



Prince William 4-H

Our Clubs, Our Community



December 31, 2024

Upcoming Events

- Jan 7** - PW 4-H Club & Project Leader Training
- Jan 11** - Cloverbud Club
- Jan 14** - PW 4-H Association Meeting
- Jan 17** - PW 4-H Share the Fun Dress Rehearsal
- Jan 22** - VA 4-H Day at the Capitol
- Jan 24** - PW 4-H Share the Fun
- Jan 30** - PW 4-H Portfolio Training
- Feb 8** - PW 4-H Contest Day
- Mar 1** - PW 4-H Jr Camp Registration Opens
- Mar 7-8** - TALT Weekend

Inside this issue:

- [Prince William 4-H Updates](#) 2
- [Virginia 4-H Updates](#) 3
- [Our Partners](#) 9
- [Contacts & Recourses](#) 10

Click to Visit



2025 Prince William 4-H Embryology Program



The Prince William 4-H Embryology Program is a 4-H club and school enrichment project supported by Prince William 4-H, Virginia Cooperative Extension, Virginia Tech, and Virginia State University. The Embryology Program teaches students about life science and respect for life with curriculum-based resources matching Virginia SOLs.

As you have noticed, securing eggs has had it's challenges this year:

- Please register as soon as possible to help us establish the egg quantity to request.
- Please note that eggs are not guaranteed. Due to unforeseen changes and shortages, we do not have a confirmed order with our egg supplier for this year. We are working diligently to find alternative suppliers while keeping the prices reasonable for all.
- For in school programs who have traditionally had multiple class rooms incubating eggs, please consider having one space (like the library) to share the program to help us spread the eggs over a larger number of schools. Each registration site is asked to limit your egg requests to one dozen.
- Once the prices are posted and the price is not right for you, you may cancel your registration. No cancellation after January 31, 2025.
- We will do our best to keep the dates as is, but they may change moving forward.

[CLICK HERE FOR REGISTRATION FORM.](#) If you have any questions, please contact DeeAnn Strand dstrand@pwcgov.org or 703-792-4762.

Prince William 4-H Food Challenge Orientation



Date: Thursday, January 9th

Time: 7 PM

Location: Virtual Zoom Meeting

Who Should Attend: PW 4-H'ers interested in participating in Prince William 4-H Food Challenge Contest. Can be a team or individual interested in joining a team.

[Click here to register and receive Zoom link.](#)

4-H Food Challenge is an excellent opportunity for youth to learn a practical application of the 4-H Pillar of Healthy Living! Youth compete against a rubric intended to judge their nutrition knowledge, kitchen safety, and culinary skills, as well as their presentation and public speaking skills. 4-H teams have the opportunity to progress from the county to district to state and even to national level competitions. **Attending the virtual orientation is key to success in the competition!**

TEAM AGE CATEGORIES

- ★ **Junior Team** - members must be 9-13 years old. Teams consist of 3-5 team members.
- ★ **Senior Team** - members must be 14-18 years old. Teams consist of 3-4 team members.



Prince William 4-H

Embryology Project

“The Beginning of Life” 4-H Project is designed to help youth obtain a better understanding of life and embryonic development. 4-H educational materials guide students through each step of the hatching process from preparing the eggs for incubation to building a brooder for the newly hatched chicks. Educational material address Virginia SOLs for math, science, English, life science, and computer technology. Prince William 4-H provides fertilized eggs, guides participants through training, supports participants during the hatch, and then collects the chicks to be sent to a local farm.

Prince William 4-H Clubs, Prince William County Schools, Manassas City Schools, Manassas Park Schools, and Homeschool Groups are invited to participate in this exciting 4-H project!

REGISTRATION IS OPEN

[Click here to register!](#)

RESOURCES:

- [Prince William 4-H Embryology Project Facebook Page](#)
- [Virginia 4-H Resources for School Curriculum Website](#)
- [VA 4-H The Beginning of Life Project Curriculum](#)

CONTACT INFORMATION

DeeAnn Strand
 4-H Youth Educator
dstrand@pwcva.gov
 703-792-4762
www.pwcva.gov/4-H



IMPORTANT DATES

Embryology Registration
 Dec 30th - Jan 31st

In-Person Leader Training
 Feb 5 TBD
 Feb 20 TBD

Incubator Pickup (if rented from 4-H)
 PW 4-H, 8033 Ashton Ave, #105
 Feb 13 1 - 4 PM
 Feb 17 10 AM - 2 PM

Egg Pickup
 PW 4-H, 8033 Ashton Ave, #105
 Feb 24 4 - 6 PM
 Feb 25 9 AM - 12 PM

2025 HATCH DAYS: MARCH 17TH - 21ST

Chick Drop Off
 PW 4-H, 8033 Ashton Ave, #105
 Mar 27 2 - 6 PM
 Apr 1 12 - 3 PM



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

PW 4-H Club & Project Leader Professional Development

Date: Tuesday, January 7th, 7-8:30 pm

Location: PW 4-H Headquarters, Manassas

Who Should Attend: All PW 4-H Adult Club Leaders, Instructors, and Project Leaders
[Click here to register for the January 7th training.](#) **MUST BE REGISTERED TO**

ATTEND.

Come network with others working with 4-H youth! In a world that constantly evolves, understanding and supporting the growth of our youth has never been more crucial. This session will provide valuable insights and strategies to empower young people to thrive and reach their full potential.

All Prince William 4-H adult volunteer leaders and instructors are expected to attend this important annual training.



An Evening with Virginia 4-H

Date: Thursday, January 23rd

Time: 6:30 - 9:30 PM

Location: The Rotunda at the Science Museum of Virginia, Richmond, VA

[Click here to register.](#) **Register by January 8th.**

Please celebrate with us! Enjoy cocktails and heavy hors d'oeuvres with fellow members of the Virginia 4-H community, followed by a recognition ceremony of 4-H youth and supporters. Conclude your evening with dessert and coffee or a nightcap as you continue the celebration and fellowship with 4-H members, volunteers, alumni, and friends. Complimentary registration and self-parking. Business formal attire.



Virginia 4-H All Star Updates

2025 VIRGINIA 4-H ALL STAR MIDWINTER CONFERENCE

Dates: February 15-16

Location: DoubleTree by Hilton Hotel in Virginia Beach

Hotel registration due by January 24. Conference registration deadline is February 7.

The conference theme is "4-H All Stars Shine in Coastal Virginia." Emphasis on "Service" will be the theme for the entire weekend. Registration will begin at 9:00 a.m. on the second floor Conference area. Skelton Chapter has asked if we would assist them with collecting laundry baskets which will be used for planting seed potatoes for the Agape Gardens of NRV in Christiansburg. See the December 2024 All Star Newsletter for more details.



2025 VIRGINIA 4-H ALL STAR STATE APPLICATION REVIEW

Date: January 3rd

Time: 10 AM

Location: in-person at Goochland Extension Office and virtual via Zoom

Who should attend: any tapped All-Star or 4-H professional interested in learning more about the review process

[Click here to register.](#)





HEAD



HEART



HANDS



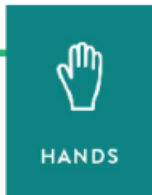
HEALTH



HEAD



HEART



HANDS



HEALTH

PRINCE WILLIAM 4-H



CLOVERBUD CLUB

Meets the 2nd Saturday of the Month from October to May from 10am-Noon



JANUARY 11TH

DALE CITY PUBLIC LIBRARY, 4249 DALE BLVD., DALE CITY



****SPECIAL TIME: 10:30 AM**

All Greater Prince William Area youth ages 5-8 that are interested in 4-H and would like to explore the ins and outs of 4-H camping are invited to a morning of hands-on activities, songs, and a special camp snack... all from the warmth of our local library!



Who Should Attend: Greater Prince William youth ages 5-8 that are interested in learning more about 4-H.*

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in the 4-H Pillars of civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculum based. We lay the foundation of knowledge to help develop our future community leaders.



Learn more about 4-H at www.pwcva.gov/4-H.

CLICK HERE TO REGISTER. Registration is free, but required.

Come grow with us!

4-H GROWS HERE

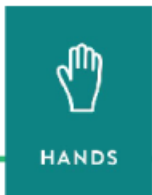
* A parent or guardian must be present.



HEAD



HEART



HANDS



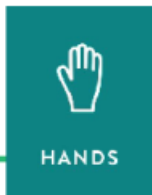
HEALTH



HEAD



HEART



HANDS



HEALTH



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

PRINCE WILLIAM 4-H

24TH JANUARY 2025

SHARE THE FUN!



4-H TALENT SHOW



GET FEEDBACK



SHOWCASE YOUR TALENT



HAVE FUN

PRINCE WILLIAM 4-H

SHARE THE FUN SHOW: JANUARY 24, 7 PM

Dress Rehearsal: January 17, 5:30-7 pm

[CLICK HERE TO REGISTER BY JANUARY 3RD.](#)

The Nokesville School, 12375 Aden Rd., Nokesville, VA 20181

Virginia Cooperative Extension
Virginia Tech • Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

Youth & Volunteer Applications: 2025 VA 4-H Dominican Republic Program

The Virginia 4-H Program in the Dominican Republic is now accepting applications from Virginia 4-H teens and 4-H volunteers! This program started as a grassroots, county based program, which is now in its 17th year. It has been open to 4-Hers statewide for a few years now. During 2025, Christine Hodges and I will be taking two different 4-H teen groups to the Dominican Republic for one week each. Applications are open to all 9th-12th grade 4-H teens in Virginia. Since one main focus of our program in the Dominican Republic is conducting a 4-H Day Camp for Dominican children, this program may especially appeal to your 4-H Camp Counselors. A recommendation from the 4-H delegate's Extension Agent or Program Assistant is a required part of the application, and it is their responsibility to ask you for that recommendation and follow up to be sure it is submitted.

[Click here for the YOUTH APPLICATION.](#)

The deadline to apply is February 25, 2025, but we would appreciate receiving applications sooner if possible. Applications will be reviewed and the participants will be notified in early March if they are selected or are on a waiting list. The program cost is \$2,600, with \$1,000 of that due as a deposit on March 17. If they don't have a passport, they should gather the needed documents now and be prepared to apply for a passport as soon as they receive notice that they are accepted for the program. Receiving a passport is a slow, but important process. They cannot board the plane without a passport.

We will also be able to accept a couple of Adult 4-H Volunteers for this program. [Click here for the ADULT APPLICATION.](#) Current 4-H volunteer enrollment and three reference letters are required for adult applicants.

Every year we have 4-Hers write a blog and share photos. That is probably the best way to learn more about the program, so have your interested members take a look at the 2024 blogs:

Click here for [Group 1 BLOG](#)

Click here for [Group 2 BLOG](#)

Click on Dominican Republic for previous Blogs here: <https://shenandoah.ext.vt.edu/programs/4h-international.html>

VIRGINIA 4-H
SERVICE TRIP TO THE DOMINICAN REPUBLIC

Global 4-H Impact
Experience the adventure of the 17th annual Virginia 4-H Service Trip to the Dominican Republic! Open to youth in grades 9-12, this incredible opportunity lets you immerse yourself in the local culture, tackle exciting challenges, and forge lasting friendships with fellow 4-H members. It's a fantastic chance to learn, grow, and make unforgettable memories while pledging your hands to larger service.

| EXPERIENCE | DATES | COST | APPLY |
|--|--|--|--|
| <ul style="list-style-type: none"> ✓ Cultural Immersion ✓ Lead a 4-H Day Camp ✓ Service Impact ✓ Leadership Development ✓ Personal Growth | <ul style="list-style-type: none"> July 16 - 22, 2025 or July 28 - August 5, 2025 | <ul style="list-style-type: none"> \$2,600 (includes airfare, lodging, meals, etc.) \$1,000 deposit due March 17 Final balance due July 1 | <ul style="list-style-type: none"> ✓ Applying the QR link above. ✓ Deadline to apply is February 25. |

To Learn More, Contact:
 Carol Nansel - Shenandoah 4-H cnansel@vt.edu
 Christine Hodges - Alleghany 4-H chodges@vt.edu

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex, ethnicity, immigration status, gender identity, gender expression, genetic information, marital or partner status, national origin, race, religion, sexual orientation, or veteran status. For more information, visit www.vce.vt.edu.

2025 Inbound Exchange - Save the Dates!

EXCHANGE DATES: JULY 23-AUGUST 16, 2025

[Click here for general Information on States 4-H International.](#) [Click here to apply as a host family.](#)

100% of the families agree that the 2023 summer inbound exchange was a positive experience for their family.



- Our delegates will all come from Japan this summer and they will all be members of a group called Labo that is similar to 4-H. It is our goal to host 20 youth delegates and 2 adult chaperones.
- To host a youth delegate, a host family must have a child that will serve as a host sibling. The host siblings need to be within 4 years of age of a delegate. Last year our delegates were all in the 13-16 year old age range.
- Families who do not have children can host adult chaperones. We will have 2 adult chaperones in 2025 and will need at least 2 host families for these chaperones.
- Families must have an adult home most of the time during the exchange period. This opportunity will not work for families where all of the adults work outside of the home at the same time.

Virginia 4-H Animal Science Updates



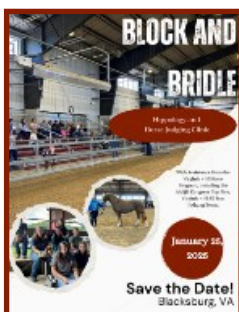
STATE FAIR OF VIRGINIA APPLIED SCHOLARSHIP PROGRAM

Applications Due: Wednesday, **January 22 by 6 pm**

Who Should Apply: any 4-H youth that participated in the 2024 State Fair of Virginia

[Click here for more information on the scholarships.](#)

There are 10 general scholarships this year and 15 livestock scholarships. These scholarships require participation in the 2024 State Fair of Virginia but consider not only your participation/results in this year's competitions, but also your academic success, community service, and response to an essay prompt. **EVERYONE** should apply – you cannot be selected if you don't apply, and this is a great opportunity to earn scholarship dollars and begin saving for your academic and career future. The SFVA Applied Scholarship Program is administered by the State Fair of Virginia, so please direct any questions you may have to Sarah Jane Thomsen at sthomsen@statefairva.org.



2025 VT BLOCK AND BRIDLE HIPPOLOGY AND HORSE JUDGING CLINIC

Date: January 25th

Location: Alphin Stuart Arena, Virginia Tech

Cost: 10/participant, includes lunch

[Click here to register.](#) **Register by January 20th.**

The Virginia Youth Animal Science Team in partnership with the Virginia Tech Block and Bridle Club is excited to offer the Horse Judging and Hippology Clinic to equine-interested youth in preparation for upcoming spring contests. This clinic will offer sessions covering various Hippology Topics, Judging Halter and some performance classes, and tackling reasons for youth of various ages and experiences levels. The State All Star 4-H Horse Judging Team is excited to partner with this event in assisting with teaching stations. Horse Judging and Hippology Clinic – Registration Begins at 9:30 at the Alphin Stuart Arena



VIRGINIA YOUTH ANIMAL SCIENCE TEAM MEAT EVALUATION CLINIC

Date: January 25th

Location: Litton Reaves Hall, Virginia Tech

Cost: \$10/participant, includes lunch a T-shirt for each participant

[Click here to register.](#) **Register by January 15th.**

The Virginia Youth Animal Science Team in partnership with the Virginia Tech Block and Bridle Club is excited to offer a Meat Evaluation Clinic. The clinic includes opportunities in Meats Judging and Identification. Clinic attendance is limited to the first 75 participants to register. Clinic participation is limited to a maximum of EIGHT youth per Unit or Chapter. Meat Evaluation Clinic – Registration Begins at 9:00 am at Litton Reaves Hall



2025 COREY CHILD'S MEMORIAL STOCKMEN'S CONTEST

Date: February 1st (snow date Feb. 15th)

Location: Virginia Livestock, LLC, 2796 Rivermont Drive, Front Royal

Registration Fee: \$5/person; includes lunch

[Click here to register.](#) **Register by January 24th.**



HOKIE DAIRY DAY - RESCHEDULED

Date: Saturday, February 1st

Time: 10 AM - 4 PM

Location: VT Dairy Center, William M. Etgen Large Animal Learning Center, 473 Plantation Rd., Blacksburg, VA

[Click here to register.](#)

Hokie Dairy Day is a free educational event for 4-H and FFA youth who have an interest in learning more about dairy cattle and the industry. The event takes what our Dairy Science students learn in the classroom and applies it to fun educational activities. Lunch will be provided.

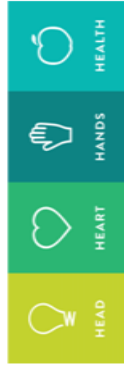
[Click here for more information on the Virginia 4-H Youth Livestock Program.](#)



PRINCE WILLIAM 4-H EVENT CALENDAR

2024 - 2025

| OCTOBER | NOVEMBER | DECEMBER | JANUARY | FEBRUARY | MARCH |
|--|---|--|--|--|--|
| 6-12 National 4-H Week | 2 Aspiring Leadership Training - Intermediate Congress | 3 PW 4-H Club & Project Leader Training (Option 1) | 7 PW 4-H Club & Project Leader Training (Option 2) | 8 Prince William 4-H Contest Day: Presentations, Table Setting, Fashion Review | 1 PW 4-H Junior Camp Registration Opens |
| 8 Proclamation at PWC BOCS | 4-5 Pajama Party SPIN Club | 5 Prince William 4-H Homemade Holiday Craft Night; Teen Club; Cloverbud Club | 11 PW 4-H Cloverbud Club | TBD Embryology Incubator Pick Up | 7-8 TALT Weekend - Junior Camp Counselor Training |
| 12 PW 4-H Cloverbud Club | 7 Prince William 4-H Engage Locally | 14 Wreaths Across America Day | 14 Prince William 4-H Association Meeting | TBD Embryology Leader Training | 11 PW 4-H Leaders' Mid-Year Meeting |
| 12-13 Shooting Ed Instructor Certification | 9 PW 4-H Cloverbud Club | 19 PW 4-H Whisper Booth Training | 17 PW 4-H Share the Fun Dress Rehearsal | TBD VA 4-H Dairy Quizbowl | 12-16 National 4-H IGNITE |
| 20-26 National Character Counts Week | 12 Prince William 4-H Association Meeting | 30 Embryology Registration Opens (closes Jan. 31) | 22 Virginia 4-H Day at the Capitol | TBD Block & Bridle Junior Stockman's, Livestock Judging, and State 4-H & FFA Meats Evaluation Contests | 15-16 Virginia 4-H Spring Air Championships |
| 19 PW 4-H Teen Club - Community Service | 14 PW 4-H Teen Club - Community Service/Project Linus | TBD Food Challenge Training | 23 An Evening with Virginia 4-H at VT | TBD Prince William 4-H Food Challenge | TBD Equismart |
| 24 Prince William 4-H Recognition Day | 16 PW 4-H Hike: 4-H Outdoor Challenge | | 24 PW 4-H Share the Fun | TBD Embryology Chick Drop-Off | |
| 29 4-H Contest Orientation - Presentations, Public Speaking, Table Setting, Extraneous | 18 PW 4-H Officer Training | | 30 PW 4-H Portfolio Training | | |
| | 29-Dec 3 National 4-H Congress | | TBD Horse Project Enrollment & Declaration Due | | |
| | 29-Dec15 TSC & 4-H Paper Clover Campaign | | | | |
| APRIL | MAY | JUNE | JULY | AUGUST | SEPTEMBER |
| 11-16 National 4-H Conference | 10 PW 4-H Cloverbud Club | 22-28 National 4-H Shooting Sports Championship | 13-17 Prince William/Stafford 4-H Junior Camp | 8-11 Prince William 4-H Fair Camp | 5-7 Virginia 4-H State Horse and Pony Championship |
| 12 PW 4-H Cloverbud Club | TBD Prince William 4-H Young Entrepreneurs SPIN Project | 24-27 Virginia 4-H Congress | TBD Southern Regionals 4-H Horse Championships | 9 4-H Northern District Shoot | 6-7 Virginia 4-H State Shoot |
| 12-13 Virginia 4-H Shooting Instructor Training | 24 1st Time Junior 4-H Camper Parents' Meeting | 24 1st Time Junior 4-H Camper Parents' Meeting | TBD 4-H True Leaders in Equity Institute (TLEI) 2025 | TBD Prince William 4-H Fair Camp | 26-Oct 5 State Fair of Virginia |
| TBD 4-H Northeast District Contest Day | | | | TBD PWC Fair/4-H Children's Barn | TBD Prince William 4-H Day |
| TBD 4-H Northeast District Food Challenge Contest | | | | | TBD Virginia 4-H Shotgun Championship |
| TBD Prince William 4-H Tree Planting Day | | | | | TBD State Fair of Virginia |



For more detailed information as events approach, see the newsletter at www.pwcva.gov/4-H.

Updated 11/26/2024

PWC Applications for 2025 College Internship Program

From Prince William County Press Release, 12/12/2024

Prince William County government is excited to announce the return of its highly successful College Internship Program, now entering its second year. This dynamic eight-week program provides students interested in public service with invaluable experience and an in-depth understanding of local government operations.



PRINCE WILLIAM
COUNTY

The program is open to students enrolled in accredited institutions of higher education who are passionate about public service and eager to learn how local government operates. Selected interns will gain professional development through skills and leadership training, mentoring, networking with executive leadership, field excursions, short-term projects and hands-on experience. This paid opportunity is designed to equip interns with the skills, tools and resources needed for long-term success in their careers.

College internship applications are now open and will be accepted through **March 2, 2025**. The program will run from **May 27 through July 18, 2025**.

"This program not only equips students with valuable skills and professional development, but also provides a glimpse into the impactful and rewarding careers available in local government," said Veronica Marquez, Human Resources Business Services Analyst who runs the intern program. "It's a chance to grow, learn and make meaningful contributions that can shape their future and the future of our community."

"Public service is one of the most meaningful ways to make a lasting impact on the lives of others, and our Internship Program is an incredible opportunity for students to step into that role," said County Executive Chris Shorter. "This program is about more than just gaining experience; it's about inspiring the next generation of public servants who will shape our communities and lead us into the future. If you're ready to make a difference, learn from experienced leaders and discover the power of public service, I encourage you to apply and be part of something bigger than yourself."

Prince William County Government is a dynamic and inclusive organization that employs approximately 6,000 individuals dedicated to serving the county's residents, businesses and visitors. With more than 30 departments, the county offers a broad range of opportunities to make a positive difference in the community.

HOW TO APPLY:

Visit pwcva.gov/internship-program to learn more and submit an application before the deadline.

HEAR FROM PAST INTERNS:

Curious about the experience? [Watch this video to hear directly from last year's participants](#) and see how the program shaped their career goals.

Crayola Creativity Week



[Click here for more information.](#)

Crayola Creativity Week is a free program for schools, libraries, and homes. Join the free celebration, Jan 27-Feb 02, 2025. Get access to seven days of downloadable resources, celebrity activity videos, and giveaways!

Register Now!

7th Annual Prince William Native Plant Symposium

2025

Saturday, February 8

9 AM - 4 PM



Baltimore Oriole on Black Willow ©Julia Flanagan/HeartEarth.com

STOP MOWING, START GROWING!

A Native Plant Symposium for Beginners & Beyond

Create a Beautiful Yard, Save Time
& Money, Improve Water Quality,
Build Habitat for Pollinators & Birds.

Keynote Speaker: Doug Tallamy
Renowned Author & Entomologist

Register here: <https://tinyurl.com/mrx53hpy>

In-Person Early Bird: \$40 ends 12/31/24

In-Person Regular: \$45 ends 02/06/25

In-Person Student: \$30 with a student ID

Door: \$55

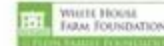
Online: \$25



Verizon Auditorium
George Mason University
10900 University Blvd., Manassas, VA 20110



NOVA Northern Virginia
Community College



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, genetic information, ethnicity or national origin, political affiliation, race, religion, sexual orientation, or military status, or any other basis protected by law. If you are a person with a disability and desire assistance or accommodation, please notify Ashley Stuthome, Prince William Conservation Alliance at (703) 490-5200 during business hours of 9 a.m. and 4 p.m. *TDD number is (800) 828-1120.

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[Prince William 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

MaryBeth Lerch

Associate Extension Agent, 4-H
mblersch@vt.edu
703-792-4536



Pam Hardin

4-H Youth Educator
phardin@pwcva.gov

DeeAnn Strand

4-H Youth Educator
dstrand@pwcva.gov

Candi Helmlinger

4-H Program Specialist,
Newsletter
chelminger@pwcva.gov

PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[4-H Online Information](#)
[The 4-H Foundation](#)
[4-H All Stars](#)
[STEM in Virginia 4-H](#)

Prince William 4-H

[PW 4-H Homepage](#)
[PW 4-H Programs](#)
[PW 4-H Camps](#)
[PW 4-H Events & Calendar](#)
[PW 4-H Document Center](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)
[Prince William 4-H Member Record - Vice President](#)
[Prince William 4-H Member Record - Officer](#)



**2024-2025 PWC 4-H
Association Officers**

Youth Officers

Lexi Strand, President
Tim Hirshey, Vice President
Cara Grahn, Secretary
Ryan Nguyen, Treasurer

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Shelby Kohn, Secretary
Sydney Nguyen, Treasurer

Committee Chairs

Fundraising Committee - Lauren Byrd
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Beyond
Ready**



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.