

VOLUNTEER TODAY

Meals on Wheels

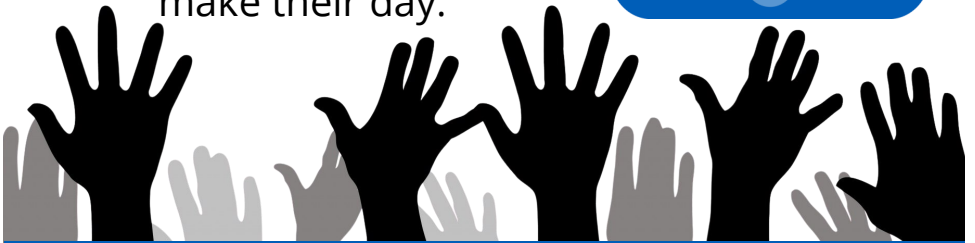
ONE POWERFUL KNOCK!

A knock at the door might not seem like a big deal to many of us, but to a homebound senior, it could signal the arrival of the only person they might see all day.

It brings hope.

It brings health.

It brings the nutrition and care that will completely make their day.



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