



7th Annual *Kids for Kids* Triathlon • Sunday, September 19, 2021

MASKS ARE REQUIRED FOR BUILDING ENTRY FOR BOTH PARTICIPANTS AND SUPPORTERS

Race Day Timeline

6-6:15am – Transition Area Opens

1. Drop off bikes, setup transition block and proceed to Gym

6:15am – Gym Area

2. Check-in (Look for Check-in Table)
3. Proceed to appropriate age-group area (Look for color-coded signs)
4. Line up as instructed
5. Have race number identification applied

6:30am AT THE LATEST – *Participants must be checked in, numbered and lined up in their age-group areas*

6:35-6:45am – Parent & Participant RACE BRIEFING and Group Warm-Up

6. Volunteers move participants to pool area

6:45am - ages 11-12 - move to pool for pool briefing and race start at 7am

6:50am - ages 9-10 - move to pool for pool briefing and race start at 7:05am

6:55am - ages 6-8 - move to pool for pool briefing and race start at 7:10am

Parents/family/friends –

Please review all information thoroughly (especially the safety guidelines and bike lap counting) information and come prepared to support your athlete!