



**Minutes of Regular Meeting  
3 December 2024  
McCoart Building, Occoquan Conference Room,  
1 County Complex Ct, Woodbridge, VA 22192**

**Present:** Nancy West, Occoquan District; Chair  
Mickey Feeley, Coles District; Secretary  
Diana Paguaga, Representative-At-Large  
Brian Fulton, Neabsco District  
Eileen Fowler-Thrall, Potomac District  
Joshua Lee, Acting Director, Prince William (PW) Area Agency on Aging (AAA)

**Absent:** Sandra Dawson, Woodbridge District; Vice Chair  
Scot Crockett, Brentsville District  
Roberta Wilson, President, Friends of Senior Center at Woodbridge  
Anthony Frierson, President, Friends of Senior Center at Manassas  
Brenda Carswell, AARP Virginia

**Visitors:** Gary West

1. Meeting was called to order at 10:00 a.m. and Pledge of Allegiance recited.
2. **Citizens Time:** No report.
3. **Presentation:** The COA received a presentation from Ann Cain on the Virginia Lifelong Learning Institute (LLI). The LLI offers a wide range of classes, discussion groups, a book club, monthly lunch bunch, a game club, and other social and educational programs. The LLI meets at various Manassas area venues on weekdays in the morning or afternoon. Most sessions last approximately ninety (90) minutes. Additional information is available at LLI-MANASSAS.ORG.
4. **Administrative Items:** Mickey Feeley provided a review of all documents contained in each attendee's folder. Nancy West requested a motion to approve the 22 October COA minutes. Eileen Thrall made a motion to approve the minutes, Diana Paguaga seconded the motion, with all present members affirming. The group reviewed the draft 2025 COA Schedule, Nancy West requested a motion to approve the schedule. Mickey Feeley made a motion to

approve the 2025 schedule, Eileen Thrall seconded the motion, with all present members affirming.

**5. Director's Time:** Joshua Lee provided updates to ongoing programs, projects, and events associated with the PW AAA. The "COA Updates December 2024" document provides details of discussion items and is attached to these minutes.

**6. Chairpersons Time:** Nancy West informed that she and Mickey Feeley attended a Prince William County Health, Wellbeing and Environmental Sustainability Boards, Commissions and Committee Chair meeting on 20 November.

**7. Standing and Informational Committee Reports:**

a. Housing: Mickey Feeley attended the Virginia Governor's Housing Conference from 13 – 15 November at Virginia Beach.

b. Northern Virginia Aging Network (NVAN): Mickey Feeley reported he attended a virtual NVAN Advocacy Committee meeting with Senator Roem to discuss the 2025 NVAN legislative platform.

c. Friends of Senior Center Manassas: No report.

d. Friends of Senior Center Woodbridge: No report.

e. AARP: No report.

**8. New Business:** Election of Officers for Period January 1, 2025 through December 31, 2026.

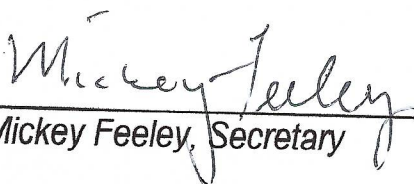
a. Candidates are: Mickey Feeley as Chair; Nancy West as Vice Chair; Scot Crockett as Secretary; and Diana Paguaga as Committee Member.

b. Motion by COA to elect the candidates as presented. No discussion. Voice vote: Unanimous.

**9. Old Business:** No old business.

**10. Commission Member Announcements:** None.

**11.** Meeting adjourned at 11:41 a.m.

  
Mickey Feeley, Secretary

Approved: 21 January 2025

Attachment: COA Updates October 2024 document

Listing of Handouts in Record Copy (available upon request to the Secretary):

1. Agenda
2. COA Minutes – 22 October 2024
3. Executive Committee Meeting Minutes dated 12 November 2024
4. PW AAA DSB Updates December 2024 document
5. COA Meeting Schedule with Topics for 2024
6. Draft COA Meeting Schedule with Topics for 2025
8. COA Local Government Appointee & Prince William Area Members Roster
9. Lifelong Learning Institute Handouts

(Attachment) - DSB Updates December 2024

Wait Lists:

- Personal Care: 24
- Woodbridge Meals on Wheels: 30
- Adult Day Healthcare: 20
- Transportation to/from Woodbridge Senior Center: 8

Personnel:

- Adult Day Healthcare (ADHC)
  - o HIPAA Compliance Officer
    - Re-advertising position
- Supportive Services
  - o CRIA Coordinator (part-time)
    - Starting 1/6/25

Senior Centers:

- Woodbridge Senior Center
  - o Senior Holiday Luncheon 12/13/24
    - hosted by Supervisor Frankin's Office
- Closed December 23<sup>rd</sup> – January 1<sup>st</sup>
- Boys & Girls Club
  - o Senior Center without Walls

Supportive Services:

- Increase in Veterans Served
  - o Limited agency staff limits amount of veterans managed in program
    - Agency creating new grant funded position to address increased need for veteran placement in program.

Adult Day Healthcare

- New flooring in coming months
  - o To replace outdated carpet

Fiscal & Admin:

- Big Wheels Deliver Meals
  - o March 25<sup>th</sup> 2025
  - o Woodbridge Senior Center
- Parkinsons Movement Disorder Alliance
  - o March 29<sup>th</sup> 2025

- McCoart
- Older American's Month Event
  - May 9<sup>th</sup> 2025
  - Camp Snyder