



# Prince William 4-H

Our Clubs, Our Community



May 22, 2024

## Upcoming Events

- May 22 - PW 4-H Young Entrepreneurs Workshop #3
- May 30 - PW 4-H Young Entrepreneurs Workshop #4
- Jun 8 - PW 4-H Young Entrepreneurs Market Day #1
- Jun 15-17 - National 4-H Citizenship Washington Focus
- Jun 18-21 - VA 4-H State Congress
- Jun 22-28 - National 4-H Shooting Sports Championship
- Jun 26 - Workday Wednesday
- Jun 26 - Virginia 4-H/FFA Livestock Judging Contests
- Jun 27 - First-time Junior Camper Parents' Meeting

## PW 4-H Young Entrepreneurs Workshop #2

Who knew small business finance could be this exciting? Our Prince William 4-H Young Entrepreneurs know!

Last week at their second workshop, our 4-H'ers learned from guest speaker John Pritchett from VCE Financial Education. He discussed product pricing and other small business finances. He answered a lot of specific questions pertinent to our young entrepreneurs' businesses. After all, the purpose of entrepreneurship is to be financially responsible and make money - possibly growing into a future career. Business planning and budgeting are a key component to success!

**A HUGE 4-H THANK YOU** to Mr. Pritchett for joining our meeting and sharing his expertise to help our businesses grow. Mr. Pritchett is also an entrepreneur and children's book writer. [Click here to check out his books!](#)



## Updated PW 4-H Fair Camp Counselor Training Dates

[Click here to sign up for training days.](#)



### CAMP CORE TRAINING (choose 1) - at PW 4-H Headquarters

- Tuesday, June 25th 6-8:30 PM
- Monday, July 29th 10 AM-12:30 PM

### CAMP DETAILS TRAINING (choose 1) - at PW 4-H Headquarters

- Thursday, June 27th 10 AM - 12:30 PM
- Wednesday, July 31st 6-8:30 PM

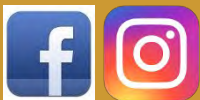
### CAMP COUNSELOR WORKDAY AT THE FAIR

- Wednesday, August 7th 9 AM -12 PM

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Click to Visit



Virginia Tech • Virginia State University

## Nokesville 4-H Club Dives into Safety at Home



Prince William 4-H Nokesville Club has been working on how to stay safe when you're home alone. Using our **Safe at Home, Safe Alone** youth development program, 4-H'ers in the 4th grade discuss topics, complete worksheets with their family, and create plans on key issues, including preparing to stay home alone, creating family rules, computer/internet safety, answering the telephone/door, handling emergencies, disaster preparedness, and stranger safety. Together, we're helping our youth grow in independence and become contributors to our local

community. **Thanks for sharing your experience with us, Nokesville 4-H Club! We love to watch you GROW with 4-H!**



**Safe at Home, Safe Alone** curriculum is available to clubs and schools in the greater Prince William area. [Click here to email Pam Hardin](#) to learn more!

## PW 4-H Teen Leaders Needed!



### **\*\*RESUME BUILDING OPPORTUNITY\*\***

Take your creative and crafting skills to a new level by participating on a small team of 4-H'ers designing the 4-H Children's Barn Exhibit for the Prince William County Fair! A team of 6 teens will work together to develop decorations, build props, design activities, and create a flow for fair goers to explore the theme "Reaching New Heights with 4-H." 4-H'ers with experience in theatre set design, art, activity planning, camp counseling, and more, are encouraged to contact DeeAnn Strand at [dstrand@pwcgov.org](mailto:dstrand@pwcgov.org) or 703-792-4762 to volunteer.

The Children's Barn Design Team will begin meeting mid-June (*date TBD*).

## Virginia 4-H State Congress



**Dates:** June 18-21

**Location:** Virginia Tech, Blacksburg, VA

**Registration is closed.**

**PRINCE WILLIAM 4-H ADULT LEADERS:** We need a male adult leader to chaperone male teens. Please reach out to [MaryBeth Lerch](#) ASAP to volunteer. **Scholarships to attend may be available.**

**VIRGINIA 4-H CONTEST JUDGES NEEDED!** Virginia 4-H offers youth the opportunity to compete in the areas of presentations, public speech, extemporaneous speech, food challenge, Fashion Revue, Share the Fun, and Table Setting each year at Virginia 4-H State Congress in Blacksburg. Competitions begin at 1:30 pm on Wednesday, June 19th. [Click here to volunteer as either a judge or serve as room chair.](#) **Please sign up by Friday, June 1st.**

## Virginia 4-H All Stars

### VIRGINIA 4-H ALL STAR TAPPING CEREMONY

**Date:** June 20th

**Location:** Squires Student Center, Commonwealth Ballroom, Virginia Tech

**Schedule:**

9:30 - 11:30 am	4-H All Star Tapping Ceremony Practice
12:45 pm	Shuttle from the Coliseum Parking lot to Squires begins
2 - 2:45 pm	4-H All Star Tapping Ceremony
2:45 - 3:30 pm	2024 4-H All Stars Orientation



### VIRGINIA 4-H ALL STAR SUMMER CONFERENCE

**Dates:** July 20th - 21st

**Location:** Woodstock, Virginia

Prince William 4-H All Stars are encouraged to participate in Summer Conference. The planning committee has worked hard to plan and organize the weekend for 4-H All Stars! 4-H'ers should check their email for the Virginia 4-H All Star recent newsletter for more information.

## Virginia 4-H - States 4-H Exchange

**\*\*We need 5 more host families for Japanese boys for this summer.** To host a boy, you need to have a male child within 3 years of the Japanese delegate's age. \*\*

Virginia 4-H is recruiting host families across Virginia to host 18 young Japanese people and 2 chaperones for the summer of 2024. The program runs July 24th-August 17th.

- Host families should apply directly here and select Virginia as their state: <https://www.states4hexchange.org/apply/host/>
- Summer Program FAQs: <https://www.states4hexchange.org/host/summer/faq/>

Please contact Wendy Herdman at [wherdman@vt.edu](mailto:wherdman@vt.edu).



## Virginia 4-H Shooting Sports Updates

### CENTRAL DISTRICT 4-H SHOOT

**Date:** Saturday, July 13th

**Location:** Holiday Lake 4-H Center, 1267 Camp Rd., Appomattox, VA

**Registration:** E-mail registration to [soggybottomcows@yahoo.com](mailto:soggybottomcows@yahoo.com) no later than Tuesday, July 2nd

**Who Should Attend:** Open to all VA 4-H Shooting Education Members If range space is limited, 4-H shooting clubs in the Central District will have priority over clubs outside the district.

**Entry Fees:** \$35 per shooter; \$40 if competing in shotgun (*does not include lunch or lodging*)

**Events:** Air Pistol (Progressive Position), Air Rifle (3-Position), Archery (Compound, Traditional, Instinctive, and National), BB Gun (4- Position), Shotgun (Trap & Skeet), Smallbore Pistol Silhouette (only for senior 4-H members) and Smallbore Rifle (3-Position & Silhouette) Competitors will only be allowed to register for four events, including two separate archery events.

**Awards:** 1st, 2nd & 3rd place individuals in each age division 1st place team in each age division except where noted in program

### SAVE THE DATE! 2024 RL HARRIS JR MEMORIAL 4-H SHOTGUN CHAMPIONSHIP

**Date:** Saturday, September 21st

**Location:** Arrowhead Gun Club, Chase City, VA

*More info coming soon!*

Arrowhead Gun Club has a brand new 14 station, 100 target sporting clays course!



# SUPPORT MY 4-H



## Mission



## Sharing My Love of 4-H

Hello! My name is Alesha Moore and I'm really passionate about helping others and seeing others thrive. When I found out there was an opportunity to conduct a 4-H camp in the Dominican Republic and learn new leadership skills, I was thrilled and excited to help out elementary students and bring smiles to their faces.

The 4-H mission trip is July 16-23, 2024. We'll be conducting a 4-H camp and learning Spanish!

## My Goals

My 4-H Mission needs your support! Each participant must raise \$2,500 to attend the trip, which covers their insurance, transportation, accommodations, and meals for the trip. To date, I have raised about \$1,000. Donations can be mailed to or dropped off at 4-H Headquarters. Please consider supporting my 4-H Mission!

Checks can be made out to the Prince William 4-H Association and dropped off or mailed to:

Prince William 4-H  
8033 Ashton Ave., #105  
Manassas, VA 20109



**PLEASE CONSIDER  
SUPPORTING MY 4-H MISSION**

Prince William-Stafford

# 4-H JUNIOR CAMP

July 14-18 at the Northern Virginia 4-H Educational Center, Front Royal

Prince William-Stafford 4-H Junior Camp is our premiere camp for youth in 4-H as well as youth interested in 4-H. Campers participate in morning classes, daily swim and recreation time, as well as evening programs and campfire.

## 2024 CLASS OPTIONS

Air Rifle • Archery • Campfire Cooking • Canoeing • Creeks & Critters • Fishing • Fitness Fun • High Challenge Course • Leadership Development/CIT • Line Dancing • Low Ropes Course • Model Rocketry • Newspaper • Outdoor Living Skills • Photography • Swimming • Tie Dye



**DATES:** July 14th -18th

**LOCATION:** Northern Virginia 4-H Educational Center

**WHO SHOULD ATTEND:** Youth ages 9-14

**CAMP FEE:** \$365\* and includes meals and lodging for five days and four nights, a camp t-shirt, and class supplies.

For more information and to register, visit [www.pwcva.gov/4-H](http://www.pwcva.gov/4-H).

\*After June 1st, registration increases to \$415 and camp t-shirts are not guaranteed.

## ABOUT PRINCE WILLIAM 4-H

Prince William 4-H is a community of young people across the greater Prince William area who are learning leadership, citizenship, and life skills. Our goal is to help youth grow into capable, responsible, confident members of our community by providing information, opportunities, activities, and events that are educational and fun! In 4-H, we learn by doing! Our programs focus on the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture. In clubs throughout Prince William, our youth conduct youth-led meetings to complete projects, community service, and participate in local and state government events.

There's an **#opportunity4all** in Prince William 4-H! Email [4HPWC@pwcva.gov](mailto:4HPWC@pwcva.gov) for more information and to join a club.



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.



Save the Dates to SHOP!

## PRINCE WILLIAM 4-H

# YOUNG ENTREPRENEURS

*Show me the money!* The 2024 Young Entrepreneurs project introduces youth to the basics of running a small business. From product design, to budgeting, to business finance, our youth complete a series of four workshops leading up to an exciting market season!

Save the dates for the Market Days below and show your support for our future business leaders!

*This 4-H SPIN Project is FULL and no longer accepting registrations.*



### WORKSHOPS

McCoy Conference Room  
7987 Ashton Ave., Manassas

MAY 1ST: WORKSHOP 1  
6:30 - 8 PM

MAY 16TH: WORKSHOP 2  
6:30 - 8 PM

MAY 22ND: WORKSHOP 3  
6:30 - 8 PM

MAY 30TH: WORKSHOP 4  
6:30 - 8 PM

OCTOBER 9TH: DEBRIEF WORKSHOP  
6 - 7 PM

### MARKET DAYS

Arrive 8 am; Shoppers 9 am - 2 pm  
Manassas Park Farmers' Market

JUNE 8TH

JULY 13TH

AUGUST 24TH

SEPTEMBER 21ST

OCTOBER 5TH

**4-H SPIN PROJECT IS FULL**

Prince William 4-H

# Reaching New Heights with 4-H

At the PWC Fair, August 9-17, 2024

[www.pwcva.gov/4-H](http://www.pwcva.gov/4-H)

## 4-H CHILDREN'S BARN

### DAILY ACTIVITIES, 2-8 PM

REACH NEW HEIGHTS with 4-H through a series of thought provoking activities focusing on STEM, Healthy Living, Ag, and Civic Engagement. Participate in daily special presentations from community partners. They're all free, hands-on and captivating!

## 4-H AGRICULTURE BARN

### DAILY EXHIBITS, 2-8 PM

Explore Prince William 4-H through fascinating exhibits, take part in a community service project to support our deployed military, pet chicks, and discover how you can REACH NEW HEIGHTS with 4-H!

## 4-H FAMILY FUN NIGHT AT THE SHOW BARN

### TBD, 5 PM

Join in the excitement of family-friendly games and activities hosted by Prince William 4-H.

GROW IN CONFIDENCE & COMPETENCE

MAKE CONNECTIONS

DEVELOP CHARACTER

CONTRIBUTE TO ACTIVITIES

## PRINCE WILLIAM 4-H FAIR CAMP

August 12th-16th • 9 am-12:30 pm • \$50 fee includes activities, snacks and a camp t-shirt

Prince William 4-H Fair Camp is a day camp for youth ages 5-12 held during the week of the annual PWC Fair at the PWC Fair grounds. Youth learn and grow in a safe and exciting environment with activities, games, and art projects and more, in the 4-H Pillars of STEM, Healthy Living, Agriculture and Civic Engagement. Visit [www.pwcva.gov/4-H](http://www.pwcva.gov/4-H) for more information and registration links.

**Reach New Heights with Prince William 4-H!**

[www.pwcva.gov/4-H](http://www.pwcva.gov/4-H)

CITIZENSHIP



HEALTHY LIVING



STEM



AGRICULTURE



## Virginia 4-H Horse Program



**EAST COAST AGGIE HORSE JUDGING CLINIC**  
*2023 AQHA World Show Champion Collegiate Team*

LOCATION:  
 175 W. CAMPUS DRIVE, 380 LITTON REAVES HALL,  
 BLACKSBURG, VA 24061

\$150 PER PARTICIPANT UNTIL APRIL 15TH  
 8:30 A.M. START DAILY - HOUSING NOT INCLUDED  
**JUNE 8-9, 2024**

- Up-to-date Industry Instruction
- Led by TAMU Coach Sarah Schobert, Assistant Coach Megan Miller
- Individual Reasons Help and Small Group Activities
- Adult/Coaches, Intermediate/Advanced, Beginner Sections
- Lunch each day, T-Shirt, and Judging Manual provided
- Price will increase on April 29th and May 19th
- Registration with the Link Below or Scan QR Code:

<https://www.ticketleap.events/tickets/texas-am-horse-judging/2024-aggie-eastcoast-horse-judging-clinic>



CONTACT INFO: SARAH SCHOBERT  
 EMAIL: SSCHOBERT@TAMU.EDU  
 PHONE: (540) 597-2408

Youth Animal Science Program

### 2024 EAST COAST AGGIE HORSE JUDGING CLINIC

**Dates:** June 8-9

**Location:** Virginia Tech, Blacksburg, VA

Cost: \$225 - includes two days of instruction, a judging manual, lunch, and a t-shirt

[Click here to register.](#)

The East Coast Aggie Judging Clinic is led by Virginia 4-H Alumni and current Texas A&M Horse Judging Team Coach, Sarah Schobert, and assistant coach and former member of the TAMU Horse Judging Team, Megan Miller. The Texas A&M Horse Judging Team was the 2023 AQHA World Champion Sr. Collegiate Team, along with many other notable wins from last year. This is an incredible and unique opportunity to learn from the best while staying close to home right here in Virginia! Youth and adults are welcome! There will be sections for all ages and experience levels, as this clinic provides current industry instruction for those that are new to horse judging or are looking for a refresher! Instruction will be given on halter/conformation, performance classes, scoring, and reasons.

Youth and adults are welcome! There will be sections for all ages and experience levels, as this clinic provides current industry instruction for those that are new to horse judging or are looking for a refresher! This is a great opportunity for coaches, club leaders, and ag educators to become more familiar with judging! Instruction will be given on halter/conformation, performance classes, scoring, and reasons.

This is an excellent opportunity to invest in you or your child's equine education and learn about more opportunities for horse judging as a youth, in college, and beyond!



### 2024 STATE 4-H HORSE SHOW

**Dates:** September 5-8

**Location:** Lexington, VA

Youth planning to compete at the 2024 State Horse Show must have been enrolled in 4H Online by Feb. 1, 2024. These, and other entry forms and horse show information, are also available on the 4-H Horse Program website. [Click here for link to documents and additional information.](#)

**Animal Declarations are OPEN:** This process is open from May 1 until July 1, for 4-H youth to submit their declarations for their horses and ponies.

Upcoming opportunities to qualify at a show/clinic for the State 4-H Horse Show include the following. [Click here for the Virginia 4-H State Horse Show website](#) with information about entry, skills testing, and more. All district horse shows are open to ANY youth from across the state to attend and qualify, regardless of their unit of enrollment.

Click here for [Qualifying Shows](#)

Click here for [Qualifying Clinics](#)

Click here for the [Horsemanship Skills Calendar](#)

**UPDATE:** The Varina Rising Stars Open Horse Show, serving as an approved qualifying show in the NE District, has been postponed to **June 8th** due to expected rainy weather this weekend. The show will still also hold horsemanship skills testing for levels 1 & 2, horse measuring, and opportunities for scholarships for youth within the NE District. Please be reminded that all approved qualifying shows are open to youth anywhere in the state, regardless of the unit/district of enrollment.

[Click here for more information on qualifying events.](#)



## Virginia 4-H Animal Sciences Updates

### 2024 VIRGINIA LAMB AND GOAT SYMPOSIUM

**Date:** Saturday, June 15th

**Location:** New River Valley Fairgrounds, Dublin

**Entry Fee:** \$25/head if entries are completed by Wednesday, June 12th. Late entries will be accepted at \$40/head from Thursday, June 13th – check-in on Saturday, June 15th.

[Click here to enter.](#)

This comprehensive sheep/goat educational program includes a small ruminant focused Skillathon, Showmanship, as well as shows for Market Lambs, Commercial Ewes, Market Goats, and Commercial Does. The event is open to enrolled Virginia 4-H and FFA youth members between the ages of 9 years and 19 years (age determined as of September 30, 2024) and is a sanctioned Virginia Showmasters Circuit event. *Note: This VSC show is only open to Virginia youth and does NOT offer a Pee Wee Showmanship Division*

Cash Premiums will be paid to the Grand and Reserve Champion Market and Commercial Female winners in both Sheep and Goats. Premiums and or awards will be provided to showmanship champions and those recognized in the Skillathon and Overall Shepherd events.

### 2024 JUDGE LIKE A CHAMPION LIVESTOCK JUDGING CAMP AND COACHES

**CLINIC - Registration is OPEN and limited to the first 75 youth that register.**

#### JUDGE LIKE A CHAMPION LIVESTOCK JUDGING CAMP

**Dates:** June 2nd - 4th (Sunday afternoon to Tuesday afternoon) – Camp instruction on Sunday and Monday with a contest on Tuesday

**Location:** Rockingham County Fairgrounds, Harrisonburg

**Who Should Participate:** Youth ages 9-19 with all levels of judging experience.

**Fees:** \$175 registration fee that includes: Dinner Sunday and Monday; Lunch on Monday and Tuesday; Camp T-shirt, and entry into Tuesday's Contest

[Click here to register.](#)

Youth will be broken into groups based on age and experience level and will have the opportunity for small group learning with some of the best livestock judging coaches from across the country. Serving as instructors for this year's camp are: Blaine French, Sarah-Jane French, Garrett Vaughan and Emily Taylor. Youth will spend time learning how to effectively take notes, give reasons, and evaluate market and breeding stock for all four species of livestock. This camp is designed to boost confidence, increase evaluation and reasons skills, and allow youth to learn and grow in an environment that is based on positive youth development.

Non-camp participants and Pee-Wee youth (ages 5-8 years old) are invited to participate in the Judge Like a Champion Contest that will be held on Tuesday, June 4th. Entry fee for youth ages 9-19 is \$20/child. There is no entry fee for pee-wee contestants. Please use the Camp Registration Link <https://tinyurl.com/2024-JLAC-Youth-Camp> to register Contest-Only and Pee-Wee participants.

#### JUDGE LIKE A CHAMPION COACH'S CLINIC

**Dates:** June 3rd

**Time:** 8 AM - 5 PM

**Location:** Rockingham County Fairgrounds, Harrisonburg

**Who Should Participate:** Current Judging Team Coaches, Parents, Volunteers, FFA Advisors – anyone wanting to learn more or further develop their evaluation skills

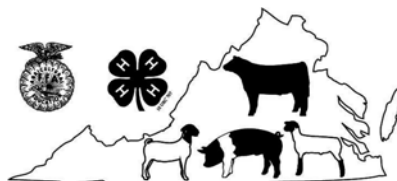
**Fees:** \$75 registration fee that includes: Lunch and Dinner on Monday

[Click here to register.](#)

This clinic is open to coaches of all experience levels or those parents/volunteers wanting to learn more about livestock evaluation, reasons, and important steps in preparing youth for livestock judging contests. Matthew Miller, Virginia Tech Livestock Judging Coach, will lead the coach's clinic that will include evaluating live classes, demonstration of reasons format by the current National Champion Livestock Judging Team, and an overview of teaching youth how to use scantrons, ask questions, and succeed in livestock judging contests. There is no experience level too green and seasoned coaches are welcome to participate and share their tips for success.



## Virginia 4-H Animal Sciences Updates *Continued*



### 2024 STATE 4-H LIVESTOCK JUDGING CONTEST

**Date:** Wednesday, June 26th,

**Location:** Alphin-Stuart Arena at Virginia Tech

**Time:** check-in is 7-8 pm; contest starts 8:15 am

**Entry Fee:** \$15/contestant entered

[Click here for more information and reference materials.](#)

[Click here for the 4-H entry system.](#) **Entries due June 12th by 5 pm.**

This event will serve as the Official State Contest for both 4-H and FFA youth contestants. There is a Junior and Senior Division – Age Division breaks are based on participant age as of January 1, 2024. All contestants – Juniors and Seniors will give Oral Reasons – 2 sets for Juniors and 4 sets for Seniors. The Top High Team Overall will receive the opportunity to represent Virginia at a regional or national level contest with the entry fee paid by the State Youth Animal Science Program.



### 2024 June Dairy Month 4-H Poster Contest

**Posters must be postmarked by June 7th.**

[Click here for more information and entry form.](#)

The theme for the 2024 June Dairy Month 4-H Poster Contest sponsored by Virginia Tech's youth dairy program is "May the Dairy Be with You." Here are some important tips:

- Posters must be done on 8 1/2" x 11" card stock.
- A complete official entry form is required for all posters submitted.
- State winners will be announced during State 4-H Congress.

## Clover by 4-H and *Health Rocks!*



### HEALTH ROCKS! WHAT IS VAPING?

[Click here to access FREE Curriculum.](#)

Vaping is becoming more popular and readily available to youth. Designed by the University of Nebraska Lincoln Extension, this activity will teach 4-H youth about vaping and its health concerns so they can make healthy choices. *Grades 5-12*



### HEALTH ROCKS! PRESSURES AND TRIGGERS

[Click here to access FREE curriculum.](#)

In today's society, temptations and pressures are all around, including the pressure to vape. Some of the pressures you encounter will be hard to say no to. To help you be successful, surround yourself with positive influences like family, friends, teachers, or coaches who can support you. After completing this activity, you'll be able to recognize social, emotional, and everyday triggers to vaping, discover alternatives to avoid vaping triggers, define positive and negative influences, link positive influences with saying no to vaping, and identify and thank the people who are positive influences in your life. *Grades 5-12*



### HEALTH ROCKS! IS TAKING DRUGS WORTH THE RISK?

[Click here to access FREE curriculum.](#)

There are short-term and long-term consequences of using alcohol or drugs. Knowing what drugs can do to you should help you understand the consequences. Designed by the University of Nebraska Lincoln Extension, youth will explore what happens when they take risks with drugs. An engaging activity to complement in-person learning with 4-H youth! *Grades 5-12*



### HEALTH ROCKS! MIXED UP MESSAGES: DRUG USE AND YOUR BRAIN

[Click here to access FREE Curriculum.](#)

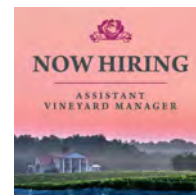
Understanding the power of opioids and the ease of becoming addicted is an important step to help stop opioid abuse. In one of our most recently released CLOVER activities, designed by the University of Nebraska Lincoln Extension, 4-H educators can educate youth about the drug opioids, one of the many drugs that are legally used to relieve pain. *Grades 5-12*

## Careers in Ag to Consider!

### ROSEMONT VINEYARD & FARMS ASSISTANT VINEYARD MANAGER

[Click here for more information and to apply.](#)

Rosemont Vineyard & Farms is looking to hire an Assistant Vineyard Manager that would assist our current Vineyard Manager in the field, but also assist our Winemaker in winemaking duties as needed. They would be expected to grow and excel in their job with the goal of replacing our Vineyard Manager in 2-3 years. Compensation is competitive and is based on level of knowledge and experience.



### SOIL HEALTH PROJECT COORDINATOR AT STROUD RESEARCH CENTER

[Click here for more information and to apply.](#)

Stroud Research Center is hiring a Soil Health Project Coordinator. The Coordinator will oversee, coordinate, and manage landowner relations and no-till and cover crop implementation on agricultural lands in northern Virginia. Ideal candidates for the position should possess a Master of Science or higher degree in environmental or agricultural sciences and one or more years of experience overseeing and managing programs related to soil health improvement, agronomy, and agricultural best management practices in a watershed restoration context. Alternatively, candidates should possess a Bachelor of Science degree and three or more years of experience.



PW 4-H'ers - check out this unique opportunity that may SPARK an interest in a future career in agriculture AND anthropology!

#### INTEGRATED AGROFORESTRY AT APPALACHIAN COVE FOREST FARM

Agroforestry practices are land management systems in which trees and shrubs are intentionally grown alongside crops and/or livestock. Examples include forest farming, silvopasture, and alley cropping.

Come see multiple agroforestry practices integrated into one landscape, at the home of ethnobotanist and forest farmer Dr. Ryan Huish.

Register for May 31st  
<https://tinyurl.com/q7vyy58j>

#### INTEGRATED AGROFORESTRY AT APPALACHIAN COVE FOREST FARM

**Date:** Friday, May 31 from 9:30-2:00 pm  
**location:** Duffield, Virginia

#### ABOUT APPALACHIAN COVE FOREST FARM

Dr. Huish has applied his research interests in botany and sociocultural anthropology to his home and farm, where he and his family practice forest farming, silvopasture, alley cropping, multifunctional riparian buffer zones, indigenous plant agriculture, and animal husbandry (kunekune pigs, small ruminants, cattle, chickens, and guardian dogs). He has used NRCS cost-shares to develop a diverse agroforestry landscape. As an associate professor of biology at UVA-Wise, Ryan and colleagues completed an NRCS Conservation Innovation Grant to expand agroforestry in Appalachia.



Come learn about integrated agroforestry practices from ethnobotanist and forest farmer Dr. Ryan Huish. Ryan has applied his research interests in botany and sociocultural anthropology to his home and farm, where he and his family practice forest farming, silvopasture, alley cropping, multifunctional riparian buffer zones, indigenous plant agriculture, and animal husbandry (kunekune pigs, small ruminants, cattle, chickens, and guardian dogs). He has used NRCS cost-shares to develop a diverse agroforestry landscape. As an associate professor of biology at UVA-Wise, Ryan and colleagues completed an NRCS Conservation Innovation Grant to expand agroforestry in Appalachia. His family will provide live music and light refreshments.

#### Join us on May 31st, 9:30am

This free, on-farm educational event includes:

- In-depth tour of several agroforestry projects
- Discussion of NRCS cost-shares on the farm
- Live music and light refreshments by farm hosts!



*Hope to see you there!*

This event is Free, but registration is required. (This tour has a limited capacity, so please be considerate; only register if you definitely intend to attend.) [Click here to register to join.](#)



## Virginia 4-H Camps



Women's Outdoor Weekend

### WOMEN'S OUTDOOR WEEKEND

**Dates:** May 31- June 2

**Location:** Holiday Lake 4-H Education Center, Appomattox, VA

**Who Should Attend:** Must be 10 and up. 17 and under must be accompanied by a registered adult.

[Click here for more information and to register.](#)

Come enjoy the weekend while learning the outdoor skills you've always wanted to master! Classes include: edible/medicinal plants, outdoor cooking, wilderness first aid, climbing wall, food prep and storage, woodswomanship, kayaking/canoeing, urban survival, basic handgun, archery, self-defense, swimming, and shotgun.



### MILITARY TEEN ADVENTURE CAMP

**Dates:** June 17th - 21st

**Location:** Holiday Lake 4-H Education Center, Appomattox, VA

**Who Should Attend:** youth ages 13-18

[Click here for more information and to register.](#) **Register by May 31st.**

Residential camp for teens (ages 13-18) ready to explore the outdoors in many different facets. Living in a community of their peers, campers will experience a variety of camp activities and enjoy spending time in the outdoors. Participants will have the opportunity to leap outside of their comfort zones with activities such as canoeing, kayaking, climbing our 30ft climbing wall or our 25ft high ropes course that ends with a ride down our zipline, or try their hand at hitting the target on our archery, rifle, and shotgun ranges. We will be taking full advantage of the abundance of natural resources being in the middle of the state forest provides by get up close and hands on with nature and all that it has to discover.



### CAMP LOUD AND CLEAR

**Dates:** July 19th - 21st

**Location:** Holiday Lake 4-H Education Center, Appomattox, VA

**Who Should Attend:** Campers aged 9-13, counselors-in-training aged 14-18 (Age as of Sept. 30, 2024)

[Click here for more information and to register.](#)

An overnight camp experience specifically tailored to the deaf and hard-of-hearing community. Activities include: swimming, fishing, canoeing, archery, nature studies, crafts, vespers, team building fun, and adventure. For more details, contact [Tyler Cheely](#).



W.E. Skelton 4-H  
Educational Conference Center  
at Smith Mountain Lake

### ERAS CAMP (TAYLOR SWIFT)

Night 1: June 21st Ages 6-17 (may attend with parent)

Night 2: June 22nd Age 18+

**Location:** W.E. Skelton 4-H Education Center, Wirtz, VA

[Click here for more information and to register.](#) **Register by June 5th.**

Are you READY FOR IT? It won't be a CRUEL SUMMER at the W.E. Skelton 4-H Center! Join us for an ENCHANTED night with your besties and other Swifties as we SHAKE IT OFF and live out our WILDEST DREAMS! Activities include: a Swiftie pool party, karaoke, an Eras Tour viewing party on the big screen, a Taylor/Eras-themed photo booth, dancing, friendship bracelet making, cupcake decorating, chicken tenders and fries for dinner (Taylor's favorite!), costumes, glitter, and so much more!



W.E. Skelton 4-H  
Educational Conference Center  
at Smith Mountain Lake

### SUMMER CLOVERBUD: PIRATES OF SMITH MOUNTAIN LAKE

**Dates:** June 28th - 30th

**Location:** W.E. Skelton 4-H Education Center, Wirtz, VA

Registration will open mid to late spring. More information coming soon.

Open to Cloverbud Campers with or without their parents



W.E. Skelton 4-H  
Educational Conference Center  
at Smith Mountain Lake

### 4-H SHOOTING EDUCATION CAMP

**Dates:** July 28th -August 1st

**Location:** Holiday Lake 4-H Education Center, Appomattox, VA

[Click here for more information and to register.](#) **Register by July 10th.**

4-H Shooting Education Camp is an overnight camp for ages 12-16 with an interest and/or experience with firearms. Participants will receive 4 days of instruction related to their chosen disciplines, focusing on safety, marksmanship, fundamentals and theory. All instructors are certified/trained by 4-H, DWR, NRA, NAA, and other national certifying organizations.

## Virginia 4-H Events and Camps *Continued*



### NATURE ADVENTURE CAMP

**Dates:** July 28th -August 1st  
**Location:** Holiday Lake 4-H Education Center, Appomattox, VA  
[Click here for more information and to register.](#) **Register by July 10th.**

Overnight camp for campers age 12-16 with an interest in exploring the outdoors. This camp provides an opportunity to learn and have fun with peers in a natural setting. Hands-on classes such as wildlife ecology, survival skills, archery or edible insects are taught by quality instructors that will provide a memorable experience.



### HOKIE BUGCAMP 2024

**Dates (choose 1):** July 12 (10 am-noon); July 13 (10 am-noon); July 13 (1-3 pm)  
**Location:** Heritage Park, Blacksburg, VA  
**Who Should Attend:** youth ages 6-13;

limited to 25 participants per session

**Cost:** Free; optional take-home activity boxes are available for purchase

[Click here for more information and to register.](#) **Register by June 21st.**

Hokie BugCamp is an exciting opportunity to dive into the science of entomology and participate in the collection and pinning of insects. Registrants will be given insect collecting and pinning supplies to use during their session. Members of the Virginia Tech Department of Entomology will be available to assist with insect identification and collecting techniques.

### Virginia 2024 Air Force 4-H Military Partnership Outreach & Support Project



**4-H Event Scholarships for Youth Ages 5-18 of Air Force Military-Connected Families Living in Virginia**



To be eligible for the 4-H Military Event scholarship, youth must have a parent/legal guardian currently serving in Active Duty Air Force, Air Force Reserve or Air National Guard

A youth is also eligible if the military parent currently serving in another branch is stationed at an Air Force base or the youth is currently enrolled at the school age or youth center program of Joint Base Langley-Eustis.

#### Join Us!

**Fun Activities**  
**Make New Friends**  
**Develop Life Skills**

For more information contact your County or City 4-H Program of Virginia Cooperative Extension. Visit: [www.ext.vt.edu/offices](http://www.ext.vt.edu/offices)

**Scholarships are limited. First Come, First Served!**  
**Scholarships to be awarded based on available funds or through June 15, 2024.**

Use scholarships to assist with cost to participate in one of the following Virginia 4-H Events:

- 2024 State 4-H Congress
- Jr 4-H Summer Camp or Other VA 4-H Center Camping Event

If you are a person with a disability and desire assistance or accommodations, please notify your local Virginia Cooperative Extension Office when you call during business hours of 8:00 a.m. and 4:30 p.m. TDD number is (800) 828-1120



## GROW YOUR VEGETABLES

Virginia Cooperative Extension in partnership with Prince William Library will host a Vegetable Gardening class at the following libraries:

June 15, 11:00am-Noon @Gainesville/Haymarket

June 22, 10:30am-11:30am @ Potomac

July 17, 1:00pm-2:00pm @ Montclair

July 27, 11:00am-Noon @Chinn

Register at:

[https://vce.az1.qualtrics.com/jfe/form/SV\\_390WdoF3Ak5T5Ij](https://vce.az1.qualtrics.com/jfe/form/SV_390WdoF3Ak5T5Ij)

Or use the QR Code



If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Christina Hastings at 703-792-6285/TDD\* during business hours of 8:00 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. \*TDD number is (800) 828-1120.

## Transplanting Tips



Transplants will need that stored energy to acclimate to the garden - expanding its roots and growing more leaves - not producing fruit.

Transplanting can cause transplant shock, which will temporarily stunt a plant's growth.



**Minimize root disturbance to minimize transplant shock.**



**Tomatoes:** Tomatoes can be planted deep. Remove some of the lower leaves and plant deeper than the rootball. Roots will grow from the buried stem.

Ideally, do not transplant on a hot, sunny day when plants are susceptible to heat stress.



Water in well after transplanting so that there is good contact between the transplant's root and the soil.

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[Prince William 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

**MaryBeth Lerch**

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Newsletter  
[chelminger@pwcva.gov](mailto:chelminger@pwcva.gov)

**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[4-H Online Information](#)  
[The 4-H Foundation](#)  
[4-H All Stars](#)  
[STEM in Virginia 4-H](#)

**Prince William 4-H**

[PW 4-H Homepage](#)  
[PW 4-H Programs](#)  
[PW 4-H Camps](#)  
[PW 4-H Events & Calendar](#)  
[PW 4-H Document Center](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)  
[Prince William 4-H Member Record - Vice President](#)  
[Prince William 4-H Member Record - Officer](#)



**2023-2024 PWC 4-H  
Association Officers**

**Youth Officers**

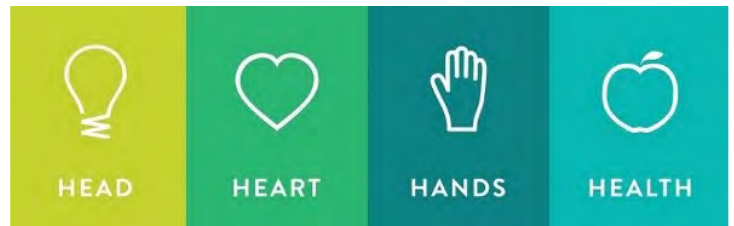
Lauren Byrd, President  
Sam Seagle, Vice President  
Samantha Erick, Treasurer  
Lexi Strand, Secretary

**Adult Officers**

Susan Wolf, President  
Alan Lerch, Vice President  
Sydney Nguyen, Treasurer  
Mary McDonald, Secretary

**Committee Chairs**

Fundraising Committee - Lauren Byrd  
Recognition Committee - Alan Lerch  
Membership Committee - 4-H Staff



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