

# Prince William 4-H

Our Clubs, Our Community



June 12, 2024

## **Upcoming Events**

Jun 12 - PW 4-H Young Entrepreneurs' Market Day

Jun 15-17 - National 4-H Citizenship Washington Focus

Jun 18-21 - VA 4-H State Congress

Jun 22-28 - National 4-H Shooting Sports Championship

**Jun 26 -** Workday Wednesday

Jun 26 - Virginia 4-H/FFA Livestock Judging

Jun 27 - First-time Junior Camper Parents' Meeting

Jul 3 - Workday Wednesday

Jul 7-11 - 4-H True Leaders in Equity Institute (TLEI) 2024

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Recourses

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## Time to Get Ready for the PWC Fair Contests for 4-H'ers



Did you know that Prince William 4-H'ers can participate in contests at the Prince William County Fair? It's time to start preparing! The fair is a terrific opportunity to receive feedback, improve, and build your 4-H resume. These two categories have special awards for 4-H youth:

# HOME ARTS: FARM & GARDEN PRODUCE, FLOWERS & GARDENS, FOOD PRESERVATION, BAKED GOODS, HANDICRAFTS, CERAMICS, ART, AND PHOTOGRAPHY

This is a perfect opportunity for our Prince William 4-H Young Entrepreneurs to get product feedback as well as win awards for products! No entry fees are charged for youth. Each exhibitor may enter only one item per class. All exhibits must have been canned, baked, made, or grown by the exhibitor, except flower arrangements where some materials may be purchased. All entries must have been canned, baked, made, or grown by the exhibitor. 2024 Contest rules and entry form coming soon.

## **4-H PROJECT BOOKS**

Available to ALL Prince William 4-H'ers! 4-H youth may submit last year's or this year's (if complete) project book in the Youth Home Arts Educational category. 4-H Project Books are scored against a rubric and awarded ribbons for top scores. 2024 Contest rules and entry form coming soon.

## Workday Wednesdays Begin June 26th - Sign Up TODAY!



**Dates:** Wednesdays

June 26, July 3, July 10, July 24, July 31, August 7

Time: 10 AM - 2 PM

<u>Click here to register to volunteer!</u> Registration helps us communicate changes directly to volunteers as well as prepare the space for the number of volunteers.

It's time to earn your volunteer service hours! Workday Wednesdays begin June 26th and occur most Wednesdays leading up to the Prince William County Fair in August. Come by Prince William 4-H Headquarters for the duration, or for a few hours, to help prepare PW 4-H Fair Camp and 4-H Children's Barn activities.

## **DON'T FORGET TO BRING LUNCH, WATER BOTTLE OR SNACK!**

ADULT MALE CHAPERONES NEEDED FOR PRINCE WILLIAM-STAFFORD 4-H JUNIOR CAMP! CONTACT MARYBETH LERCH AT MBLERCH@YT.EDU TO LEARN MORE ON HOW YOU CAN HELP ENSURE THAT 4-H CAMP IS AN #OPPORTUNITY4ALL.













PRINCE WILLIAM 4-H

# YOUNG ENTREPRENEURS

AT THE

# MANASSAS PARK FARMERS MARKETS

SATURDAY, JUNE 8TH

VRE COMMUTER LOT

9300 MANASSAS DRIVE

9 AM - 2 PM

VENDORS: LYRA, CORA, LAUREN,
MICHEAL, ZAYNAB, NISANUR, ISATU,
CHARLEY

CITY HALL

100 PARK CENTRAL PLAZA

3PM -7PM

VENDORS: KOA, AISLING, XANTHIE, TONCHI, ADAM, LEXI, AYDEN, SOPHIE, LEE, STELLA, THOMAS

Treat your family and nicodate a day of shopping at our Prince
William 4-H Young Entrepreneurs'
first market days!







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## **Updated PW 4-H Fair Camp Counselor Training Dates**

Click here to sign up for training days.

#### CAMP CORE TRAINING (choose 1) - at PW 4-H Headquarters

Tuesday, June 25th 6-8:30 PM
 Monday, July 29th 10 AM-12:30 PM

#### **CAMP DETAILS TRAINING** (choose 1) - at PW 4-H Headquarters

Thursday, June 27th 10 AM - 12:30 PM
 Wednesday, July 31st 6-8:30 PM

#### **CAMP COUNSELOR WORKDAY AT THE FAIR**

Wednesday, August 7th 9 AM -12 PM

## Virginia 4-H All Stars



## VIRGINIA 4-H ALL STAR TAPPING CEREMONY

Date: June 20th

**Location:** Squires Student Center, Commonwealth Ballroom, Virginia Tech **Schedule:** 9:30 - I I:30 am 4-H All Star Tapping Ceremony Practice

12:45 pm Shuttle from the Coliseum Parking lot to Squires begins

2 - 2:45 pm 4-H All Star Tapping Ceremony 2:45 - 3:30 pm 2024 4-H All Stars Orientation

#### **VIRGINIA 4-H ALL STAR SUMMER CONFERENCE**

Dates: July 20th - 21st

Location: Woodstock, Virginia

Prince William 4-H All Stars are encouraged to participate in Summer Conference. The planning committee has worked hard to plan and organize the weekend for 4-H All Stars! 4-H'ers should check their email for the Virginia 4-H All Star recent newsletter for more information.

## Virginia 4-H Shooting Sports Updates



## **CENTRAL DISTRICT 4-H SHOOT**

Date: Saturday, July 13th

Location: Holiday Lake 4-H Center, 1267 Camp Rd., Appomattox, VA

**Registration:** E-mail registration to soggybottomcows@yahoo.com no later than Tuesday, July 2nd **Who Should Attend:** Open to all VA 4-H Shooting Education Members If range space is limited, 4-H shooting clubs in the Central District will have priority over clubs outside the district.

Entry Fees: \$35 per shooter; \$40 if competing in shotgun (does not include lunch or lodging)

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Events: Air Pistol (Progressive Position), Air Rifle (3-Position), Archery (Compound, Traditional, Instinctive, and National), BB Gun (4- Position), Shotgun (Trap & Skeet), Smallbore Pistol Silhouette (only for senior 4-H members) and Smallbore Rifle (3-Position & Silhouette) Competitors will only be allowed to register for four events, including two separate archery events.

Awards: Ist, 2nd & 3rd place individuals in each age division 1st place team in each age division except where noted in program

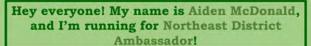
## **SAVE THE DATE!** 2024 RL HARRIS JR MEMORIAL 4-H SHOTGUN CHAMPIONSHIP

Date: Saturday, September 21st

Location: Arrowhead Gun Club, Chase City, VA

More info coming soon!

Arrowhead Gun Club has a brand new 14 station, 100 target sporting clays course!





#### MY EXPERIENCE:

- Virginia 4-H State Cabinet
- Northern Teen Leadership Council Secretary
- Junior Camp Counselor
- \* Prince William County 4-H STEM Teen Leader

#### MY PROMISE TO YOU:

- Faithfully represent you and be your voice in State matters!
- MORE Outreach (I want people to know about 4-H sooner than I did!)
- PLAN and RUN a service activity for the Northeast District!



## Virginia 4-H Horse Program



## 2024 STATE 4-H HORSE SHOW

Dates: September 5-8
Location: Lexington, VA
Youth planning to compete at the
2024 State Horse Show must have
been enrolled in 4H Online by Feb. I,

2024. These, and other entry forms and horse show information, are also available on the 4-H Horse Program website. Click here for link to documents and additional information.

- 4h Online Horse Declarations must be completed and approved by July 1st
- Horsemanship Skills Levels 1 & 2 must be completed by all youth riding at the State Show by July 31st
- Youth must be qualified at an approved qualifying show or clinic prior to July 31st

Upcoming opportunities to qualify at a show/clinic for the State 4-H Horse Show include the following. Click here for the Virginia 4-H State Horse Show website with information about entry, skills testing, and more. All district horse shows are open to ANY youth from across the state to attend and qualify, regardless of their unit of enrollment.

Click here for <u>Qualifying Shows</u>
Click here for the <u>Horsemanship Skills Calendar</u>



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local Extension Office.

Prince William 4-H

# Reaching New Heights with 4-H

At the PWC Fair, August 9-17, 2024 www.pwcva.gov/4-H

4-H CHILDREN'S BARN

4–H AGRICULTURE BARN

4-H FAMILY FUN NIGHT AT THE SHOW BARN

## **DAILY ACTIVITIES, 2-8 PM**

**REACH NEW HEIGHTS with 4-H** through a series of thought provoking activities focusing on STEM, Healthy Living, Ag, and Civic Engagement, Participate in daily special presentations from community partners. They're all free, hands-on and captivating!

## **DAILY EXHIBITS, 2-8 PM**

Explore Prince William 4-H through fascinating exhibits, take part in a community service project to support our deployed military, pet chicks, and discover how you can REACH NEW **HEIGHTS with 4-H!** 

## TBD, 5 PM

Join in the excitement of familyfriendly games and activities hosted by Prince William 4-H.

DEVELOP CHARACTER



MAKE CONNECTIONS

CONTRIBUTE TO

ACTIVITIES





## PRINCE WILLIAM 4-H FAIR CAMP

August 12th-16th • 9 am-12:30 pm • \$50 fee include activities, snacks and a camp t-shirt

Prince William 4-H Fair Camp is a day car by tryouth ages 5-12 held during the week of the annual PWC Fair at the PWC Fair at

Reach New Heights with Prince William 4-H!

CITIZENSHIP

**HEALTHY LIVING** 



STEM

**AGRICULTURE** 

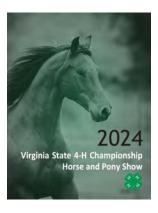




## Sponsors Needed for 4-H Horse Show Hero Program

The Horse Show Hero Program is a way to garner support of the Virginia 4-H State Horse Show while also making it easier for youth to attend, through the accumulation of scholarships for their entry fees. Sponsors are recognized in the show program as Horse Show Heroes and funds are utilized to assist in show operations. Click here for more information about the Horse Show Hero program.

Please contact MaryBeth Lerch at mblerch@vt.edu by July 15th for more information on how you or your business can support our Prince William 4-H'ers attending the Virginia 4-H state Horse Show this summer.



## Virginia Beef Cattle University

Dates: July 14-16

Location: Virginia Tech, Blacksburg

Cost: \$75 - includes meals tours, hands-on educational sessions

Who Should Attend: Youth ages 8-18; adult registration is also available

<u>Click here for more information and to register.</u>

This is an educational event focused on providing beef producers and industry leaders up-to-date information on current research in beef cattle nutrition, reproduction, and management, as well as the opportunity to connect and network with other industry members. In addition to learning about the science behind the beef cattle industry, youth will have the opportunity to learn more about careers in the agriculture industry and post-secondary opportunities in the School of Animal Science at Virginia Tech.



## Virginia 4-H Camps

#### **CAMP LOUD AND CLEAR**

Dates: July 19th - 21st

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Who Should Attend: Campers aged 9-13, counselors-in-training aged 14-18 (as of Sept. 30, 2024) Click here for more information and to register.

An overnight camp experience specifically tailored to the deaf and hard-of-hearing community. Activities include: swimming, fishing, canoeing, archery, nature studies, crafts, vespers, team building fun, and adventure. For more details, contact Tyler Cheely.



#### **4-H SHOOTING EDUCATION CAMP**

Dates: July 28th -August 1st

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Click here for more information and to register. Register by July 10th.

4-H Shooting Education Camp is an overnight camp for ages 12-16 with an interest and/or experience with firearms. Participants will receive 4 days of instruction related to their chosen disciplines, focusing on safety, marksmanship, fundamentals and theory. All instructors are certified/trained by 4-H, DWR, NRA, NAA, and other national certifying organizations.



#### **NATURE ADVENTURE CAMP**

Dates: July 28th -August 1st

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Click here for more information and to register. Register by July 10th.

Overnight camp for campers age 12-16 with an interest in exploring the outdoors. This camp provides an opportunity to learn and have fun with peers in a natural setting. Hands-on classes such as wildlife ecology, survival skills, archery or edible insects are taught by quality instructors that will provide a memorable experience.



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## National 4-H: CLOVER by 4-H x Google Activities

CLOVER by 4-H recently released three new activities, designed by the University of Georgia Extension and brought to you by Google, focused on educating youth about computer science with the help of Scratch. Scratch is a visual programming language designed to teach programming concepts fun and intuitively by allowing users to create animations, games, and interactive stories. Grades 5-8

Youths are invited to complete the following activities:

- Introducing Commands an introduction to basic coding and using commands in Scratch. Explore the simple commands of "move" and "turn" by coding a graphic to complete a maze.
- Jumping Sprite: Introducing Functions create a simple jumping game in Scratch to explore how functions are used.
- "Say My Name" Introducing Variables an introduction to coding with variables in Scratch. During this activity, you will tell a story using code.

## VSU College of Ag: How to Create Worm Castings





College of Agriculture

Date: Friday, June 1Time: 12 - 1:30 pm Date: Friday, June 14th

Location: VSU Randolph Farm Pavilion, 4415 River Rd, Petersburg

Click here for more information and to register.

Worm castings are known to help soil water retention, improve soil aeration, and help prevent the leaching of nutrients. Learn how to make your own high quality castings to help amend the soil. This course will cover the benefits of worm castings, and show you how to create the castings by utilizing different breeds of worms. Space is limited to 25 participants. Free!

## **PWCA Volunteer Opportunities**



## NABA BUTTERFLY SURVEY - SUNDAY, JULY 21ST

Want to learn more about butterflies and spend a day collecting data for scientists? Join us for our annual "4th of July" North American Butterfly Association Butterfly Survey. Participate in an international effort to understand these vibrant fluttery and delicate critters better. You'll be teamed up in groups led by an expert. Beginners are welcome.



We proudly support the adopt-a-stream program by being good stewards of a reach at Cedar Run, which flows through Merrimac Farm WMA. Volunteers will participate in the annual clean-up and submit a report to Prince William Soil and Water District.

Do you love our work and want to help us reach more people? Join our tabling team of dedicated volunteers who attend events in the community. Tasks include helping us sign up for community events, setting up our table with materials and fun visuals, helping to design engaging materials, talking to event participants about us and our work, and helping us follow up with interested individuals. We will provide onboarding and training and all the materials you need.

## **WILDLIFE GARDEN**

Are you passionate about the great outdoors? Do you have a soft spot for wildlife and want to make a meaningful impact on their habitat? If so, we invite you to be a part of our dedicated team of volunteers at Merrimac Farm Wildlife Management Area's enchanting wildlife garden! Each year we manage the wildlife garden for creatures great and small so they can find nesting sites, food, and places to rest and hide among a wealth of Virginia's native plants. We're looking for volunteers who would like to join us most Saturdays around 9 am to noonish. That way you really get to know the garden and the people that care for it - the garden flourishes because of this connection and partnership.





## Virginia Beginning Farmer & Rancher Coalition

<u>Click here to learn more about VBFRC and for a complete list of events and activities.</u> Click on dates for event info.

#### JUNE 19, 9 AM - 12 PM: ENVIRONMENTAL MANAGEMENT OF NUTRIENTS (PETERSBURG, VA)

Learn about how to maximize your crop yields while being environmentally friendly. Find out why we manage phosphorus and nitrogen differently. Discover the best times to apply nutrients for healthy plant growth. Find out about how you can do your part to protect your rivers and streams. This presentation will benefit students, farmers, gardeners, and other growers.

#### JUNE 18, 6 - 8 PM: SMALL FARM ORIENTATION (VIRTUAL)

This two-hour Zoom course is for new farmers with zero to five years of experience operating a farm. Ben Dukes and Derrick Gooden, regional program assistants for the VSU Small Farm Outreach Program, and Dr. Nartea, extension specialist for VSU Integrated Marketing Program, will walk attendees through the process of how to develop a productive and profitable farm. Participants will receive a Small Farm Orientation manual.

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Learn about how to maximize your crop yields while being environmentally friendly. Find out why we manage phosphorus and nitrogen differently. Discover the best times to apply nutrients for healthy plant growth. Find out about how you can do your part to protect your rivers and streams. This presentation will benefit students, farmers, gardeners, and other growers.

## <u>JUNE 19, 10 AM - 2 PM:</u> LIBERATION AND LIGHT: A JUNETEENTH SUMMER SOLSTICE CELEBRATION (SALISBURY, MD)

Join the Lower Shore Value-Aligned Partnership at Pemberton Historical Park for a day of reflection, celebration, and connection. The "Legacy Talk & Walk" will start at the amphitheater before guiding you through the park, where you'll discover the vibrant history of African American leaders of Salisbury. We will honor the lives and stories of those who once lived on this land, including the courageous spirits of former slaves.

#### JUNE 23, 2 - 8 PM: MUSHROOM CULTIVATION WORKSHOP AND MUSHROOM FARM DINNER (RINER, VA)

This workshop experience will focus on using a variety of agricultural and forestry byproducts to grow several species of mushrooms, including: Oysters, Shiitake, Lion's Mane and Reishi. Each participant will create and take home their own GYO Mushroom Kit, along with the knowledge and experience to cultivate mushrooms in their homes, gardens and landscapes. Following the workshop, the mushroom dinner will be held on the farm - featuring the fantastic cuisine of Executive Chef Richard Perry (Longfin Grill and Fat Spoon). This dinner will showcase the seasonal bounty of cultivated and foraged mushrooms available at this time in the season. It's an incredible menu! The workshop costs \$75 and starts at 2 pm. The dinner costs \$60 and starts at 6 pm.

## JUNE 24, 2 - 4 PM: FARM PHOTOGRAPHY AND AUTHENTIC MARKETING (BLUEMONT, VA)

Join us at Great Country Farms in Bluemont, VA for a hands-on, cameras-on, phones-on workshop, internationally published farm & food photographer Molly Peterson will not only inspire you authentically market yourself and product, but will share technical, professional photography tips to ensure your accompanying photos grab people's attention. Snacks and refreshments will be provided courtesy of The Hamilton Mercantile and attendees are invited to stay for a wagon tour of the farm at 4:00 pm. \$10/Future Harvest Members; \$20/Non-Members; FREE/BFTP & ALDI

#### JUNE 24, 4-7 PM: FUTURE HARVEST MEMBER MEET UP (BLUEMONT, VA)

Farmer Happy Hour, anyone? We're excited to announce that our first Member Meet-Up for the 2024 season will be at Henway Hard Cider Company in Bluemont, Virginia. Join us for a laid-back evening and a hard cider. All are welcome! It is our great pleasure to facilitate networking, community-building, and peer-to-peer learning amongst farmers in our region. Future Harvest members will have a drink ticket on us. Non-members – please come! Surprise: You will become a member with your ticket purchase. Cider and soda for all.

#### JUNE 25, 10 AM - 1 PM: GROWING FLOWERS FOR PROFIT (CHURCH ROAD, VA)

Kathleen Hesse will speak about getting started growing flowers. She will talk about attending workshops through the Small Farm Outreach Program to gain more knowledge in the areas necessary to be successful. She has grown her business with the addition of value-added products and a CSA. Join us for a full morning and learn about growing flowers for profit.

#### **JULY 2, 10 – 11 AM: ALL ABOUT PEANUTS (VIRTUAL)**

Peanut production may be confined to only one area in Virginia, but the peanut industry has deep roots here and is still thriving today. Come and learn all about what makes Virginia peanuts so unique. We will take a deep dive into the history of Virginia peanuts, the peanut plant, and the peanut industry in Virginia and the United States.

## Your Dedicated PWC 4-H Staff

## PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

#### Click to Visit Online:

Prince William 4-H Virginia State 4-H National 4-H



## MaryBeth Lerch

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#### DeeAnn Strand

4-H Youth Educator dstrand@pwcva.gov

## Candi Helmlinger

4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

## PWC 4-H Resources

## National 4-H

National 4-H Homepage

## Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars STEM in Virginia 4-H

## Prince William 4-H

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

## Portfolio Records

Member Record

Cloverbud Sheet

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

## Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President Prince William 4-H Member Record - Officer



## 2023-2024 PWC 4-H **Association Officers**

#### Youth Officers

Lauren Byrd, President Sam Seagle, Vice President Samantha Erick, Treasurer Lexi Strand, Secretary

#### **Adult Officers**

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

#### Committee Chairs

Fundraising Committee - Lauren Byrd Recognition Committee - Alan Lerch Membership Committee - 4-H Staff











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