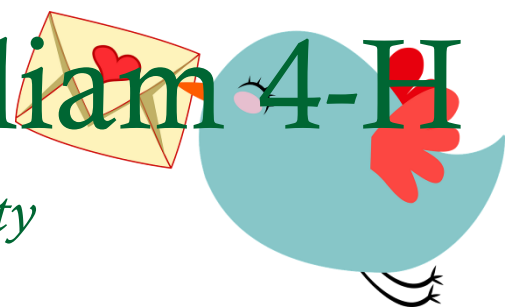




# Prince William 4-H

*Our Clubs, Our Community*



February 5, 2025

## Upcoming Events

- Feb 8 - PW 4-H Contest Day
- Feb 11 - PW 4-H Assoc FUNdraising Committee Mtg
- Feb 12 - Embryology Project Leader Training
- Feb 20 - Embryology Project Leader Training
- Mar 1 - PW 4-H Jr Camp Registration Opens
- Mar 4 - PW 4-H Association & Leaders' Mid-Year Meeting
- Mar 7-8 - TALT Weekend
- Mar 12-16 - National 4-H IGNITE
- Mar 15-16 - VA 4-H 2025 Spring Air Championship

## Prince William 4-H Portfolio Training



On January 30th, Prince William 4-H held Portfolio Training at headquarters to set our 4-H'ers up for a successful year, documenting their experiences and growing their 4-H Story. Record keeping is a critical component of 4-H and is required for certain projects, such as equestrian and shooting sports. Portfolios are also required for advanced recognitions in 4-H, such as ambassadors, state and national Youth in Action Awards, and Virginia All Stars. Portfolios are also a reference when building your 4-H, college, and career resumes.



The 4-H'ers attending the training reviewed the record books and portfolios from former Prince William 4-H youth to find inspiration. We learned that in Maria Konstanty's Cloverbud portfolio, she wanted to become her club treasurer. Today, she reached that goal and serves as Treasurer of the Nokesville 4-H Club with a new goal to become the VP of her club in two years. Great work, Maria!



### WHAT ARE YOUR GOALS AND HAVE YOU PUT A PLAN IN PLACE TO REACH THEM?



4-H Project Records and Portfolios for all 4-H'ers from Cloverbuds to 18 are due to Prince William 4-H by September 30, 2025. Equestrian and Shooting Sports will have additional earlier deadlines.



## Inside this issue:

- [Prince William 4-H Updates](#) 2
- [Virginia 4-H Updates](#) 3
- [Our Partners](#) 7
- [Contacts & Recourses](#) 10

Click to Visit



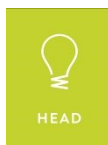
## PW 4-H SPIN Project - Book Club Interest Survey



Interested in joining with other 4-H book worms to discuss books together? Adam Grant of Trigger Time 4-H Club is organizing a 4-H SPIN Project with fellow 4-H'ers who like to read and discuss literature.

PW 4-H book worms can let him know your interests and availability by [clicking here and completing a quick survey!](#)

## PW 4-H Association FUNdraising Planning Meeting on Zoom



**Date:** Tuesday, February 11th @ 7 PM

**Who Should Attend:** all PW 4-H Clubs should send at least one representative to the meeting. All PW 4-H'ers are encouraged to attend to support these important initiatives.

**Zoom Link:** *Check your email on Tuesday!*

Our first meeting on January 28th was incredibly productive and gave us a short to-do list to organize a 4-H family and friends BINGO Night fundraiser. Our Zoom meeting will review the to-do's, discuss new ideas, and create an action plan to move forward with BINGO and other initiatives.



## Prince William 4-H Contest Day

**Date:** Saturday, February 8th

**Time:** 10 AM

**Location:** McCoart Building, 1 County Complex Ct, Woodbridge

All Prince William 4-H'ers from Cloverbud to 19 are invited to attend Contest Day to support your friends participating in the contests. Participants are scored against a rubric to encourage youth to practice and improve with constructive feedback in a supportive environment. We encourage all 4-H'ers to participate and grow their skills. If you aren't participating this year, come watch and see what it's all about - you CAN do it!

## Join PW 4-H for Tween Cuisine at the Library!



[Click here to register through PWC Library.](#) Registration is free with your library card but required.

Prince William 4-H is collaborating with Prince William County libraries in February for a special introduction to the 4-H Pillar of Healthy Living. Senior 4-H'ers will lead *Tween Cuisine 101*, an introduction to cooking for middle school students based on the 4-H Food Challenge curriculum. If you are interested in learning more about 4-H Food Challenge, this program is for you! All registrations are through the PWC library.

### DATES AND LOCATIONS

|                         |             |                       |
|-------------------------|-------------|-----------------------|
| Monday, February 10th   | 4:30 - 6 PM | Manassas City Library |
| Saturday, February 15th | 1 - 3 PM    | Central Library       |
| Monday, February 17th   | 2 - 3:30 PM | Chinn Park Library    |

## PW 4-H Embryology Project Leader Training



[Click here to register for training.](#)

It's time to prepare for the 2025 Embryology Project! Prince William 4-H is hosting two training session dates that will include information about incubators, candling, hatching, and troubleshooting. While this training is optional, it is highly recommended if this is your first year or if you had difficulties last year. Please contact DeeAnn Strand at [DStrand@pwcgov.org](mailto:DStrand@pwcgov.org) or 703-792-4762 with any questions.

### TRAINING DATE OPTIONS

|               |             |   |
|---------------|-------------|---|
| February 12th | 6 - 7:30 PM | Sudley North - McCoy Conference Room<br>7987 Ashton Ave., Manassas                        |
| February 20th | 6 - 7:30 PM | James J. McCoart Building - Cedar Run Conference Room<br>1 County Complex Ct., Woodbridge |

### INCUBATOR PICKUP DATES

|               |              |                                |
|---------------|--------------|--------------------------------|
| February 13th | 1 - 4 PM     | PW 4-H, 8033 Ashton Ave, #105  |
| February 25th | 9 AM - 12 PM | PW 4-H, 8033 Ashton Ave., #105 |



For over 100 years, Virginia Cooperative Extension has been a trusted source for knowledge, bringing the resources of Virginia Tech and Virginia State University directly to communities across the commonwealth. Whether it's assisting farmers and landowners, mentoring youth, growing local businesses, or helping people live healthier lives, Extension shares practical, research-based knowledge to help communities thrive.

**We can't do this important work without you.**

With a gift to VCE, you can support programs in your community and beyond that strengthen our agricultural and natural resources industries; empower more youth in 4-H and FFA leadership programs; protect the environment; educate individuals and families on gardening, business planning, health and nutrition; and so much more.

**This Giving Day, please join us in helping all of Virginia thrive. Thank you for your support. The link to give will be shared at noon on February 19.**

## VA 4-H Day at the Capitol: Voice Your Choice

Thank you to those who participated in this year's Virginia 4-H Day at the Capitol! It was a fantastic event filled with meaningful opportunities to learn, engage, and celebrate the impact of 4-H on civic engagement.

Throughout the day, it was inspiring to see our 4-H youth and volunteers connecting with key members of our government, learning about the legislative process, and proudly representing the incredible work of 4-H in their communities. Your energy, enthusiasm, and dedication to making a difference shone brightly, and it was a powerful reminder of the influence 4-H has in shaping the next generation of leaders.

### JOIN IN THE FUN! VOICE YOUR CHOICE

Many attendees also enjoyed participating in the Voice Your Choice activity, where our 4-H'ers voted on current bills they'd like to see passed. For those who could not attend, we're excited to expand this experience to all youth!

- Youth can cast their votes and express their opinions by visiting this link: <https://bit.ly/4fZurAq>.
- To learn more about each bill, visit <https://lis.virginia.gov>.

#### VOICE YOUR CHOICE: SUMMARY OF HOUSE BILLS

|              |   |
|--------------|---|
| <b>HB485</b> | SCHOOL BOARDS: EMPLOYEE CRIMINAL HISTORY RECORDS CHECKS AND APPLICATIONS: PENALTY FOR NONCOMPLIANCE.  |
| <b>HB486</b> | CERTAIN PUBLIC INSTITUTIONS OF HIGHER EDUCATION: ENROLLMENT LIMITATIONS IN INCOMING FRESHMAN CLASSES; VIRGINIA HIGHER EDUCATION'S SCHOLARSHIP FUND AND PROGRAM ESTABLISHED. |
| <b>HB550</b> | ADULT ADOPTEE ACCESS TO ORIGINAL BIRTH CERTIFICATE.   |
| <b>HB582</b> | PUBLIC HIGH SCHOOLS: PERSONNEL: CAREER COACH REQUIRED.  |
| <b>HB610</b> | HEALTH INSURANCE: COVERAGE FOR DIABETES.  |
| <b>HB882</b> | DEPARTMENT OF EDUCATION: MODEL POLICY ON STUDENT CELL PHONE USE DURING INSTRUCTIONAL TIME: LOCAL ADOPTION.  |

### VIRGINIA 4-H DAY AT THE CAPITOL

## VOICE YOUR CHOICE



The Virginia General Assembly is the state legislature, comprising the Senate (40 members) and the House of Delegates (100 members). It enacts laws, approves budgets, and addresses statewide issues, meeting annually in Richmond.

*Task: As a member of the Virginia General Assembly, it is your responsibility to approve three of the six bills that are being actively debated at the 2025 General Assembly.*

#### Visit the Cabinet

Visit each table to meet cabinet members and learn about the six bills they support.

1

#### Evaluate the Bills

Consider the impact and importance of each bill as you gather information.

2

#### Cast Your Vote

Use the QR code to access the voting page and select your top three bills.

3



## Save the Date! Virginia 4-H Teen Summit

**Dates:** March 28th - 30th

**Location:** W. E. Skelton 4-H Center, Wirtz, VA

The Virginia 4-H Teen Summit will kick off on Friday night with a passion fair and get acquainted activities! Saturday will feature speakers, workshops, focused time around mental health in the evening, and then time to plan action planning on and what they can take back to their communities on Sunday.

The focus will be on youth advocacy and youth voice around areas of social equity. This summit is youth-led and driven and planned for teens by teens. The teen-led leadership team will continue to put out information and will have registration out in early February, but wanted to put a Save the Date and get the dates out for you to put on your calendars now!

### Virginia 4-H TEEN SUMMIT

**JOIN US ON: Friday, March 28 - Sunday, March 30, 2025**




**At the W. E. Skelton 4-H Center in Wirtz, VA**



Virginia Cooperative Extension is a service of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. All programs and activities are open to all regardless of age, race, disability, sex including pregnancy, gender, genetic testing, gender expression, gender identity and/or role, and/or sexual orientation. We reserve the right to modify or cancel any other bills published by us.





### CLOVERBUD LOVE BUG CAMP

For ages 5-8. Get ready for a Valentine's Day themed camp focused on the science of entomology (study of insects). Don't worry, not all the bugs being brought to camp will be creepy crawlies. You can expect many different species of butterflies/beetles, bees, and much more. If you like the spooky bugs, don't worry we will have interactive activities with them based on the campers' comfort level. Madagascar hissing cockroaches optional.

Questions:  
Contact Jany Patterson,  
Program Director at  
jpatt@4h.org  
757-899-4961

Introduce your camper to the study of field biology and entomology plus exciting recreational activities!

Register Here:  


Feb 21-23, 2025 | Airfield 4-H Center  
Campers: \$130 | Trained Teen Counselors: \$25 | Trained Adult Volunteer: Free

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis prohibited by law.

Virginia Cooperative Extension  
Virginia Tech • Virginia State University

## Upcoming 4-H Camp Opportunities

### CLOVERBUD LOVE BUG CAMP

**Dates:** February 21-23


**Location:** Airfield 4-H Educational Center, Wakefield, VA

**Who Should Attend:** 4-H'ers ages 5-8

**Cost:** \$130

[Click here to register.](#) **Register by February 7th.**

At the Airfield 4-H Educational Center's Cloverbud Love Bug Camp, campers embark on a journey of discovery, where they'll become "insect detectives" as they investigate the biology, behavior, and ecology of various insect species. Over the course of the camp, campers will engage in a variety of activities designed to promote scientific inquiry and environmental awareness. They'll learn how to safely capture and identify insects, create insect habitats, and observe the life cycles of different species in real-time. This camp will include many interactive activities with insects while also possessing a Valentine's Day theme. Hope you are ready for chocolate covered insects!



### Livestock Camp & Stockmen's Contest

March 21 - 22  
Ages 9-18  
Southwest Virginia 4-H Educational Center

REGISTER AT  
[4h.org/livestock-camp-sw](http://4h.org/livestock-camp-sw)

PRINCE WILLIAM COUNTY 4-H EDUCATIONAL CENTER • 10000 N. STATE ST. • WAKEFIELD, VA 22679 • 757-899-4961

### 4-H LIVESTOCK CAMP

**Dates:** March 21-22

**Location:** Southwest Virginia 4-H Educational Center, Abingdon, VA

**Who Should Attend:** 4-H'ers ages 9-18

**Cost:** \$60 for two-day (overnight) participants and \$35 for Saturday-only participants

[Click here to register.](#) **Registration closes March 10th.**

The registration for Livestock Camp at the Southwest Virginia 4-H Educational Center is now OPEN! This opportunity is supported by the Virginia Cattle Industry Board.

### CAMP WOODS & WILDLIFE

**Dates:** June 16-20

**Location:** Holiday Lake 4-H Center, Appomattox, VA

**Who Should Attend:** Virginia students ages 13-16 (typically Grades 7-10)

**Cost:** \$95

[Click here for more information and to apply.](#) **Applications due April 11th.**

Camp Woods and Wildlife is an academic, structured, residential camp that focuses on field experiences in forestry and other natural resources. This unique camping experience introduces 13-16-year-olds to the challenges, special skills, and knowledge needed for managing the forest resources we use and enjoy every day.

Camp Woods and Wildlife is ideal for students who: wish to explore forestry and wildlife related careers; participate in forestry and wildlife judging teams, Envirothon competitions, or ecology clubs  
want to experience hands-on learning and gain real-world skills in natural resources conservation.



### 4TH ANNUAL PRESTON R. WILLSON VIRGINIA 4-H CAMP SCHOLARSHIPS

[Click here for the application.](#) **Applications due by April 1st.**

The Virginia Forestry Educational Foundation (VFEF), the Virginia Forestry Association (VFA), the Virginia Forest Products Association (VFPA), and the Virginia Loggers Association (VLA) are announcing the fourth annual Preston R. Willson Virginia Statewide 4-H Camp Scholarships for the summer of 2025. Applications for youth ages 9 – 13 can be submitted to VFEF to attend one of six (6) Virginia 4-H Center's 4-H Summer Camps, which include: Airfield, Holiday Lake, Jamestown, Northern VA, Southwest VA, and W.E. Skelton. A total of 48 (forty-eight) youth will be randomly selected for these full scholarships. Each of the six 4-H Centers will host eight (8) scholarship recipients. Scholarship announcements will be made in mid-April.



## Virginia 4-H Shooting Education Updates

### VIRGINIA 4-H SHOOTING EDUCATION SPRING AIR 2025

**Dates:** March 15-16

**Location:** W.E. Skelton 4-H Educational and Conference Center, Wirtz, VA

**Who Should Participate:** 4-H members that are: (1) registered in 4-H Online, (2) enrolled in a State 4-H Office approved 4-H Shooting Education Club, and (3) have completed project portfolios in the event(s) in which they are registered to shoot.

[2025 Virginia 4-H Shooting Education Spring Air Match Program](#)

[2025 Virginia 4-H Shooting Education Spring Air Match Rule Change Announcement](#)

[2025 Virginia 4-H: Scholastic Sport Shooting Foundations Progressive-Position Air Pistol Rules](#)

[2025 Virginia 4-H Shooting Education Archery Match Program](#)

**Register by February 19. Portfolio Certification due February 25.**

Register through your 4-H Club. Help is needed to set up ranges, the Stat house, and testing areas starting at 3 PM on Friday, March 14. Please contact Robert Tillotson at 434-841-6055.

### VIRGINIA 4-H SHOOTING EDUCATION INSTRUCTOR 7-YEAR RECERTIFICATION

**Dates:** February 22nd or November 1st (*choose 1*)

**Location:** Holiday Lake 4-H Educational Center, 1267 4-H Camp Rd, Appomattox, VA

**Who Should Attend:** Current 4-H instructors that need recertification

**Registration due February 10th.**

Virginia 4-H Shooting Education Instructors are required to attend recertification sessions every seven years. Please see your club leader to determine if you need to attend recertification in 2025. Failure to attend will result in decertification for each discipline involved. Registration for recertification is available through your 4-H club leader.



## Virginia 4-H Animal Science Updates

### 2025 SHENANDOAH VALLEY INVITATIONAL MEATS JUDGING CONTEST

**Date:** Saturday, February 15

**Time:** 8 am

**Locations:** Central High School, 1147 Susan Ave., Woodstock

**Cost:** \$22/person, includes lunch

[Click here to register.](#) **Registration and payment due by February 11th.**

The contest is open to both 4-H and FFA members and will be organized as a practice contest for the state meats judging contest. Both the 4-H and FFA Division will include 20 retail ID cuts, 4 placing classes, two with questions. Senior 4-H will include one set of reasons.

### UPCOMING 4-H ANIMAL SCIENCE CONTESTS

#### Stockman's and Livestock Judging

Feb 21st and 22nd. **Entries due Monday, Feb 10th.**

#### State 4-H and FFA Meats Evaluation

Mar 1st. **Entries due Monday, Feb 10th.**

### CLICK FOR MORE INFORMATION AND REGISTRATION LINKS:

- [2025 Block & Bridle Livestock Contests Letter](#)
- [2025 Block & Bridle Livestock Contests Schedule](#)
- [2025 Contests Entry Submission Tip Sheet](#)

Virginia Cooperative Extension  
Virginia Tech • Virginia State University  
**2025 Shenandoah Valley Invitational Meats Judging Contest**  
\*Save the Date\*  
Saturday, February 15, 2024

Hosted by:  
Central High School FFA  
1147 Susan Avenue, Woodstock, VA 22664

Guest Meats: Edinburg FFA  
12526 S Modder Road, Edinburg VA 22824

Both the 4-H and FFA Division will include 20 retail ID cuts, 4 placing classes, two with questions. Senior 4-H will include one set of reasons. For questions please contact the Meats at: [meats@vce.vt.edu](mailto:meats@vce.vt.edu). Registration and Order will be forthcoming.

This contest will be a preparatory contest for the State Meats Judging Contest. Held at Black and White in the event of inclement weather. See the contest website for more information.

For more information visit <https://www.vce.vt.edu/extension/programs-services/4-h-and-ffa/2025-shenandoah-valley-invitational-meats-judging-contest>. For questions please contact the Meats at: [meats@vce.vt.edu](mailto:meats@vce.vt.edu). Office at 1147 Susan Avenue, Woodstock, VA 22664. This contest will be a preparatory contest for the State Meats Judging Contest. Held at Black and White in the event of inclement weather. See the contest website for more information.

© 2024 Virginia Cooperative Extension, Virginia Tech • Virginia State University



## Youth & Volunteer Applications: 2025 VA 4-H Dominican Republic Program

The Virginia 4-H Program in the Dominican Republic is now accepting applications from Virginia 4-H teens and 4-H volunteers! This program started as a grassroots, county based program, which is now in its 17th year. It has been open to 4-H'ers statewide for a few years now. During 2025, Christine Hodges and I will be taking two different 4-H teen groups to the Dominican Republic for one week each. Applications are open to all 9th-12th grade 4-H teens in Virginia. Since one main focus of our program in the Dominican Republic is conducting a 4-H Day Camp for Dominican children, this program may especially appeal to your 4-H Camp Counselors. A recommendation from the 4-H delegate's Extension Agent or Program Assistant is a required part of the application, and it is their responsibility to ask you for that recommendation and follow up to be sure it is submitted.

[Click here for the YOUTH APPLICATION.](#)

**The deadline to apply is February 25, 2025,** but we would appreciate receiving applications sooner if possible. Applications will be reviewed and the participants will be notified in early March if they are selected or are on a waiting list. The program cost is \$2,600, with \$1,000 of that due as a deposit on March 17. If they don't have a passport, they should gather the needed documents now and be prepared to apply for a passport as soon as they receive notice that they are accepted for the program. Receiving a passport is a slow, but important process. They cannot board the plane without a passport.

We will also be able to accept a couple of Adult 4-H Volunteers for this program. [Click here for the ADULT APPLICATION.](#) Current 4-H volunteer enrollment and three reference letters are required for adult applicants.

Every year we have 4-H'ers write a blog and share photos. That is probably the best way to learn more about the program, so have your interested members take a look at the 2024 blogs:


Click here for [Group 1 BLOG](#)

Click here for [Group 2 BLOG](#)

Click on Dominican Republic for previous Blogs here: <https://shenandoah.ext.vt.edu/programs/4h-international.html>

### VIRGINIA 4-H

#### SERVICE TRIP TO THE DOMINICAN REPUBLIC



**Global 4-H Impact**


Experience the adventure of the 17th annual Virginia 4-H Service Trip to the Dominican Republic! Open to youth in grades 9-12, this incredible opportunity lets you immerse yourself in the local culture, tackle exciting challenges, and forge lasting friendships with fellow 4-H members. It's a fantastic chance to learn, grow, and make unforgettable memories while pledging your hands to larger service.

| EXPERIENCE   | DATES  | COST   | APPLY   |
|--|--|--|---|
| <ul style="list-style-type: none"> <li>✓ Cultural Immersion</li> <li>✓ Lead a 4-H Day Camp</li> <li>✓ Service Impact</li> <li>✓ Leadership Development</li> <li>✓ Personal Growth</li> </ul> | July 14 - 22, 2025<br>or<br>July 28 - August 5, 2025<br><small>(Choose one week)</small> | \$2,600<br><small>(includes airfare, lodging, meals, etc.)</small><br>\$1,000 deposit due March 17<br>\$1,600 Final balance due July 1 | Apply using the QR link above.<br>Deadline to apply is February 25. |

**To Learn More, Contact:**

**Carol Nansel** - Shenandoah 4-H  
[cnansel@vt.edu](mailto:cnansel@vt.edu)

**Christine Hodges** - Alleghany 4-H  
[chodges@vt.edu](mailto:chodges@vt.edu)



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, genetic information, ethnicity or national origin, political affiliation, race, religion, sexual orientation, or military status, or any other basis protected by law.

## 2025 Inbound Exchange - Save the Dates!

**EXCHANGE DATES: JULY 23-AUGUST 16, 2025**

[Click here for general Information on States 4-H International.](#) [Click here to apply as a host family.](#)

*100% of the families agree that the 2023 summer inbound exchange was a positive experience for their family.*

- Our delegates will all come from Japan this summer and they will all be members of a group called Labo that is similar to 4-H. It is our goal to host 20 youth delegates and 2 adult chaperones.
- To host a youth delegate, a host family must have a child that will serve as a host sibling. The host siblings need to be within 4 years of age of a delegate. Last year our delegates were all in the 13-16 year old age range.
- Families who do not have children can host adult chaperones. We will have 2 adult chaperones in 2025 and will need at least 2 host families for these chaperones.
- Families must have an adult home most of the time during the exchange period. This opportunity will not work for families where all of the adults work outside of the home at the same time.





## National 4-H

### 2026 YIA APPLICATION OPEN SOON

Applications for the 2026 4-H Youth in Action Program open on January 27th! This program celebrates outstanding 4-H youth aged 14-19 who make a difference in their communities. Selected winners will receive a \$5,000 scholarship, professional development, media training, national recognition, and spokesperson opportunities to inspire others.



#### Important Dates:

- February 26th @ 7:00 PM ET: Webinar for Students. [Click here to register.](#)
- March 31st: Application deadline, [Click here for more information.](#)

### CLOVER BY 4-H: EXPLORE THE ARTS WITH 4-H

[Click here to sign up.](#)

Educators, claim your FREE Express Yourself Discover Box before they're gone! Perfect for grades 3-5, the box features hands-on, creative art projects for up to six students. Sign up on CLOVER today—the offer ends March 31.



## Virginia Institute on Cooperative Education - Scholarships

**Dates:** March 21-23

**Location:** Graves Mountain Lodge

**Who Should Attend:** high school juniors and seniors

[Click here for more information and to apply.](#) **Applications due February 14th.**

Each spring, VCC sponsors the Virginia Institute on Cooperative Education, a leadership conference to educate high school juniors and seniors about cooperatives and the co-op form of business through interactive instruction that includes a live simulation, “Who’s Minding the Store?” Students gain teamwork, leadership, and communication skills, with top performers having the opportunity to receive up to \$2,000 in educational scholarships.



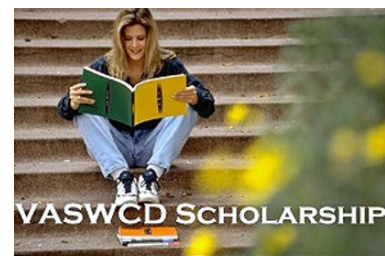
Student applicants are required to choose a cooperative business in Virginia and contact a staff member to learn more about the size and operation of this cooperative in their community. To be considered for college scholarships, students will complete a test based on the “Welcome to Cooperatives” manual and be evaluated on participation in activities during VICE, including the “Who’s Minding the Store” team simulation.

VICE evaluations consistently report that students find the conference fun and educational. They often write that they came to the conference knowing nothing about co-ops but leave with a fuller appreciation of this unique business form. They also provide positive feedback on the opportunity to make new friends and enjoy great food in a scenic rural setting. In recent years, 100% of participants said they would recommend VICE to a friend.

## VASWCD Scholarships for High School Seniors

[Click here for more information and the application.](#) **Applications due April 11th.**

The Virginia Association of Soil and Water Conservation Districts annually offers four scholarships to graduating high school seniors or college freshmen for college study. This year, four \$2,000 scholarships are available! Applications must arrive at the PWSWCD office by April 11, 2025. Applications for students who reside in Prince William County must be submitted to the Prince William Soil and Water Conservation District, which will select one student for consideration by the state committee.



The USDA logo is positioned at the top left of the page. It consists of the letters "USDA" in a white, serif font, set against a dark red shield-shaped background with a white horizontal bar below the letters.

# USDA/1890 National Scholarship Opportunity



USDA's 1890 National Scholars Program offers scholarships to U.S. citizens who are seeking a bachelor's degree at one of the nineteen 1890 Land-Grant Universities in the fields of food, agriculture, natural resource sciences or other related disciplines. The new e-application will be available on January 1, 2025. Please check our website for updates: <https://www.usda.gov/partnerships/1890NationalScholars>

The 1890 National Scholars Program provides full tuition, fees, books, room and board, and a summer internship which may convert to full-time employment with USDA after graduation. High school and college students who are U.S. citizens are eligible to apply.

## 1890 LAND-GRANT UNIVERSITIES

- Alabama A&M University
- Alcorn State University, Mississippi
- Central State University, Ohio
- Delaware State University
- Florida A&M University
- Fort Valley State University, Georgia
- Kentucky State University
- Langston University, Oklahoma
- Lincoln University, Missouri
- North Carolina A&T State University
- Prairie View A&M University, Texas
- South Carolina State University
- Southern University, Louisiana
- Tennessee State University
- Tuskegee University, Alabama
- University of Arkansas, Pine Bluff
- University of Maryland Eastern Shore
- Virginia State University
- West Virginia State University

## ADDITIONAL HIGH SCHOOL APPLICANT REQUIREMENTS

- Have applied for or have been accepted at one of the 1890 Land-Grant Universities
- Have a high school diploma with an unweighted GPA of at least 3.0 on a 4.0 scale, or a General Educational Development (GED) certificate
- Minimum test scores: ACT 21 composite or SAT 1080 combined verbal/math
- Study food, agriculture, natural resource sciences, or other related disciplines
- Demonstrate leadership and community service

## ADDITIONAL COLLEGE APPLICANT REQUIREMENTS

- Be a college freshman or sophomore
- Have a cumulative GPA of 3.0 or better, on a 4.0 scale
- Attend an 1890 Land-Grant University
- Study food, agriculture, natural resource sciences, or other related disciplines
- Demonstrate leadership and community service

**DEADLINE**

**March 1, 2025**



For more information please contact  
**USDA Office of Partnerships & Public Engagement**  
202.720.6530 or [1890init@usda.gov](mailto:1890init@usda.gov) or Ed Thompson  
Liaison; at [ed.thompson@usda.gov](mailto:ed.thompson@usda.gov)



Questions: Contact Program Director, Joey Patterson at [jpatt024@vt.edu](mailto:jpatt024@vt.edu)

# AIRFIELD 4-H CENTER

## NOW HIRING

Position Available:



### Outdoor Educator:

Airfield is seeking a self-motivated, energetic, outcome-oriented individual to assist with the expansion of educational programming opportunities. Interested individuals must be passionate about getting youth outside and positive youth development according to the 4-H and Airfield missions. The incumbent will work with a diverse audience to align and leverage a public and non-profit vision of bold intent and regional scope that will result in building youth and families being more connected to the outdoors and equipped with new life skills.

Applicants will be responsible for assisting with and leading hands-on, outdoor and environmental education programs year-round at the Southeast 4-H Educational Center in Wakefield, VA. This includes preparation and clean-up for educational activities and events throughout the school year, organizing and leading field trips, and assistance with 4-H summer camp programs, specialty camps, day camps, and Special Interest Clubs.

Job description, qualifications, pay rate, and instructions for applying can be found on the following QR Code provided below:



If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Joey Patterson at (757-899-4901) during business hours of 9 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. \*TDD number is (800) 828-1120.

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law

SCAN ME

# THE PARENT E3 SERIES

ENGAGE.  
EDUCATE.  
EMPOWER.



COMMUNITY AWARENESS & PREVENTION SERIES

## SUBSTANCE ABUSE AWARENESS AND PREVENTION

WEDNESDAY, FEBRUARY 12, 2025  
5:30 PM - 8 PM

OSBOURN HIGH SCHOOL  
1977 EAGLE WAY, MANASSAS, VA 20110



THE PARENT E3 SERIES IS IN PARTNERSHIP WITH:

DINNER PROVIDED WITH THE SUPPORT AND SPONSORSHIP OF:



## ENERGIZE, EMPOWER AND EQUIP: UNLOCKING SOCIAL AND EMOTIONAL WELLNESS SUMMIT

**Who Should Attend:** extension agents, volunteers, community educators, practitioners, child care providers, school educators, and parents

**Did you know?** -- 13,700 children are abused each day in the United States or that 4 of these children die each day as a result of abuse and/or neglect? This is according to "Facts About Abuse" on Greater Richmond SCAN website. <https://grscan.com/resources/facts>



Virginia Cooperative Extension  
Virginia Tech • Virginia State University

APRIL IS CHILD ABUSE AWARENESS MONTH

## ENERGIZE, EMPOWER, AND EQUIP

Unlocking Social and Emotional Wellness Summit

MARCH 25 AND 26, 2024

Virginia State University  
L. Douglas Wilder Building  
1 Hayden Dr  
Petersburg, VA 23806

By uniting thought leaders, practitioners, and advocates, the summit aspires to spark meaningful dialogue, inspire transformative action, and create a ripple effect of social and emotional wellness that resonates across diverse communities.

March 25 - Pre-Summit Session: Stewards of Children 2:00 to 5:00 pm  
March 26 - Summit Registration: 8:30 am  
Summit: 9:00 am to 3:00 pm  
Please register for this summit at:



### GET INVOLVED!

#### PINWHEELS FOR PREVENTION

During the month of April, join the Virginia Cooperative Extension campaign and show your support for Virginia's children by "planting" pinwheels in your yard, school, community center, business, and more.

Learn more about the Pinwheels for Prevention campaign introduced by Prevent Child Abuse America in 2008 here: <https://preventchildabuse.org/resources/pinwheels-for-prevention/>

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[Prince William 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

**MaryBeth Lerch**

Associate Extension Agent, 4-H  
[mblersch@vt.edu](mailto:mblersch@vt.edu)  
703-792-4536



**Pam Hardin**

4-H Youth Educator  
[phardin@pwcva.gov](mailto:phardin@pwcva.gov)

**DeeAnn Strand**

4-H Youth Educator  
[dstrand@pwcva.gov](mailto:dstrand@pwcva.gov)

**Candi Helmlinger**

4-H Program Specialist,  
Newsletter  
[chelminger@pwcva.gov](mailto:chelminger@pwcva.gov)

**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[4-H Online Information](#)  
[The 4-H Foundation](#)  
[4-H All Stars](#)  
[STEM in Virginia 4-H](#)

**Prince William 4-H**

[PW 4-H Homepage](#)  
[PW 4-H Programs](#)  
[PW 4-H Camps](#)  
[PW 4-H Events & Calendar](#)  
[PW 4-H Document Center](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)  
[Prince William 4-H Member Record - Vice President](#)  
[Prince William 4-H Member Record - Officer](#)



**2024-2025 PWC 4-H  
Association Officers**

**Youth Officers**

Lexi Strand, President  
Tim Hirshey, Vice President  
Cara Grahn, Secretary  
Ryan Nguyen, Treasurer

**Adult Officers**

Susan Wolf, President  
Alan Lerch, Vice President  
Shelby Kohn, Secretary  
Sydney Nguyen, Treasurer

**Committee Chairs**

Fundraising Committee - Shawn Clinger & Sarah Fox  
Recognition Committee - Alan Lerch  
Membership Committee - 4-H Staff



**Beyond  
Ready**



**Virginia Cooperative Extension**  
Virginia Tech. • Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.