

Prince William 4.H

Our Clubs, Our Community

July 31, 2024

Upcoming Events

Jul 28-Aug I - VA 4-H Shooting Education Camp

Jul 31-Aug 4 - Southern Regionals 4-H Horse Championship

Aug 7 - PW 4-H Workday at the Fair

Aug 9-17 - PWC Fair, PW 4-H Children's Barn & Exhibits

Aug 10 - VA 4-H Northern District Shoot

Aug 12-16 - PW 4-H Fair Camp

Aug 24 - PW 4-H Young Entrepreneurs Market Day

Sep 6-8 - VA 4-H State Horse & Pony Championship

Sep 7-8 - VA 4-H State Shoot

Inside this issue:

Prince William 4-H 2 Updates

Virginia 4-H Updates

From Our Partners 6

Contacts & 8
Recourses

Click to Visit



ALL 4-H HELPING HANDS NEEDED AT THE BARN!



It's time for our final workday before the PWC Fair and we need all available 4-H hands! Wear work clothes, bring gloves and brooms, and be ready to build our display at the 4-H Children's Barn.

DATE: Wednesday, August 7th **TIME:** 10 AM - 2 PM

LOCATION: PWC Fairgrounds, 10624 Dumfries Rd., Manassas Click here to register to volunteer! Registration helps us communicate changes directly to volunteers as well as prepare the space for the

number of volunteers.





DON'T
FORGET TO
BRING
LUNCH,
WATER
BOTTLE OR
SNACK!

PW 4-H Fair Camp Counselor Training

We're ready for camp! Our PW 4-H Fair Camp Counselors have completed their training and are prepared to lead, mentor, and celebrate all things 4-H at camp!



Prince William-Stafford 4-H Junior Camp



Campers & Counselors: Please click here to complete a 4-H Junior Camp Survey!

Your feedback from camp is important! The staff at PW 4-H works throughout the year to develop classes and activities for 4-H Junior Camp. Your feedback helps us offer classes in topics that YOU want to learn. We also work with the teen counselors to make sure all campers are supported and set up for success. The more we know the better we can serve you!

NO NEWSLETTER AUG 7th AS WE PREPARE FOR THE PWC FAIR

Page 2 Prince William 4-H

Prince William County Fair Updates

Click here for the PWC Fair website.

CONTESTS FOR 4-H'ERS

All Prince William 4-H'ers are encouraged to participate in the PWC Fair contests! In particular, 4-H'ers may submit their 4-H portfolios for awards. We've also worked on photography this year and our PW 4-H Young Entrepreneurs may have items that they created to submit under home arts. Let's show Prince William what 4-H'ers can do!



2024 Livestock & Home Arts

Click here for rules and entry form.

- Special Junior Awards for 4-H and FFA youth in agriculture categories including: dairy cattle, beef cattle, swine, dairy goats, boer goats, sheep, poultry, and rabbits.
- Special Junior Awards for youth in home arts categories including (beginning on page 51): food preservation, handicrafts & 4-H project books, ceramics, art, and photography.



2024 Fair Pageant

Click here for rules and entry form.

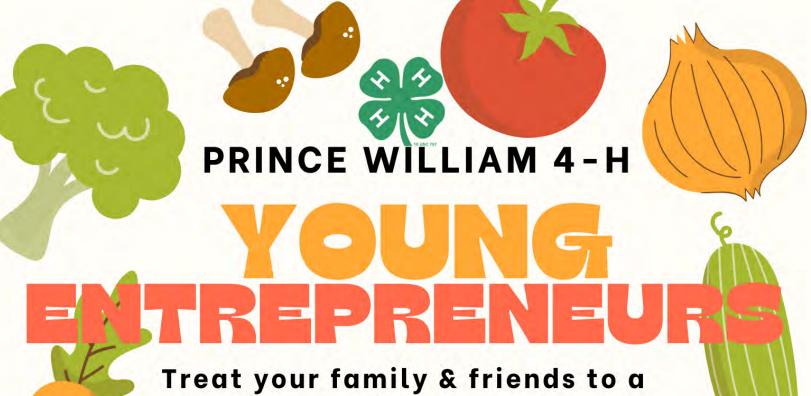


ADULT & YOUTH VOLUNTEER SIGNUP FOR PWC FAIR IS OPEN!

Click here to volunteer.

It's 4-H time at the PWC County Fair! Each summer, Prince William 4-H hosts the Children's Barn activity exhibit and the Ag Barn exhibit at the PWC Fair. We need all 4-H families to volunteer for a slot to bring the best of 4-H to the fair!





Treat your family & friends to a day of shopping at our August Market Day!

FEATURING:

Lyra, Cora, Diallo, Sophie, Lee, Stella, Thomas, Maria, Jacklyn, Josaphine, Nisanar, Istau, Koa, Aisling, Xanthie, Tonchi, Chloe, & Sarah



Manassas Park Farmer's Market 100 Park Central Plaza Manassas Park, VA

Virginia Cooperative Extension

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agnus are and local governments. Its programs and employment are open to all regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis projected by law.

Page 4 Prince William 4-H



Volunteers Needed for the State Fair of Virginia VCE Exhibit

Dates: September 27th - October 6th Location: 13191 Dawn Blvd., Doswell, VA

Last year we debuted a new Virginia Cooperative Extension Exhibit at the State Fair of Virginia. We've secured the same exhibit space in the Meadow Pavilion for this year.

Prince William 4-H adult volunteers and youth are encouraged to contact MaryBeth Lerch at mblerch@vt.edu if you are interested in volunteering at the State Fair. This is an amazing opportunity to help showcase Extension programs - specifically 4-H - and make the public aware of what Extension does. This is also a terrific state-level activity to add to your 4-H resume and Virginia 4-H All Star application. Click here to see a video from last year's fair.

Virginia



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disability, sex (including pregnancy), gender, gender identity,

gender expression, national origin, political affiliation, race,

religion, sexual orientation, genetic information, military

status, or any other basis protected by law.

employment are open to all, regardless of age, color,

Virginia 4-H Pork Challenge

Date: August 24th Time: 10 am

Location: George Washington Carver Center, Rapidan, VA Click here for contest rules and

Registration due August 1st. Contest is limited to 10 teams.

Calling all PW 4-H'ers! Up your food challenge game with this product specific challenge!

This contest is being offered through grant funding received by the Virginia Pork Council. Similar to the 4-H Food Challenge, this contest will allow participants to use their creativity to create a dish using pork as the main ingredient.



2024 State 4-H Horse Show - Opportunities for ALL 4-H'ers!

Dates: September 5-8 Location: Lexington, VA

Click here for the Virginia 4-H Horse Program Website.

Click here fore the Virginia 4-H State Championship Horse & Pony Show Website.

* AUGUST IOTH: deadline for payments and agents/club leaders to return the

Orientation Google Form/Other Paperwork



ACTIVITIES OPEN TO 4-HERS AT THE STATE HORSE SHOW

ART AND PHOTOGRAPHY

Open to any enrolled Virginia 4-H Youth, not just those entered at the State Horse Show. Entries must be delivered to the State 4-H Show or can be mailed/delivered to Kim Mayo. Click here for Art Contest Information and Entry Form. Click here for Photography Contest Information and Entry Form

RECORD BOOK AND PORTFOLIO

Entries are limited to ONE entry/category/age division/unit. Youth may enter a Record Book OR a Portfolio and each Unit is limited to ONE Junior Record Book, One Senior Record Book, One Junior Portfolio, and One Senior Portfolio. All entries MUST come from the Unit Extension Office. Contact MaryBeth Lerch at PW 4-H to submit an entry. Click here for more information and rules.

CONNIE COLLIER SCHOLARSHIP

The Connie Collier Scholarship will provide monies to VA 4-H Horse Program participants who have met Horse Program requirements and pursue post-secondary education before the age of 25. Applicants must be Senior level members and must be enrolled in the 2nd or greater year of the 4-H Horse Program. <u>Click here for more information about the scholarship.</u> <u>Click here for the application. The application deadline is August 15th.</u>

LEG UP AWARD

Designed to recognize an outstanding and inspirational 4-Her in the horse project that attends the 2024 State Horse Show. More details can be found in the 2024 State 4-H Horse Show Rulebook. Click here for nomination form. Application deadline is Aug. 15.

STATE SHOW KNOWLEDGE COMPETITIONS

Open to any enrolled Virginia 4-Her, not just those entered at the State Horse Show. No pre-entry required. This is a come as you can event. 4-Hers may come and compete at any time in the 9-4 PM timeslot.

- Horse Bowl Saturday, September 7th 9 AM 4 PM
- Hippology and Horse Judging Friday, September 6th 9 AM 4 PM

Virginia 4-H Shooting Sports Updates

2024 VIRGINIA 4-H STATE SHOOT MATCH

Dates: September 6-8

Location: Holiday Lake 4-H Center

Registration is due Monday, August 5th. Click here for the match announcement.

VA 4-H SHOOTING EDUCATION AMBASSADOR

Applications due Monday, August 26th by 5 pm.

Click here for more information and to apply.

The Virginia 4-H Shooting Education Ambassador Program is an honor/service organization that offers teens the opportunity to demonstrate and build upon their skills in citizenship, leadership, and public speaking as they travel around Virginia serving as advocates and spokespersons for 4-H Shooting Education.

VIRGINIA 4-H SHOOTING EDUCATION INSTRUCTORS RECERTIFICATION

Save the Date! VA 4-H Shooting Education instructors that were certified in 2017 will need to attend the recertification session scheduled for November 2nd. More info coming soon!



Prince William 4-H Page 6



VAE4-HYDP Updates for Adult 4-H Club Leaders

CURRICULUM TRAINING: YOUR FEELINGS/THOUGHTS MATTER

Date: August 21st Time: 1-5 PM

Location: VAE4-HYDP Conference, Newport News Marriott at City Center, Fountain Plaza 2 Click here to register. Register by August 1st.

These programs are designed to equip you with valuable tools and techniques to support young people in understanding and managing their emotions and mental health.

Your Feelings Matter: Designed for younger youth, focuses on exploring emotions, effective expression, and positive reactions. During this training, you will learn various strategies to help youth navigate emotional situations and foster a foundation of emotional intelligence.

Your Thoughts Matter: Targeted towards advanced-level youth, dives into the importance of mental health and well-being. Participants will gain insights into promoting understanding and action in their communities.

2024 VAE4-HYDP ANNUAL CONFERENCE

Date: August 20-21

Location: Newport News Marriott at City Center

Registration is free for association members. Click here for more information and to register.

Join us for 4-H Night with the



FredNats!



When: August 6th, 2024 Where: Fredericksburg Nationals Stadium Fredericksburg, VA Who: 4-Her's and their families What: A fun and exciting night out at a FredNats game! Sit with other 4-Her's, join in on a pregame parade on the field, and so much more!

Price: Tickets are around \$18 (processing fees may be applied)



Want to join us? Please scan the QR code or follow the link to buy your ticket now! https://fevo-enterprise.com/event/4h5 For more information, please contact your local Extension Office.

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4-H Resources from AKC



The 4-H Dog project is a wonderful way for youth to explore working with dogs. They can learn about raising and AMERICAN training dogs, starting in sports and KENNEL CLUB events, health issues, basic first aid, and careers with dogs. The resources

available through AKC can compliment the 4-H Dog Project activities.

About the 4-H Dog Project Presentations

The 4-H Dog Project presentations available through AKC Public Education are a versatile tool, serving as a visual guide to accompany the Florida 4-H Dog Project Manual. These lessons and activities are designed to be easily adaptable by 4-H leaders, ensuring they can be tailored to best suit the age and level of the 4-H participants. Each module contains exit ticket(s) and an end-of-unit assessment.

About the Florida 4-H Dog Project Manual

The Florida 4-H Dog Project Manual is an extensive guide that provides 4-H leaders and participants with a "comprehensive, solid foundation when it comes to raising, caring for, training and participating in dog events and activities" (Florida 4-H Dog Manual pg.5). Although some specific regulations may change from state to state, the overall information about dogs, dog sports, and canine health is consistent.

Click here to learn more and access the presentations.

Virginia Cooperative Extension

Virginia Tech · Virginia State University

Financial Education & Housing Counseling Program

Invites you to attend our virtual seminar:

Youth Financial Empowerment

Empower yourself and your finances!

Budgeting Basics

Learn the basics of budgeting, to help keep your goals on track. August 1, 2024 @ 2:00PM

To register:

bit.ly/YouthFinancialEmpowerment



For questions email: smartmoney@pwcgov.org



Register Early!

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Virginia Cooperative Extension at 703-795-6287 /TDD* during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. *TDD number is (800) 828-1120.

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HELPING YOUTH THREE

Prince William 4-H www.pwcva.gov/4-H

Prince William youth THRIVE in 4-H!

- Spark new interests
- Make new friends
- · Engage with your community
- Gain leadership skills

...is there anything 4-H'ers don't do?

4-H is a community of young people across America who are learning leadership, citizenship, and life skills while pledging their heads, hearts, hands and health to better living for their club, community, country and world.

4-H Clubs

4-H Activities

4-H Camps

4-H Recognition

WE LEARN BY DOING!







Prince William 4-H Clubs are open to youth ages 5-19. They can be established in-school, after-school, or as independent clubs, and are volunteer led.



Clubs focus on the 4-H Pillars of Citizenship, Healthy Living, STEM, and Agriculture. Research-based curriculum and activities are readily available through Prince William 4-H.



4-H Youth participate in annual competitions at the local, district and state level, build portfolios, complete projects, engage in community service, conduct elections, attend camps and special interest activities, and have fun exploring their unique interests.

Visit www.pwcva.gov/4-H to learn more and THRIVE with 4-H!



JOIN A CLUB



START A CLUB



VOLUNTEER

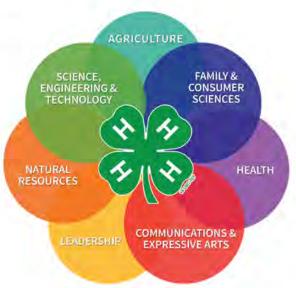
Begin your 4-H Story with Prince William 4-H! The world is changing all around us. It's time to THRIVE with 4-H and make a positive difference in our Greater Prince William community!



Prince William 4-H

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Your Dedicated PWC 4-H Staff

PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online:

Prince William 4-H Virginia State 4-H National 4-H



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PWC 4-H Resources

National 4-H

National 4-H Homepage

Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars STEM in Virginia 4-H

Prince William 4-H

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

Portfolio Records

Member Record

Cloverbud Sheet

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President Prince William 4-H Member Record - Officer



2023-2024 PWC 4-H **Association Officers**

Youth Officers

Lauren Byrd, President Sam Seagle, Vice President Samantha Erick, Treasurer Lexi Strand, Secretary

Adult Officers

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Lauren Byrd Recognition Committee - Alan Lerch Membership Committee - 4-H Staff











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