p.m.
600 4H Center Dr, Front Royal, VA 22630

Sponsorship Features	Head \$2,000	Heart \$1,000	Hand \$500	Health \$250
Tickets	6 (\$600 value)	4 (\$400 value)	2 (\$200 value)	
Special Mention at Event	🍀			
2 VIP Parking Spaces	🍀			
Link to Company Website	🍀	🍀		
Website Recognition	🍀	🍀		
Drinks, Dinner, & Dessert	🍀	🍀	🍀	
Social Media Recognition	Prominent Logo	Logo	Name	
Recognition on Event Signage	Prominent Logo	Logo	Name	Name
Mention in Event Press Release	🍀	🍀	🍀	🍀

If you are unable to commit to a sponsorship, consider donating a Silent Auction item or volunteering at the event.

Northern Virginia 4-H Educational Center 2025 Summer Staff - **NOW HIRING**

[Click here for more information and to apply.](#)

Try your luck! Join Our Team this Summer! We're looking for enthusiastic and dedicated instructors for Line Dancing and Air Rifle at the Northern Virginia 4-H Center! No experience? No problem! Training provided to help you succeed and have an amazing summer. Ready to make a difference and have fun while doing it? Apply now!

Direct Links:

- [2025 Summer Program Staff Positions](#)
- [2025 NOVA 4-H Summer Staff Application](#)
- [Staff Reference Form](#)

Typically, 4-H Center summer staff have completed at least one year of college.

Strong candidates also have work and/or volunteer experience in 4-H, teaching, and/or youth development programming.



HAPPY ST. PATRICK'S DAY

SUMMER

STAFF

APPLICATIONS OPEN UNTIL POSITIONS FILLED!
FULL TIME SUMMER POSITION WITH ALL NECESSARY TRAINING **AND** ROOM AND BOARD PROVIDED!

[HTTPS://LINKTR.EE/NOVA4H](https://linktr.ee/nova4h)

For Educators & 4-H Club Leaders: Strawberry DNA Extraction Kits

STRAWBERRY DNA EXTRACTION KITS

[Click here to request kits.](#)

[Click here to learn more about the kits and strawberry DNA.](#)

Fill out the request form to receive kit contents for up to 32 individuals.

CELEBRATE DNA DAY WEBINAR

April 10th @ 4 PM

[Click here to register to attend free Celebrate DNA Day Webinar.](#)

STEM Next Opportunity Fund will be hosting a Celebrate DNA Day Webinar prior to DNA Day in April to equip afterschool educators and teachers with the tools and inspiration needed to host an engaging classroom experience! We'll break down everything from crafting a dynamic DNA Day lesson plan to exploring hands-on activities that will ignite youth curiosity about genetics and genomics.

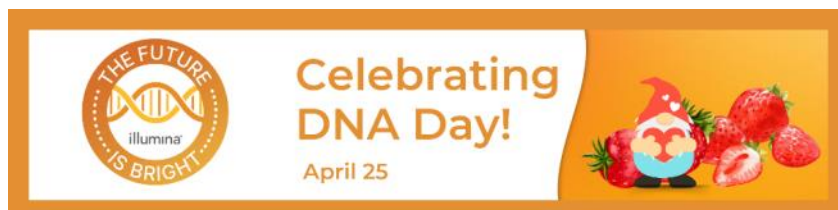
Strawberry DNA extraction kit recipients are asked to register to attend or asynchronously view that event to get more resources through the Future is Bright Campaign.



FREE DNA KITS

illumina has partnered with STEM Next to offer FREE DNA kits for students.

#TheFutureIsBright



Celebrating DNA Day!

April 25

PWC Parks & Recs Summer Camps - **REGISTRATION IS OPEN**



[Click here for more information and to register.](#)

Make this summer unforgettable with action-packed camps for every interest. Whether your child loves swimming, golf, history, game design, dance, or adventure, there's a perfect camp waiting. PWC Parks & Recs offers specialty camps from arts to sports plus everything in between and full day traditional style summer camps with popular themes each week all for ages 3-17 at 16 locations throughout Prince William County. Spots will go fast. Sign up soon and let the fun begin!

SAVE THE DATE!

PRINCE WILLIAM
Human Resources

PRINCE WILLIAM COUNTY GOVERNMENT
CAREER EXPO

Saturday, April 12, 2025 • 9:30 a.m. – 1:30 p.m.
Hylton Performing Arts Center

pwcva.gov/careers

This is a unique networking and hiring event intended to showcase the County's services and career opportunities!

Open to anyone interested in working for Prince William County Government, this is a great opportunity for you and your family and friends to speak with County staff about apprenticeships, internships, seasonal, full-time and part-time positions and volunteer opportunities. Throughout the day, there will be opportunities to complete an online application and attend information sessions.

Departments may also have staff available to conduct interviews and extend contingent job offers!

This is NOT your typical job fair!

Over 50 job offers have been extended to previous Expo attendees, so bring your "A" Game!

PRINCE WILLIAM COUNTY GOVERNMENT...SEE YOURSELF HERE!

Prince William Master Gardeners: 2025 Saturday in the Garden Classes



Dates: the first Saturday of the month, April through October, except July

Time: 9-11 AM

Location: St. Benedict Monastery, 9535 Linton Hall Rd., Bristow

[Click here to register.](#)

APRIL 5 - MUSHROOMS. Discover the best techniques for growing mushrooms at home with Virginia Spores. Learn to create the perfect environment for your fungi to thrive.

MAY 3-ART IN THE GARDEN/PLANT SALE. Explore the creativity of spring with the Prince William County Art Society. Try different art styles with guidance from local artists. Some supplies provided; feel free to bring your own.

JUNE 7- ENSLAVED GARDEN IN VIRGINIA. Join David M. Born, Historic Programs Specialist for an engaging exploration in the daily lives of slaves in Virginia and the vital role their gardens played. Discover untold stories and history that shaped the land.

JULY 12-REPTILE RELATIONS. Curious about handling turtles and snakes in your garden? Join Bill Crisp from K2C Wildlife Encounters for expert tips on sharing your garden with critters.

AUGUST 2-KIDS DAY AT THE GARDEN. End summer with a fun day at the garden with the Virginia Cooperative Extension and 4H! Learn about gardening, nature, and get ready for back-to-school!

SEPTEMBER 6-TURF AND COVER CROPS/PLANT SALE. Join VCE for a two-part session! Ag Agent Thomas Bolles will share tips on using cover crops, followed by Environmental Educator Elesha Young on turf care dos and don'ts.

OCTOBER 4-INVASIVE PLANT MANAGEMENT THROUGHOUT FALL AND WINTER. Looking to tackle invasive plants in Virginia? Join Natali Walker from Blue Ridge PRISM for a fun and informative session on which pesky species you can manage.

PLANT SALES

Master Gardeners of Prince William will be selling Bluebells on April 5th and have a Plant Sale, May 3, 9am to noon.

2024 - 2025 PRINCE WILLIAM 4-H EVENT CALENDAR

OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
6-12 National 4-H Week	2 VSU 4-H Aspiring Leadership Training - Intermediate Congress	3 PW 4-H Club & Project Leader Training (Option 1)	7 PW 4-H Club & Project Leader Training (Option 2)	7-8 VA 4-H Hippology & Horse Judging	1 PW 4-H Junior Camp Reg Opens
8 Proclamation at PWC BOCs	4-5 PW 4-H Palama Party SPIN Club	5 PW 4-H Homemade Holiday Craft Night; Teen Club; Cloverbud Club	9 PW 4-H Food Challenge Training	17-21 4-H Shooting Sports National Quiz Bowl	1 VA 4-H and FFA Meats Evaluation
12 PW 4-H Cloverbud Club	7 PW 4-H Engage Locally	14 Wreaths Across America Day	14 PW 4-H Association Meeting	19-20 PW 4-H Embryology Project Leader Training	4 PW 4-H Leaders' Mid-Year Meeting & 4-H Association Meeting
12-13 VA 4-H Shooting Ed New Instructor Certification	9 PW 4-H Cloverbud Club	19 PW 4-H Whisper Booth Training	17 PW 4-H Share the Fun Dress Rehearsal	21 PW 4-H Contest Day; Presentations, Table Setting, Fashion Review	7-8 TALT Weekend - Junior Camp Counselor Training
20-26 National Character Counts Week	12 PW 4-H Association Meeting	22 PW 4-H Embryology Registration Opens (doses Jan. 31)	22 Virginia 4-H Day at the Capitol	21-22 VA 4-H Stockman's & Livestock Judging	12-16 National 4-H IGNITE
19 PW 4-H Teen Club - Community Service	14 PW 4-H Teen Club - Community Service/Project Linus	23 PW 4-H Embryology Registration Opens (doses Jan. 31)	23 An Evening with Virginia 4-H at VT	22 PW 4-H Food Challenge	15 PW 4-H Cloverbud Club
24 Prince William 4-H Recognition Day	16 PW 4-H Hike: 4-H Outdoor Challenge	24 PW 4-H Share the Fun	24 PW 4-H Share the Fun	22 VA 4-H Shooting Ed Instructor Recertification	15-16 VA 4-H Spring Air Championships
29 PW 4-H Contest Orientation - Presentations, Public Speaking, Table Setting, Extemporaneous	18 PW 4-H Officer Training	25 PW 4-H Cloverbud Club	25 PW 4-H Cloverbud Club	29 PW 4-H Tree Seedling Orders Due	28-30 VA 4-H Teen Summit
	29-Dec:3 National 4-H Congress	30 PW 4-H Portfolio Training	30 PW 4-H Portfolio Training		29 PW 4-H Association BINGO
	29-Dec:15 TSC & 4-H Paper Clover Campaign				
APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER
4-6 VA 4-H Equismartz	10 PW 4-H Cloverbud Club	16-20 VA Dept of Forestry Camp Woods & Wildlife	13-17 Prince William/Stafford 4-H Junior Camp	9 VA 4-H Northern District Shoot	5-7 VA 4-H State Horse and Pony Championship
5-6 VA 4-H Shooting Ed New Instructor Certification	TBD Prince William 4-H Young Entrepreneurs SPIN Project	22-28 National 4-H Shooting Sports Championship	Jul 30 - Aug 3 Southern Regionals 4-H Horse Championships	11-15 PW 4-H Fair Camp	6-7 VA 4-H State Shoot
11-16 National 4-H Conference	TBD 4-H Northeast District Food Challenge Contest	23 VA 4-H Livestock Judging Contests	TBD 4-H True Leaders in Equity Institute (TLEI) 2025		Sep 26-Oct 5 State Fair of VA
12 PW 4-H Tree Planting & PW 4-H Cloverbud Club		24-27 Virginia 4-H Congress			TBD Prince William 4-H Day
16 2025 VA 4-H/FFA Beef Challenge		24 1st Time Junior 4-H Camper Parents' Meeting			TBD Virginia 4-H Shotgun Championship
19 VA 4-H State WHEP Contest					
21 - May 5 Spring TSC & 4-H Paper Clover Campaign					
25-27 VA 4-H Healthy Living Summit					
26 VA 4-H Northeast District Contest Day					

For more detailed information as events approach, see the newsletter at www.pwcv4a.gov/4H.



Updated 3/25/2025

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[Prince William 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

MaryBeth Lerch

Associate Extension Agent, 4-H
mblersch@vt.edu
703-792-4536



Pam Hardin

4-H Youth Educator
phardin@pwcva.gov

DeeAnn Strand

4-H Youth Educator
dstrand@pwcva.gov

Candi Helmlinger

4-H Program Specialist,
Newsletter
chelminger@pwcva.gov

PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[4-H Online Information](#)
[The 4-H Foundation](#)
[4-H All Stars](#)
[STEM in Virginia 4-H](#)

Prince William 4-H

[PW 4-H Homepage](#)
[PW 4-H Programs](#)
[PW 4-H Camps](#)
[PW 4-H Events & Calendar](#)
[PW 4-H Document Center](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)
[Prince William 4-H Member Record - Vice President](#)
[Prince William 4-H Member Record - Officer](#)



**2024-2025 PWC 4-H
Association Officers**

Youth Officers

Lexi Strand, President
Tim Hirshey, Vice President
Cara Grahn, Secretary
Ryan Nguyen, Treasurer

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Shelby Kohn, Secretary
Sydney Nguyen, Treasurer

Committee Chairs

Fundraising Committee - Shawn Clinger & Sarah Fox
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Beyond
Ready**



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.