



Minutes of Regular Meeting

25 June 2024

McCoart Building, Occoquan Conference Room,
1 County Complex Ct, Woodbridge, VA 22192

Present: Nancy West, Occoquan District; Chair
Sandra Dawson, Woodbridge District; Vice Chair
Mickey Feeley, Coles District; Secretary
Joshua Lee, Acting Director, Prince William (PW) Area Agency on Aging (AAA)
Diana Paguaga, Representative-At-Large
Scot Crockett, Brentsville District
Eileen Fowler Thrall, Potomac District
Juanita Chamberlain, Vice President, Friends of Senior Center at Woodbridge
Brenda Carswell, American Association of Retired Persons (AARP), Virginia

Absent: Brian Fulton, Neabsco District
Barbara Reese, President, Friends of Senior Center at Manassas

Visitors: Viola Legree, Citizen
Victoria Bruie-Owens, Woodbridge Senior Center
Elena Alergant, Manager, Northern Virginia (NV) Rides

1. Meeting was called to order at 10:00 a.m. and Pledge of Allegiance recited.
2. **Citizens Time:** Two individuals provided comment during the public comment time.
 - a. Ms. Viola Legree requested assistance with her personal struggles providing for her husband with Dementia. Joshua Lee provided her his contact information.
 - b. Ms. Elena Alergant provided information on the Northern Virginia Rides program. The NV Rides program provides free rides for Senior Veterans in PW County; volunteer drivers are needed and vehicle insurance is provided. A total of 964 rides were provided in 2023. More information is available on the NV Rides website <https://nvrides.org/>.

3. Discussion: Mickey Feeley led a discussion on the annual COA legislative priorities development process.

a. The COA will use the same e-mail review process as last year and include inputs from the Commonwealth Council on Aging, Northern Virginia Aging Network (NVAN), and the AARP.

b. The COA legislative priorities will be completed prior to the October COA meeting.

4. Administrative Items: Mickey Feeley provided a review of all documents contained in each attendee's folder. Nancy West asked for a motion to approve the 28 May 2024 COA minutes. Diana Paguaga made a motion to approve the minutes, Sandra Dawson seconded the motion, with all present members affirming. The 28 May 2024 minutes are approved with corrections.

5. Director's Time: Joshua Lee provided updates to ongoing programs, projects, and issues with the PW AAA.

a. Waitlists will continue with the current PW AAA budget and staffing limitations. The Commission members agree we should advocate for increased resources. Joshua will work with the Commission to provide statistics and relative information to advocate to the Board of Supervisors.

b. Joshua stated the Fiscal Year 2025 Area Plan Budget from the Department of Aging and Rehabilitative Services was released. He will discuss the budget at the next COA meeting.

c. Personal Care waitlist is currently thirty-one (31).

d. The Meals on Wheels program is still in need of volunteers. Woodbridge waitlist is thirty-four (34). The group discussed potential ways to increase volunteer participation.

e. The Adult Daycare waitlist is twenty (20).

f. There is a Senior Center transportation waitlist of four (4) for the bus service to and from the facilities.

g. The new hire Recreation Specialist started on 28 May.

h. The Health Aid position is filled; the new hire starts early August.

i. The Prince William Health District will provide free flu vaccinations on 25 September 2024. Time and location to be determined.

6. **Chairpersons Time:** Nancy West reported the Town Council of Manassas notified her that Dominique D'Antignac resigned from the COA. Nancy sent an e-mail to Supervisor Weir asking him to appoint a representative to the COA and also, the Gainesville representative position remains vacant since December 2022. Nancy shared an article from, "Inside Nova" regarding the Bluebird Tour program.

7. **Standing and Informational Committee Reports:**


- a. Housing: No report.
- b. Northern Virginia Aging Network (NVAN): Mickey attended the 2024 NVAN Legislative Breakfast meeting. The breakfast is scheduled for 20 September at the Country Club of Fairfax.
- c. Friends of Senior Center Manassas: No report.
- d. Friends of Senior Center Woodbridge: Juanita Chamberlain reported on events at the Woodbridge Senior Center. The Center recently held an international dance event.
- e. AARP: Brenda Carswell reported she is working with the NVAN and AARP State Advocacy Team to develop legislative priorities.

8. **New Business:** No new business.

9. **Old Business:** No old business.

10. **Commission Member Announcements:** Eileen Thrall stated Supervisor Bailey is holding a Strategic Plan Focus Group online this evening from 6:30 p.m. to 8:30 p.m. Eileen plans to raise the need for a Senior Center in Dumfries at the meeting. She also reminded all that the Town of Dumfries hosts a luncheon on the third Friday of every month that is open to the public. The luncheon features a guest speaker and typically has about thirty (30) participants. Scot Crockett mentioned that Senior related issues are much broader and can affect the entire family. Brenda Carswell identified that the AARP is focusing outreach to a younger audience and includes caregivers.

11. Meeting adjourned at 11:40 a.m.


Mickey Feeley, Secretary

Approved: _____
23 July 2024

Listing of Handouts in Record Copy (available upon request to the Secretary):

1. Agenda
2. COA Minutes – 28 May 2024
3. Executive Committee Meeting Minutes dated 11 June 2024
4. PW AAA COA Updates June 2024 document.
5. NVAN 2025 Platform Legislative Priorities document
6. Sandy Markwood Bio document
7. COA Meeting Schedule with Topics for 2024
8. COA Local Government Appointee & Prince William Area Members Roster
9. Sign in sheet.