

## Prince Willian

Our Clubs, Our Community



October 9, 2024

#### **Upcoming Events**

Oct 10 - PW 4-H
Scholarship Apps &
Camp Counselor
Apps Due

Oct II - Coat Donations
Due

Oct 12 - Cloverbud Club

Oct 12-13 - New Instructor Shooting Ed Certification

Oct 19 - PW 4-H Teen Club Community Service

Oct 24 - PW 4-H Recognition Day

Oct 29 - PW 4-H
Contest Training

Nov 2 - VSU Aspiring Leadership Training

Nov 4-5 - PW4-H Pajama Party SPIN Club

**Nov 7** - Engage Locally!

Nov 9 - Cloverbud Club

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Recourses

#### Click to Visit



#### Celebrating National 4-H Week with Prince William 4-H



#### **NATIONAL 4-H**

As we celebrate National 4-H Week - a week of looking back on the path we've paved while also looking to the future with energy and optimism for what's to come - it's also the perfect time to share our new initiative: Beyond Ready.

The road ahead may be challenging for our youth in this rapidly changing world, yet 4-H'ers are succeeding. Data shows that compared to their peers, they're:

2X more likely to have the goal of being a leader

3X more likely to participate in community service

2X more likely to report living life with intentionality and purpose

Our mission with the Beyond Ready initiative is to grow from reaching six million youth annually to 10 million youth prepared to tackle what's ahead - n school, in work, and in life - with the 4-H community by their side along the way. We're investing in the next ready generation.



#### **VIRGINIA 4-H PHOTO CONTEST**

Click here to enter.

We're looking for photos that capture #Virginia4H in action across all four seasons. From summer camps to winter workshops, your photos could be featured in a 4-H monthly planner. Enter the Virginia 4-H Photo Contest today and help us show how 4-H makes us all #4HBeyondReady!

### PRINCE WILLIAM BOARD OF COUNTY SUPERVISORS MEETING

A HUGE 4-H THANK YOU to all of the Prince William 4-H members that came out to celebrate the proclamation of National 4-H Week in Prince William County! Click here to watch our impressive youth! (Start watching at 5:03.)

#### **ENROLL/RE-ENROLL IN 4-H ONLINE**

PW 4-H has 89 members registered in 4-H Online out of almost 600. Do not wait to enroll - all 4-H'ers must be enrolled in order to participate in ANY 4-H event/activity, including club meetings. It's free to enroll! See Page 10.

PRINCE WILLIAM 4-H SCHOLARSHIP APPLICATIONS are due TOMORROW, October 10th! All 4-H members that are seniors in high school should apply. See Page 6.

PRINCE WILLIAM 4-H CLOVERBUD CLUB meetings start THIS SATURDAY, October 12th. Be sure to enroll in 4-H Online BEFORE attending the meeting. See Page 5.

#### **ATTEND PW 4-H FLANNEL & FALL RECOGNITION DAY**

Register today and attend this special annual event on October 24th that celebrates all things 4-H! All members, new and returning are encouraged to attend. See Page 8.





## National 4-H Week





Beyond Last night, the Prince William Board of County Supervisors proclaimed October 7th-12th National 4-H Week in Prince William County. Youth representing PW 4-H had the opportunity to interact with County Supervisors and other civic leaders in our community, telling their 4-H Story and the impact that opportunities in 4-H have made in their lives. At Prince William 4-H, we're building a ready generation in a world of change! Click here to watch our impressive youth! (Start watching at 5:03.)

## PRINCE WILLIAM 4-H

## YOUNG ENTREPRENEURS

## AT THE MANASSAS PARK FARMER'S MARKET

Thank YOU for supporting our youth as they learned important business skills and are growing into our future business leaders! The 2024 4-H SPIN Project concluded with their largest market yet. We're so proud of how much they've grown. We hope you'll consider joining us in Spring 2025!









## **# 4-H GROWS HERE**





#### Trigger Time 4-H Shooting Education Club defeats Ansbach AJROTC

Trigger Time 4-H Shooting Education Club defeated Ansbach AJROTC 1106.6 to 966.3 in the 2024 National Sporter Air Rifle League. Trigger Time 4-H Shooting Education Club was led by Rebecca (P) Ahrens who shot a 290.0. The remaining contributing members were Lexi Strand, Tanner Ridings, and Noah Richter. They are from Bristow, VA, and are coached by Alan Lerch.

**September 30, 2024.** Trigger Time 4-H Shooting Education Club is competing in the Champions Division where they are currently ranked in eighth place. Within the Junior Rifle Club Conference they are in first place. They have a 1 - 0 record.

Ansbach AJROTC was led by August Bulinski who shot a 267.1. The remaining contributing members were Loch Wollenzien, Wylea Tanouye, and Katie Cook. Ansbach AJROTC is from Ansbach, Germany, and is coached by Christopher Buchanan.

Overall Ansbach AJROTC is ranked fifty-third. They have a 0 - I record.

Next up Trigger Time 4-H Shooting Education Club will compete against American Legion Post 72 from Warrenton, VA. American Legion Post 72 currently has a I - 0 record. While Ansbach AJROTC will compete against Missouri Military Academy from Mexico, MO. Missouri Military Academy currently has a I - 0 record.

The league is a national team league for high school teams and junior rifle clubs. The league has two parts. An 8 week regular season going on now, followed by the post-season.

The Champions Division is reserved for the top teams in the country. The top eight teams from the Champions Division regular season will compete in a single elimination tournament for the league championships.

In each game the teams compete in what is known as a Three-Position Air Rifle match. The match is modeled after Olympic Rifle competitions but adapted to high school age athletes. Each athlete will shoot 10 shots in three different shooting positions, kneeling, prone, and standing. Scored in decimal, each shot is worth a maximum of 10.9 points. The sum of points scored in the 30 shots is the athlete's total. The team score is comprised of the best four athletes from each team.

The National Air Rifle League is sponsored by Scopos. Scopos is the makers of the Orion Scoring System, the Athena Electronic Scoring Target System, and Rezults, the worlds first mobile friendly result website for shooting. Scopos is located in Manassas. VA.

#### Press Releases Submitted by Trigger Time 4-H Shooting Education Club

Weekly Recaps | League Standings | Box Score | Trigger Time 4-H Team Page







Congratulations to the 2024-2025 Trigger Time 4-H Shooting Education Club Officers!

President: - Lexi Strand
Vice President - Noble Richter
Treasurer - Ben Stewart
Secretary - Jubilee Richter and Sophie Carter
Reporter - Rebecca Ahrens

**Equipment Officers:** Koa Mintz (*chair*), Ayden Strand, Lee Carter, Stella Carter, Sophie Carter, Aisling Mintz, Charley Murphy, Kira Lorentz, and Ben Stewart

**Safety Officers:** Caleb Hoogasian *(chair)*, Michael DeRoche, and Nevin Theodore



















PRINCE WILLIAM 4-H

## SLOVERBUD CLUB

Meets the 2nd Saturday of the Month from October to May from 10am-Noon





## OCTOBER 12TH

AT PRINCE WILLIAM 4-H, 8033 ASHTON AVE., MANASSAS



Our October meeting features special guest Thomas Bolles from VCE who will lead our exploration on the care and feeding of small animals. We'll have a demonstration with rabbits and chickens, too. Be sure to bring a stuffed animal! Registration is free, but required.

Who Should Attend: Greater Prince William youth ages 5-8 that are interested in learning more about 4-H.\*

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in the 4-H Pillars of civic engagement. STEM, healthy living and agriculture. All 4-H projects are research and curriculum based. We lay the foundation of knowledge to help develop our future community leaders.



Learn more about 4-H at www.pwcva.gov/4-H.

To join this FREE 4-H Club, click here to register for the
October meeting. Come grow with us!

\* A parent or guardian must be present.











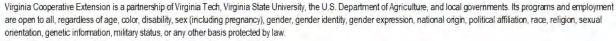












Prince William 4-H Page 6



#### Prince William 4-H Scholarships - Applications Due Oct 10th

Prince William 4-H has four scholarships available to members. All scholarship applications and nominations are due by October 10th, 2024. Scholarships will be presented at the Prince William 4-H Recognition Day on October 24th.



### 2024 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PW 4-Her. Applicants must be enrolled the Prince William 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

Please click here to apply for the 2024 Joanne Guhl Scholarship.



### 2024 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

Please click here to apply for the 2024 Bernard Malo Scholarship.



### 2024 Outstanding 4-H Member Award (Youth)

The Outstanding 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

Click here to apply for the 2024 Outstanding 4-H Member Award.



### 2024 Outstanding 4-H Volunteer Award (Adult)

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

Click here to apply for the 2024 Outstanding 4-H Volunteer Award.



# Coat Drive

Help families in need with new or gently used winter clothes and coats.



**Drop Of Location:** Prince William 4-H Headquarters 8033 Ashton Ave., #105 Manassas



TEEN CLUB Community Service boxes of Basic.

4-HT PW 4-He sege is and up \* Umited to 8 teens.



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PRINCE WILLIAM 4-H

## FLANNEL & FALL RECOGNITION DAY

#### CINNAMON SPICE AND ALL THINGS NICE!

Prince William 4-H Recognition Day is an annual celebration of our youth 4-H members and adult volunteers. All Prince William 4-H families are invited to attend. We'll have beverages and ice cream. Please bring a pie to share.

CLICK HERE TO RSVP

24 OCTOBER 6:30 WINDY KNOLL

-8:30PM

SCHOLARSHIPS · AWARDS · RECOGNITIONS PIES À LA MODE PICTURE SHOW · PERFORMERS · AND MORE!

## Virginia Cooperative Extension

### Tuesday, October 29th!

## Learn a New Skill While Having Fun!



**Prince William 4-H Contest Training** 

## Be an Expert

Share what you know with confidence! Express your opinions and knowledge through Presentation, Extemporaneous Speech, Public Speech, and Dramatic Reading 4-H learning competitions.

These challenges are meant to keep you on your toes, focused, and engaged with your audience. Public speaking is a life skill that will help you with school presentations, serving in volunteer leadership positions, communicating with teammates (and parents), and so much more. Every Prince William 4-H'er should participate in this contest to become better citizens and engage with social change that only our youth know how to do!

All 4-H learning competitions are about making the best better...that's

## Be an Influencer

Learning about textiles, fashion eras, cultures, and costumes offers opportunities to develop life skills, learn about career opportunities, and creatively impart your influence.

The Fashion Review Category is more than just styling! This category includes costume making - Halloween, Renaissance Fair, Civil War reenactments, Marvel cosplay, theater and movie costumes - as well as exploring materials, learning fabric construction techniques, understanding themes, and even thrifting. Sewing is not required to participate (but we can teach you if you're interested).

Get a head start on making your design for Share the Fun, next year's Halloween contest, an entry for the Prince William County Fair, or your school's play. Your social media account will thank you! Come to the training to learn how!

## Be a Party Planner

Who doesn't like a fun, themed party? Think outside the box when you participate in the 4-H Table Setting Contest.

Rethink etiquette by exploring holidays, cultural meals, special occasions, serving equipment, menus and more! From farm-to-table dining in Virginia, to food styling and photography, lighting, Friendsgiving, themed birthday parties, barbeques, picnics, quinceañeras...the table is always the centerpiece of excitement and essential for bringing family and friends together. Creativity and originality are welcomed!

Impress your family and friends, grow your event planning skills, enhance your cultural and culinary awareness, and discover a world of careers surrounding the social food industry. Come to the training to learn how to improve your party plan!



Attend Prince William 4-H Contest Training and learn the many opportunities that you can let your creativity flow!

DATE: Tuesday, October 29th TIME: 7 - 8:30 PM

LOCATION: McCo

**LOCATION:** McCoy Conference Room, PW 4-H Headquarters **WHO SHOULD ATTEND:** All Prince William 4-H'ers interested in perfecting their presenting skills and exploring their creativity. No past skills/experience necessary.

CLICK HERE TO REGISTER. IT'S FREE!



October 29, 2024 February 8, 2025 April 26, 2025 PW 4-H Contest Training Prince William 4-H Contest Day NE District Contest Day





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#### It's Time to Enroll/Re-Enroll in 4-H Online!

#### Click here to login to 4-H Online.

On October 1st, all Prince William 4-H should enroll/re-enroll in 4-H Online for the 2024-2025 4-H Year. Virginia 4-H policy requires all youth participating in any 4-H club, activity, or event to be enrolled PRIOR to participating. The policy will be strictly enforced this year.

- \* There is no fee to enroll in Prince William 4-H. Clubs may have their own club supply fees.
- \* Youth MUST be enrolled before participating in ANY 4-H club, activity, or event. No exceptions. This includes 4-H camps, counselor applications, scholarship applications, horse program, shooting education, all competitions, community service, etc. DO NOT WAIT to enroll.
- \* Enroll by NOVEMBER 1st to continue to receive the Prince William 4-H Newsletter.

#### **RETURNING PRINCE WILLIAM 4-H MEMBERS**

Please login to your 4-H Online account on October 1st and re-enroll. It only takes a few minutes to update your profile. Please click here for the 4-H Online Returning Member Tip Sheet.

#### **NEW PRINCE WILLIAM 4-H MEMBERS**

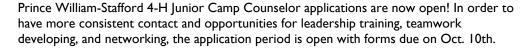
Please create an account in 4-H Online on October 1st. There is no fee to create an account. Please click here for the 4-H Online New Member Tip Sheet.

#### 4-H Junior Camp Counselor Applications - Due Oct 10



Camp Dates: July 13-17, 2025

Camp Location: Northern Virginia 4-H Education Center, Front Royal



Prince William 4-H teens ages 14 & up are encouraged to apply for a camp counselor or counselor in training position. Counselors are expected to work hard and demonstrate mature and responsible behavior throughout camp. You must be willing to set a good example with your actions and attitude. You can expect to learn a great deal about yourself, acquire leadership and mentoring skills, and have FUN! Teens selected as counselors are required to attend leadership sessions, TALT weekend ((March 7-8), counselor training in July, and the full week of camp (July 13-17).

- Teen Counselor: age 14 by Jan. 1, 2025, and has previously attended camp as CIT
- Counselor-in-Training: age 14 by July 31, 2025



#### Save the Date! Prince William 4-H Engage Locally!

Date: Thursday, November 7th

Time: 6:30-8:30 pm

Location: McCoart Atrium, Woodbridge

Details coming soon!

Engage Locally! is an annual event by Prince William 4-H to promote growth in the 4-H Pillar of Citizenship. All 4-H members are invited to attend our local opportunity to plug into our legislators, county and city government, and school officials. Our Youth Have Powerful Voices!





## Pajama Party

What's a kid to do with 2 days off from school? Stay in your PJs and get crafty! PW 4-H is hosting a 2-day pajama party where we'll actually be making pajama pants for this 4-H SPIN Project! With your friends, you'll learn the basics of how to use a sewing machine, care for a machine, basic sewing techniques, and more...with the added comfort of staying in your PJs!

## **NOVEMBER 4 & 5, 9:30 AM - 3 PM**

Prince William 4-H Headquarters

Bring a lunch and water bottle. Snacks provided.

Wear your PJs! Invite a friend!

Ages 13 - 19
Click here to register.
Registration is FREE but required.

## Virginia Cooperative Extension Virginia Tech Virginia State University



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#### Aspiring Leadership Training at VSU



Date: November 2nd Time: 9 am - 4 pm

Location: Virginia State University, Richmond

Who Should Attend: Prince William 4-H'ers ages 14-18
Click here to register. Registration closes October 20th.

**CALLING ALL YOUNG LEADERS!** Are you ready to take the lead? Join this dynamic program that focuses on leadership development, parliamentary procedure, and youth leadership initiatives. We're here to empower young people by providing the tools and real-world experiences that inspire better decision-making for the future.

At the heart of our mission is a commitment to creating a safe and supportive environment where young people can explore their academic, career, and leadership interests. Through this and other programs, you'll gain essential skills for success while growing your confidence to lead.

Take the next step toward your future—start your leadership journey with us today!

#### Virginia 4-H Food Frenzy



Dates: January 17-19, 2025 Location: Holiday Lake 4-H Educational

Center, Appomattox

Who Should Attend: PW 4-H'ers Ages 9-18 are eligible to register as a participant. Teens/Adults may apply to volunteer at this event.

Cost: Participants (ages 9-18): \$125
Teen and Adult Volunteers: \$25

How to Register: Interested participants, teen volunteers, and adult volunteers should contact MaryBeth Lerch at PW 4-H by Thursday, January 2nd.

#### Click here for more information.

Youth have the opportunity to learn and practice food safety and cooking skills. Campers will explore different cooking techniques and work with professionals in the food service industry. Whether you're new to the kitchen or looking into careers in the industry, this is the camp for you!



#### Applications OPEN for VA 4-H Teen Summit Leadership Team

#### Click here to apply. Applications due Sunday, October 13th at midnight.

Teen Summit is an event planned for teens by teens focused on youth empowerment and social equity issues. Please help us in encouraging your teens that have interest in social equity to apply to be a part of this team.

Applicants for the Teen Summit Leadership Team are required to have a reference from a trusted, supportive adult as a part of their application, as well as participate in a zoom interview. Interviews will be held on the evenings of October 23rd and 24th.

For those selected to join the team, our first meeting will be on Monday, October 28th at 7:30 pm via Zoom. The group will determine future meeting dates and times.

Please note that we may need to schedule more frequent meetings as we approach

Teen Summit is an in-person, overnight event held at a Virginia 4-H Educational Center. Leadership Team members are required to attend from Thursday night to Sunday afternoon. The exact Teen Summit dates are being determined!

A leadership retreat will be held from November 15th to 17th at the Jamestown 4-H Educational Center in Williamsburg, VA. This will be a requirement for all that are selected as part of the leadership team.



#### Apply TODAY! Virginia 4-H Youth in Action Awards

#### Click here for more information and application form.

Applications are due by Friday, November 1st.

The State 4-H Office is once again pleased to announce this exciting award opportunity for 4-H'ers across Virginia. To provide a similar system to the National 4-H Youth in Action Awards, and to encourage high quality applications for the national awards, the State 4-H Office established the Virginia 4-H Youth in Action Awards Program in 2019. The nomination process is now open for our Class of 2025 Youth in Action winners.

#### ALL PRINCE WILLIAM 4-H ELIGIBLE YOUTH ARE ENCOURAGED TO SUBMIT AN APPLICATION FOR AN AWARD!

This year's process is similar to last year in that the youth themselves may apply directly for the award. However, they are still required to obtain a letter of reference from their Extension Agent. Youth may recommend themselves for consideration in one or more of the pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. One pillar winner will be chosen from each area. Any 4-H member in Virginia ages 15-18 is eligible to be nominated.

Each of the four winners will receive:

- A \$500 mini-grant to their Unit to develop a significant community project.
- Recognition at An Evening with Virginia 4-H in January 2025
- A full scholarship to attend Virginia 4-H State Congress in June 2025, in Blacksburg, VA.
- An opportunity to be featured as the Virginia 4-H Youth Spokesperson for their pillar area.
- An opportunity to represent Virginia 4-H at a national event for their pillar area.
- Support and mentorship to apply for the 2026 National 4-H Youth in Action Awards.
- An official reference letter from the Virginia State 4-H Program Leader, Jeremy C. Johnson

Please help us recognize the wonderful work of our 4-H'ers in Virginia! Encourage your Prince William 4-H teens to apply!



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#### National 4-H

#### **IGNITE BY 4-H**

Dates: March 12-16, 2025

Location: Marriott Marquis in Washington, D.C.

Click here for more information and to register. Early bird rate ends Oct. 15th.

The four-day interactive summit helps teens find their spark through inspiring speakers, hands-on workshops, off-site experiences, career exploration, and peer connections. Ignite is a step forward in the journey of becoming beyond ready. At Ignite, teens collaborate, create, and cultivate a passion for expanding their minds and their world - becoming resilient and READY for everything life has to offer. The possibilities are endless at Ignite by 4-H.

### **2024 STEM CHALLENGE: INNOVATE WITH FOOD FOR THOUGHT** Click here for more information and to purchase kit.

Tackle food security with the Food for Thought kit. Designed for flexibility, the 2024 STEM kit can be enjoyed in or out of school, fitting any learning objective or tech availability. Developed by top universities, it's your path to impactful innovation.





#### **CLOVER BY 4-H: ENUMERATIONS**

Click here to access FREE curriculum. Grades 6-12

Get ready to discover enumerations in Python! In this activity, you'll learn how to use enums to make your code more organized and easier

to read. By grouping related values together, enums help you keep your

programs clean and simple. Excited to see how it works? Let's jump in and start coding! Please note: For this activity, please use a desktop or laptop. Mobile devices are not supported.



### LIGHTS ON AFTERSCHOOL

The time has come! We're proud to be joining the Afterschool Alliance and thousands of afterschool programs for

the nation's showcase of afterschool programs: Lights On Afterschool! On October 24th, we're helping to shine a light on the important role of afterschool programs in our community — and you can too! Click here to learn more.



REGISTER TODAY: 2025 NATIONAL 4-H CONFERENCE INFO SESSION

Click here for more info and to register.

Mark your calendar for the

2025 National 4-H Conference, April 11–16, 2025. Join USDA NIFA for an Information Session about the 2025 National 4-H Conference on November 21st at 4:00 PM ET.





Financial Education & Housing Counseling presents

#### Paying for College: Student Loans

This virtual class will present the basics about applying for the Free Application for Federal Student Aid (FAFSA), student loans and repayment options. This class is ideal for students and parents!

Date: October 17, 2024 Time: 7:00 PM - 8:30 PM

Place: Online

Pre-Register: https://bit.lv/PayingforCollegeStudentLoans



Visit our website to see the other classes we offer: www.pwcva.gov/money

Email or call: smartmoney@pwcgov.org or 703-792-6287

you are a person with a disability and desire any assistive devices, services or other accommodations to perficipals in this activity, please contact Virginia Cooperative

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#### VSU Agritourism Fall Fest

Thursday, October 24, 2024 | 10am - 3pm VSU Randolph Farm, 4415 River Rd, Petersburg, VA

Fall is in the air, and we're excited to invite you to the VSU College of Agriculture's Agritourism Fall Fest at VSU Randolph Farm. Whether you're a farmer looking to expand into agritourism or a community member looking for a fun day on the farm, this event has something for everyone!



- Explore Agritourism Opportunities: Discover how farms can profit by incorporating agritourism activities, such as growing pumpkins and mums for picking, and creating fun farm attractions like the VSU Corn Maze.
- Farmer's Market: Shop for value-added products from local producers at the VSU Farmer's Market, showcasing the best in fresh and locally-made goods.
- Pumpkin Painting & Fall Activities: Enjoy family-friendly activities, including pumpkin painting and other fall-themed fun perfect for all ages!

Don't miss the AgriCulinary Tech Chef Challenge, where talented high school culinary teams from across the state will showcase their skills by preparing a three-course meal using fresh, locally-sourced ingredients - many grown right here at VSU Randolph Farm! A panel of expert judges from the culinary, agricultural, and technology fields will evaluate their creations. Get Involved: We're also hosting a Canned Goods Drive to support underserved communities. Bring a canned food donation and receive a raffle ticket for a chance to win a special prize! The winner will be announced during the event - and you must be present to win!

Beginning Farmer & Rancher

www.vabeginningfarmer.org

#### Admission: Free (Canned good donations encouraged)

Click here to register. It's going to be an exciting day filled with education, entertainment, and fall fun for the whole family!

#### **VABFRC Educational Opportunities**

#### FIFTEEN MINUTES IN THE FOREST

Click here for more information.

The award-winning Fifteen Minutes in the Forest video series features a wide-array of topics and are shown every other Friday at 12:15 on Facebook and YouTube.

- Oct 4 The Red Oak Family
- Oct 18 Sweetgum Love it or Hate it?
- Nov I Simple Tools to Measure Your Forest Part 2
- Nov 15 A Forester Can Provide A Clear View of Your Forest Part 2 Selling Your Timber

#### MUSHROOM CULTIVATION, NORFOLK, VA

Oct 13, 9-11 am: Click here for more information. Oct 20, 911 am; Click here for more information.

Join us for a hands-on Mushroom Cultivation workshop with Jason Hess of Tidewater Mushroom Company LLC. Learn about common gourmet mushroom varieties, their health benefits, and day-today operations of an urban indoor mushroom farm. The workshop will cover the mushroom life cycle, nutrition facts, and superfood statistics. Participants will also receive a grow bag, which they will inoculate following a farm tour with Q&A, as well as an explanation of the lab, equipment, and growing mediums.



#### **BEEKEEPING 101, PETERSBURG VA**

October 16, Ipm - 4pm

Click here for more information.

A beginner's class that is perfect for anyone interested in starting their journey into beekeeping! Participants will learn the basics of beekeeping, including essential equipment, bee biology, hive management, and seasonal care.

Click here for more updates and opportunities from VABFRC.





Virginia

Cooperative Extension

## OPEN TO PRINCE WILLIAM 4-H'ERS



#### **UIRGINIA 4-H EDUCATIONAL CENTERS**

Women's Outdoor Weekend at Holiday Lake 4-H Educational Center

#### October 18-20, 2024

Come join us for a great weekend of learning and fun! Women's Outdoor Weekend is a great opportunity to make new friends, learn new skills outdoors, and get away from the busy world around us. Classes include fishing, birding, archery, canoeing, wild plant ID, self defense, outdoor survival, and more! To register, visit our website at

https://www.holidaylake4h.com/women-soutdoor-weekend or contact Tyler Cheely, Program Director, at <a href="mailto:cheelytf@vt.edu">cheelytf@vt.edu</a>.





#### Wizards Weekend at the W.E. Skelton 4-H Center

#### November 8-10th, 2024

Our annual Harry Potter-themed camp, Wizards Weekend, is happening at Skelton November 8-10! Campers ages 9-14 can participate in a weekend of magic, mystery, and Hogwarts-themed fun. Wizards Weekend costs \$125 which covers all food, lodging, supervision, and activities. Participants (campers, teens, adults) can register through our linktree:

https://linktr.ee/skelton4h. Please contact Rayna Wheeler with any questions at rjwheeler@vt.edu.

#### Winter in the Woods at Holiday Lake 4-H **Educational Center**

#### **December 7-8th, 2024**

Come and enjoy fun winter activities and games in the great outdoors. Activities include nature crafts, winter wonderland hike, cookie making, and more. For more information, visit our website at https://www.holidaylake4h.com/wi nterinthewoods or contact Jack Wagstaff, Natural Resource

**Education Coordinator, at** jwagstaff@vt.edu.





#### WINTER CLOVERBUDS AT THE **NOVA 4-H EDUCATIONAL AND** CONFERENCE CENTER

#### December 6-8th, 2024

Save the Date! Winter Cloverbud Camp Returns December 6-8th, 2024 to the NOVA 4-H Educational and Conference Center for campers ages 5-8 and a trusted adult! Join us for some classic Cloverbud fun with a Winter spin. Registration opens soon! For more information, contact Tatyana Yates, Program Director, at tatyana@vt.edu. Sign up for our email list at https://linktr.ee/nova4h

Fall 2024



# PRINCE WILLIAM 4-H

## Pajama Party

Don't forget to register early for the Prince William 4-H Sewing SPIN Project on November 4 & 5!

See Page 12 for details.

Spend your days off in your PJs learning to make pajama bottoms!

Click here to register.

CRAFTS - WINTER WONDERLAND HIKE & MUCH MORE

**REGISTRATION OPEN UNTIL NOV. 25** in the GREAT OUTDOORS!

\$90 - INCLUDES LODGING, MEALS, ACTIVITIES

Activities & Games

REGISTER THROUGH YOUR COUNTY'S 4-H EXTENSION OFFICE HOLIDAYLAKE4H.COM/CHRISTMAS-CAMP

Holiday Lake 4-H Educational Center and Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by May. An equal opportunity/affirmative action employer. If you are a person with a disability and desire assistance or accommodation, please notify Holiday Lake's Office at 434-248-5444 during business bours of 8 a.m. and 4:30 p.m. "TDD number is 6800 828-1120".



FARMING FUN WITH HORSES, LIVESTOCK, GARDENING, GAMES, CAMPFIRES, WITH MANY MORE SURPRISES AND ACTIVITIES TO SPARK YOUR CHILD'S INTEREST IN AGRICULTURE

#### REGISTER ONLINE:

https://form.jotform.com/242424298409158

S130

CAMPER

**S25** 

PER TRAINED TEEN COUNSELOR

SELECT YOUR DISCIPLINE FOR CLASSES:

HORSEMANSHIP LIVESTOCK

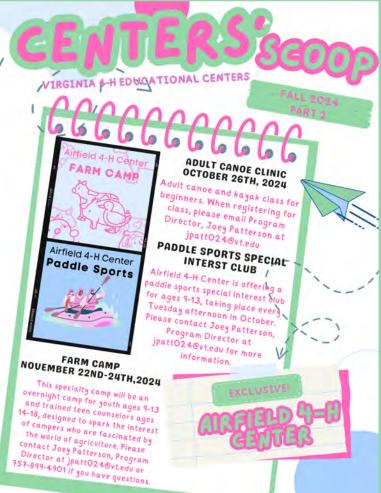
HORTICULTURE/GARDENING



FOR QUESTIONS CONTACT: JOEY PATTERSON. PROGRAM DIRECTOR JPATT024@VT.EDU 757-899-4901

15189 AIRFIELD RD **WAKEFIELD, VA 23888** 

VIRGINIA COOPERATIVE EXTENSION IS A PARTNERSHIP OF VIRGINIA TECH, VIRGINIA STATE UNIVERSITY, THE U.S. DEPARTMENT OF AGRICULTURE, AND LOCAL GOVERNMENTS. ITS PROGRAMS AND EMPLOYMENT ARE OPEN TO ALL, REGARDLESS OF AGE, COLOR, DISABILITY, GENDER, GENDER IDENTITY, GENDER EXPRESSION, NATIONAL ORIGIN, POLITICAL AFFILIATION, RACE, RELIGION, SEXUAL ORIENTATION, GENETIC INFORMATION, MILITARY STATUS, OR ANY OTHER BASIS PROTECTED BY LAW









## **Volunteers Needed!**

Help Build the New **Playspace at Fairmont Park!** 

Sponsored by



**aws** InCommunities **PRINCE WILLIAM** 

Parks & Recreation



See reverse for additional project details.



#### **BUILD WEEK**

Wednesday - Friday, Oct. 23 - 25 | 9am - 4 pm Final Build Day: Saturday, Oct. 26 | 8am - 3pm Ribbon Cutting: Saturday, Oct. 26 | 2:30pm Fairmont Park 9805 Fairmont Ave, Manassas, VA

The community has spoken and a new playground design has been selected! Build Week for the new playspace at Fairmont Park will take place October 23 - 26 and we need your help to complete the project!

KABOOM!, AWS InCommunities and Prince William County Department of Parks & Recreation ("DPR") invite you, your family and friends to help us build the new playspace during Build Week, October 23 -26.

Building an entire playground is no easy feat. It will take several days and over 100 volunteers to get the job done! Can we count on you?

Visit FairmontPark.eventbrite.com or Scan the OR code to RSVP!

#### WHAT TO EXPECT

- All tools, safety glasses and gloves will be provided
- Please wear comfortable, appropriate work attire and closedtoe shoes
- Ample parking will be available onsite
- Activities for children will be scheduled in a separate area away from the construction zone \*Parent/Guardian must be present
- Children are not required to wear safety gear
- Snacks, lunch and water will be provided throughout the day to all volunteers and children
- DPR's Show Mobile will be onsite with music to keep you energized while you work
- Food and water donations welcome
- Volunteers 18+ preferred. Teens 14 and older may volunteer with a parent/guardian



-Parks & Recreation









@pwcparks

#### Donations Needed for the Fairmont Park Build Week

#### PRINCE WILLIAM 4-H CLUB SERVICE PROJECT OPPORTUNITY!

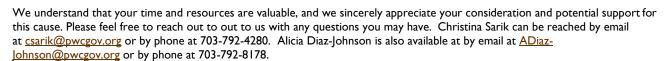
See previous page for more information on volunteering during Build Week.

Several children from the Fairmont Park neighborhood (Manassas, VA) recently spent an exciting evening at Unity Braxton Middle School designing their ideal playground. Local families and the Prince William Department of Parks and Recreation, in partnership with KaBOOM! and our corporate sponsor, Amazon Web Services (AWS), will bring these ideas to life by building their dream playground on October 23-26, 2024. We are thrilled to be able to bring these children's big dreams to life!! A playground is so much more than a safe place to pay – it is a brain-expander, a friend-maker, and a muscle-builder. Play helps kids grow healthy, happy, and successful through an experience full of creativity, exploration, physical activity, friendship, and adventure. This event is an opportunity to bring members of the community together and unite to accomplish this common goal.

**HOW CAN YOU HELP?** There are many ways to participate by volunteering time or by providing food donations for the community participating in the build. See the flyer to RSVP.

Our "wish list" of snack and food items are below. Drop offs of non-perishable items can be dropped off to reception from 8:00 – 3:30pm at George Hellwig Memorial Park. Perishable items must be dropped off to reception from 8:00 – 3:30pm at George Hellwig Memorial Park on October 21st or 22nd (or we can coordinate a pickup for a large donation). At this moment, we are looking for all of these items in whatever quantity you wish to provide. Items must be sealed and unopened.

- Coffee, Teas
- Cases of water
- Drinks (Soda, Seltzer)
- Condiments (Ketchup, Mayo, Mustard, Dry Creamer, Sugar)
- Single-Serve Snacks Chips, Nuts, Popcorn, Protein Bars, Granola Bars, Cookies, Crackers
- Kid-friendly Single Serve Snacks (Juice Boxes, Crackers, Cookies)
- Napkins, Plates, Hot Cups
- Bananas, Apples, Tomatoes, Lettuce
- Breakfast baked goods (Bear claws, doughnuts, pastries, bagels & cream cheese, etc)
- Sandwich Bread
- Cold Cuts (Cheeses, Meats)



#### WHAT TO EXPECT

- October 23: Build Week Kickoff Event with Prince William Parks & Recreation, KABOOM! and AWS In Communities onsite!
   Get the full scoop on the work area, your volunteer duties, pickup any tools and supplies needed
- October 23-25: Prep Days (help prepare the play space for the playground equipment. Work is available for volunteers of all levels of skill and ability. Sample activities include: assembling play equipment, mixing concrete, and painting murals
- October 26: Build Week Celebration! Finish the play space project; DPR's Show Mobile will be onsite with music to keep you
  energized while you work
- All tools, safety glasses and gloves will be provided
- Please wear comfortable, appropriate work attire and closed-toe shoes
- Activities for children will be scheduled in a separate area away from the construction zone. \*Parent/Guardian must be present with child(ren).\* Children are not required to wear any safety gear.
- Lunch, snacks and water will be provided throughout the day to all volunteers and children
- Food and water donations welcome
- Volunteers must be 18+ older. Volunteers ages 14+ may tag along and participate but volunteers older than 18 years old are preferred.
- Ample parking available





## ARE YOU A FARMER

- Virginia Cooperative Extension, Virginia Cattlemen's Association, and others have been contacted on how to donate and help farmers in Southwest Virginia.
- Let us know what resources you are needing including hay, feed, and fencing materials. Extension agents are working to assess farmer needs and the availability of donations.
- Fill out this survey at https://tinyurl.com/SWVAAGNEEDS or use the QR Code or contact your County Extension Office.



- · We are currently unable to accept financial donations. We plan to have this option soon working with the Virginia Cattlemen's Association. However, if you are interested in donating specific materials, we are working to coordinate those efforts.
- Complete the following form to share what materials you are willing to donate to assist farmers or if you like to be contacted when financial donations options are set up: https://tinyurl.com/HELPSWVAFARM ERS or use the QR Code or contact your local County Extension Office.







## SOUTHWEST VIRGINIA AGRICULTURE RELIEF **PROGRAM**



Saturday, October 19, 2024

#### DO YOU HAVE HAY TO SPARE?

We will be accepting hay donations for farmers impacted by Helene at multiple locations throughout Southwest Virginia on Saturday, October 19th.



Interested in donating? Please complete the following form or contact Amy Byington at (276) 698-4506: https://tinyurl.com/HELPSWVAFARMERS

Locations and drop-off times will be determined with your input as we receive donation forms.

Unable to deliver on October 19th but still interested in donating? Go ahead and complete the form. We will coordinate alternative





## SOUTHWEST VIRGINIA AGRICULTURE RELIEF **PROGRAM**



Notify us of your agricultural needs (hay, fencing, feed, etc.) so that we may be able to connect you with the proper donors!

Complete the following form or call your local Extension Office: https://tinyurl.com/SWVAAGNEEDS



#### Disaster Relief Resources for Farmers:

- · VCE Hurricane Helene Page- https://ext.vt.edu/hurricane-relief.html
- · Farm Service Agency- https://www.fsa.usda.gov/programs-andservices/disaster-assistance-program
- · Virginia Agribusiness Council- https://www.va-agribusiness.org/flood



Document all damages with photos (time stamped if possible) or video, keep all receipts, and keep log of your personal time in clean up. Contact your local Farm Service Agency to check eligibility for their disaster programs. Also, remember to contact your insurance company to report damages.

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local overments, its programs and employment are open to all regardless of age, color, disability, gender, gender identity, gender expressive storal origin, polisical affiliation, rate, religion, sexual orientation, genetic information, military status, or any other basis protected by its









## SOUTHWEST VIRGINIA AGRICULTURE RELIEF

## INTERESTED IN DONATING TO HELP FARMERS?

LOOKING TO DONATE ITEMS (HAY, FENCING MATERIALS, FEED, ETC.)?

Please complete the following form to help us coordinate donation dropoffs and logistics: https://tinyurl.com/HELPSWVAFARMERS or contact your local County Extension Office.







#### WILLING TO MAKE A FINANCIAL DONATION?

There are currently two organizations that we are working with:

#### Virginia Cattlemen's Association

#### Virginia Farm Bureau





AM 4-H	MARCH	PW 4-H Junior Camp Registration
PRINCE WILLIAM 4-H EVENT CALENDAR	FEBRUARY	8 Prince William 4-H Contest 1 Day: Presentations, Table
PRIN EVE	JANUARY	7 Club & Project Leader Training
)25	DECEMBER	Embryology Registration Opens (closes Jan. 31)
4 - 2(	NOVEMBER	2 Aspiring Leadership Training 1 - Intermediate Congress
202	OCTOBER	6-12 National 4-H Week  8 Proclamation at PWC

NOVEMBER		DECEMBER	
Aspiring Leadership Training 1 Intermediate Congress	-	Embryology Registration Opens (closes Jan. 31)	
Pajama Party SPIN Club	3	Club & Project Leader	
Prince William 4-H Engage		Training	

Opens (closes Jan. 51)	Club & Project Leader Training	Prince William 4-H Homemade Holiday Craft Night, Teen Club; Cloverbud Club
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Club & Project Leader	7	11 Clov
Training	4	Princ
Prince William 4-H		Asso
Homemade Holiday Craft	17	Sha
Night, Teen Club;	-	Doh
Cloverbud Club	9	
Wreaths Across America	22	Virg
Day		Cap

ises Jan. 31)		Training
ject Leader	Ξ	Cloverbud
am 4-H	4	Prince Willi Association
e Holiday Craft n Club; Club	17	Share the F Rehearsal
cross America	22	Virginia 4-H Capitol

Training	Cloverbud Club	Prince William 4-H Association Meeting	Share the Fun Dress Rehearsal	Virginia 4-H Day at the Capitol
	Ξ	4	17	22
ses Jan. 31)	ect Leader	m4H	Holiday Craft Club;	ross America

11 Cloverbud Club	Prince William 4-H Association Meeting	Share the Fun Dress Rehearsal	Virginia 4-H Day at the Capitol	23 An Evening with Virginia 4-H
7	4	17	22	23
ct Leader	14H	Holiday Graft Club;	oss America	

Day Presentations, Table Setting, Fashion Review TBD Embryology Incubator Pic Up TBD Embryology Leader Traini TBD VA 4-H Dairy Quizbowl TBD Block & Bridle Junior	Stockman's, Livestock H Judging, and State 4-H & FFA Meats Evaluation
	-

Prince William 4-H Contest	Day. Presentations, Table	Setting, Fashion Review	
5.2			

8 TALT Weekend - Junior Camp Counselor Training	PW 4-H Leaders' Mid-Year
7	-
ick	guin

Opens

PW 4-H Leaders' Mid-Year Meeting	12-16 National 4-H IGNITE	15-16 Virginia 4-H Spring Air
=	12	4

D Prince William 4-H Food
TBD

Challenge	
	TOOL

Contests

Share the Fun Show

24

at VT

Day

18 Officer Training & Teen Club

Teen Club - Community

13

Service

Prince William 4-H

24

Recognition Day

Association Meeting. Prince William 4-H

17

20-26 National Character Counts

Week

Cloverbud Club

Locally

12-13 Shooting Ed Instructor

Certification

12 Cloverbud Club

29-Dec 3 National 4-H Congress

29-Dec15 TSC & 4-H Paper

Clover Campaign

TBD Food Challenge Training

4-H Contest Orientation Presentations, Public Speaking, Table Setting,

58

Extemporaneous

14

Portfolio Training

30

I BD Equismartz

TBD Embryology Chick Drop-Off

TBD Horse Project Enrollment &

Declaration Due

22-28 National 4-H.9
Cloverbud Club
10
11-16 National 4-H Conference

nce 1		
11-16 National 4-H Conference	Cloverbud Club	12-13 Virginia 4-H Shooting Instructor Training
11-16	12 CI	12-13 h

Entrepreneurs SPIN Project BD Prince William 4-H Young

TBD 4-H Northeast District Contest Day Spring TSC & 4-H Paper Clover Campaign TBD

TBD 4-H Northeast District Food Challenge Contest

TBD Prince William 4-H Tree Planting Day

JOLY

24-27 Virginia 4-H Congress 22-28 National 4-H Shooting Sports Championship

Camper Parents' Meeting 1st Time Junior 4-H 24

## 8-11 Prince William 4-H Fair Camp

13-17 Prince William/Stafford

4-H Junior Camp

5-7 Virginia 4-H State Horse and

Pony Championship

SEPTEMBER

AUGUST

4-H Northern District Shoot 6

TBD Prince William 4-H Fair Camp

TBD 4-H True Leaders in Equity

Institute (TLEI) 2025

Horse Championships

TBD Southern Regionals

TBD PWC Fair/4-H Children's

26-Oct 5 State Fair of Virginia

6-7 Virginia 4-H State Shoot

TBD Prince William 4-H Day TBD Virginia 4-H Shotgun Championship

TBD State Fair of Virginia





Updated 10/01/2024

#### Your Dedicated PWC 4-H Staff

#### PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

#### Click to Visit Online:

Prince William 4-H Virginia State 4-H National 4-H



#### MaryBeth Lerch

Associate Extension Agent, 4-H 4-H Youth Educator mblerch@vt.edu 703-792-4536



#### Pam Hardin

phardin@pwcva.gov

#### DeeAnn Strand

4-H Youth Educator dstrand@pwcva.gov

#### Candi Helmlinger

4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

#### PWC 4-H Resources

#### National 4-H

National 4-H Homepage

#### Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars

STEM in Virginia 4-H

## Prince William 4-H

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

#### Portfolio Records

Member Record

Cloverbud Sheet

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

#### Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President Prince William 4-H Member Record - Officer





#### Youth Officers

Lauren Byrd, President Vacant - Vice President Samantha Erick, Treasurer Vacant - Secretary

#### **Adult Officers**

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Vacant - Secretary

#### Committee Chairs

Fundraising Committee - Lauren Byrd Recognition Committee - Alan Lerch Membership Committee - 4-H Staff





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