



Prince William 4-H

Our Clubs, Our Community

March 27, 2024

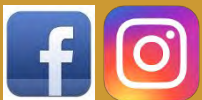
Upcoming Events

- Apr 3** - PW 4-H Fair
Camp Registration
Opens
- Apr 5-7** EquiSmartz
- Apr 13-14** New Shooting
Instructor Cert.
- Apr 13** Northeast
District Contest Day
- Apr 19-24** National 4-H
Conference
- Apr 20** PW 4-H Tree
Seedling Planting Day
& Cloverbud Club
- Apr 24-May 5** Paper
Clover Campaign
- Apr 26-25** VA 4-H
Healthy Living Summit
- Apr 27** 4-H NE District
Food Challenge
Contest
- May 1** - PW 4-H Young
Entrepreneurs
Interest Meeting

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Click to Visit



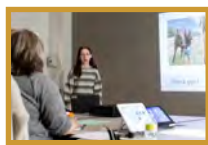
Prince William 4-H Volunteers to be Recognized During National Volunteer Week



APRIL 2ND | 7:30 PM | BOCS MEETING | I COUNTY COMPLEX CT, WOODBRIDGE
Prince William Board of County Supervisors will recognize our local Virginia Cooperative (VCE) volunteers in a proclamation during National Volunteer Week, April 21-27, 2024. Prince William 4-H volunteers are invited to the meeting to join in the excitement and receive recognition for their contributions to the program.

Prince William 4-H adult volunteers Adam Dove, Mallory Dove, and Michelle Lee, in particular, will be recognized for their outstanding contributions to 4-H as VCE Volunteers of the Year. All three are members of Kettle Run 4-H Club, and through Youth and Adult Partnerships (YAP), helped community youth thrive through events, such as community service in nursing homes, honor flights, food drives, presentation competitions, 4-H Food Challenge, 4-H Share the Fun, the PW 4-H Open House, and the PW 4-H Association BINGO night.

Please come out to celebrate all of our Prince William 4-H volunteers!



Northeast District 4-H Contest Judges Needed!

Date: Saturday, April 13th
Time: 9:30 AM check-in & judges' brief;
10 AM 4-H contests begin
Location: The Marshall Center, 8800 Courthouse Rd, Spotsylvania
[Click here to volunteer.](#)
[Click here for Contest Guides and Score Sheets.](#)

Here is an opportunity to participate in a Youth-Adult Partnership (YAP) and ensure the success of a favorite 4-H event! Adult volunteers are needed as contest day judges. The role of a judge is to score youth against a rubric, providing positive reinforcement and encouragement on areas to improve. 4-H contests allow our youth to develop life skills that are essential for success in school, career, and life. Please consider this important opportunity and support the 4-H mission of **Making the Best Better.**

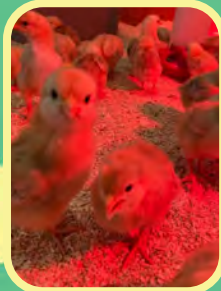


**Pizza and Planning
FAIR CAMP
COUNSELORS**

APRIL 9, 2024

Calling all counselors and adult volunteers. You are cordially invited to attend the pizza and planning meeting on April 9 at 6pm at the 4-H office. Join your 4-H staff to brainstorm ideas for this year's fair camp. What should this year's theme be? What should this year's t-shirt look like? Your ideas and energy are what makes fair camp a success.

<https://forms.gle/hs4i6tcAFPKdE7fu7>



PRINCE WILLIAM 4-H

EMBRYOLOGY PROJECT

Once again, the Prince William 4-H Embryology Project has ended, but we have more cuteness to share! We had 27 elementary schools, 4 middle schools, and 5 high schools participate...and 644 adorable chicks delivered to a local farm to grow. A HUGE 4-H THANK YOU goes out to a of the volunteers, school staff, and enthusiastic youth who have provided an #Opportunity4All!

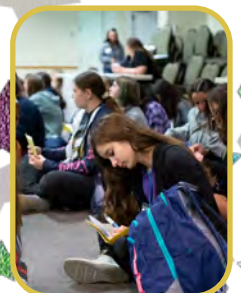
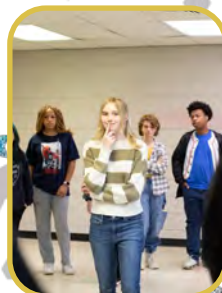
**Final Chick
Drop-Off:
3/29**



4-H
GROWS HERE

getting ready for 4-H summer camps with **TEEN-ADULT LEADERSHIP TRAINING**

Last weekend, 180 teen counselors for the Virginia 4-H Northeast District met to socialize and prepare for 4-H summer camps. Teens began with learning games and camp songs, then moved into the **how-to's and expectations of being a 4-H counselor**. Training included a review of Character Counts, camp traditions, positive youth development, maintaining a safe environment, emergency procedures, food safety, and so much more...all to keep our campers engaged, safe, and having the BEST summer ever!





Prince William 4-H

FAIR CAMP

August 12 - 16, 2024 at the Prince William County Fairgrounds

www.pwcva.gov/4-H

Prince William 4-H Fair Camp is an exciting week for youth to explore the 4-H Pillars of STEM, Agriculture, Healthy Living and Civic Engagement.

4-H Fair Camp is open to youth ages 5-12 residing in Prince William County, Manassas City and Manassas Park



Explore how we experience summer using our 5 senses through hands on, sensory-themed activities.



Experience the Prince William County Fair close-up with behind the scenes access to Fair exhibits.



Explore daily themes, camp songs, creative crafts, face painting, and healthy snacks.



Engage with new friends and build confidence while exploring the Character Counts traits: trustworthiness, respect, responsibility, fairness, caring and citizenship.



DATES: Monday - Friday, August 12th - 16th

TIME: 9 am - 12:30 pm

LOCATION: Prince William 4-H Children's Barn at the PWC Fairgrounds

REGISTRATION FEE: \$50 and includes activities, a healthy snack, and a camp t-shirt (if registered by June 1st)

REGISTER: www.pwcva.gov/4-H

Registration opens April 3rd!



CITIZENSHIP



HEALTHY LIVING



STEM



AGRICULTURE



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

The Prince William 4-H Association Fundraising Committee will meet to debrief and recap the BINGO Night fundraiser on **April 4th at 7pm via Zoom**. Anyone involved in the planning or execution is invited to come give feedback, input and best suggestions for our next BINGO Night! [Click here to join the Zoom Meeting.](#)

Prince William-Stafford 4-H Junior Camp Registration is OPEN

Camp Dates: July 14-18

Location: Northern Virginia 4-H Educational Center, Front Royal, VA

Who Should Attend: Prince William youth ages 9-14

Fees: \$365

[Click here for more information and to register.](#)

4-H Junior Camp is a five-day, four-night camp where youth explore new interests, enjoy swimming and recreation and participate in evening activities and campfires. Register through 4-H Online today before camp is full!

4-H Camp Scholarships are available! **Applications are due June 1st.** [Click here for more information and to apply.](#) Only 8 youth will be randomly selected for full scholarships.



Kettle Run 4-H Club March Service

Kettle Run's March service project is volunteering at the Haymarket Food Pantry. The Haymarket Food Pantry is currently assisting twice as many families as they are set up to handle. If you are a teen needing community service hours or a family or club with a desire to help, here is some information on volunteering:

- Volunteers need to be 10 years of age or older (10-14 must be supervised by an adult)
- Shifts are M-Th evenings and Saturday mornings
- Volunteers fill out a quick application and then attend or view the volunteer training (30 minutes)

DONATIONS NEEDED! [Click here for a list of the Pantry's needs.](#) They are currently low on diapers, wipes, granola bars, box oatmeal, and spaghetti sauce. Donations can be dropped off at T Clay Wood Elementary School.



Northeast 4-H Spring Social

Date: Sunday, May 19th

Time: 3-6 PM

Location: Northern Virginia 4-H Educational Center, Front Royal

[Click here to complete the interest form.](#) **Respond by April 1st.**

The Northeast District 4-H Cabinet Ambassadors invite all community members of all ages to the Northeast 4-H Spring Social where attendees can learn about 4-H while playing board games and getting to know fellow 4-H members.



Virginia 4-H Healthy Living Summit - REGISTER TODAY!

Dates: April 26th - 28th

Location: W.E. Skelton 4-H Educational Center

Who Should Attend: Prince William 4-H teens ages 14-19 with an interest in healthy living

Cost: \$55

Register through [4-HOnline](#).

The 4-H Healthy Living Summit will bring together teens from all across the Commonwealth who share an interest in learning more about topics related to nutrition education, physical fitness, wellness, and emotional well-being. The overall goal of the summit is to equip teens with the tools and resources to not only help improve their own personal health and wellness, but to help others as well.



SHIMMER



HOKIE Dairy Day

DATE: Saturday, April 13
LOCATION: William M. Etgen Large
Animal Learning Center, 473
Plantation Rd., Blacksburg, VA

[Click here for more information and to register.](#)
Register by April 6th.

Hokie Dairy Day is an educational event for 4-H and FFA youth who have an interest in learning more about dairy cattle and the industry. The event takes what our Dairy Science students learn in the classroom and applies it to fun educational activities.



2024 JUNE Dairy MONTH 4-H POSTER CONTEST

The theme for the 2024 June Dairy Month 4-H Poster Contest sponsored by Virginia Tech's youth dairy program is "May the Dairy Be with You." Here

are some important tips:

- Posters must be done on 8 1/2" x 11" card stock. Submissions must be postmarked on or before June 7th.
- A complete official entry form is required for all posters submitted.
- State winners will be announced during State 4-H Congress.

[Click here for more information and entry form.](#)



2024 VIRGINIA BEEF EXPO/JUNIOR BEEF ROUNDUP

DATES: April 18th - 21st

LOCATION: Rockingham County Fairgrounds,
Harrisonburg, VA
ENTRY FEE: \$25

[Click here for more information and to enter.](#)
Entries due by April 10th.

The VA Jr Beef Roundup is open to active, enrolled Virginia 4-H and FFA youth that will be 9 years old by September 30, 2024 and have not reached their 19th birthday before January 1, 2024.

CLOVER CHEESE BOARD IDEA

Check out this fun and easy dairy-inspired snack board... and make it **4-H STYLE!** While this recipe is certainly perfect for St. Patrick's Day, we're challenging our Prince William 4-H'ers to take this idea to the next level by transforming the shamrock to the 4-H Clover!



Make sure you take a photo and send to [Mrs. Helmlinger](#) to be included in the next newsletter.

DIRECTIONS

1. Find a 20" x 14.5" wood-framed chalk board. Hobby Lobby or other craft stores may have one. Rub it with food-safe beeswax to use for serving.
2. Start by making a shamrock for the middle of the board out of Havarti dill cheese or a similar type of cheese.
3. Take 3 slices and cut each one with a heart-shaped cookie cutter. Then, press each heart into a plate of finely cut fresh dill to make it more green before placing them together in the middle of the board to form the shamrock shape.
4. Use one of the cheese scraps to form the "stem."
5. Finish your cheese display by putting various meats, veggies, fruits, dips, spreads, etc. on your board.



JOIN THE PW 4-H SPIN CLUB AND GROW WITH 4-H AND SHIMMER!

Log into our PW 4-H Shimmer Google Drive to access lessons and activities.

[Click here to access the Shimmer Google Drive.](#)

Save the Dates for Virginia 4-H State Congress

Dates: June 18-21

Location: Virginia Tech, Blacksburg, VA

Cost: \$285/person. Includes 3-nights lodging, 8 meals, t-shirt, educational sessions, and most activities

Registration opens April 1st in 4-H Online.

The mission of Virginia 4-H State Congress is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them, helping them to develop life skills and leadership abilities to become contributing citizens in their communities.



Activities and highlights include: 4-H State-Level Competitions, campus scavenger hunt, Tuesday picnic, opening session featuring Clovers & Co. from Georgia 4-H!, educational workshops, 4 dances, an opportunity fair, color run/walk, service learning opportunities, recognition of 4-H All Stars and Tapping, a closing ceremony with awards, and so much more!

Scholarships are available! [Click here to apply for needs-based scholarships.](#)

For 4-H'ers with a military parent currently serving in Active Duty Air Force, Air Force Reserve, or Air National Guard, contact [Louetta Jones, 4-H Military Club Director](#) for scholarship information.

DWR's Hunter Education Challenge

Dates: May 3rd -5th

Location: Holiday Lake 4-H Educational Center

[Click here for more information.](#) **Team registration due April 12th.**

[Click here for official rules.](#)

All competitors must have successfully completed a basic hunter education course accepted by the Commonwealth of Virginia for the purchase of a hunting license. Teams will consist of five members. All individual scores will count toward team totals.



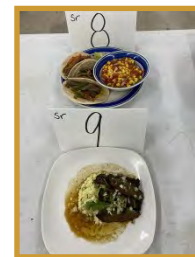
4-H/FFA Beef Challenge

Date: Friday, April 19

Location: Junior Beef Round-Up at the Virginia Beef Expo, Rockingham

[Click here for more information and to enter.](#) **Entries due April 10th.**

Similar to the 4-H Food Challenge, Beef Challenge allows youth to showcase beef as part of a healthy diet. This combination cooking and communications contest is sponsored by the Virginia Beef Council and there is no cost to teams.



Outstanding Young Agriculturalist Award

[Click here for more information and to apply.](#) **Applications must be received by March 31st.**

The Farm Bureau Young Farmers State Committee's Outstanding Young Agriculturalist Award application is now available! The purpose of this contest is to recognize students who demonstrate outstanding achievement in academics, community involvement, and agriculture. By participating, you will have the opportunity to evaluate your progress and career goals, as well as strive for leadership opportunities in the agriculture and agribusiness industries. The judging process will involve evaluating your academic performance, leadership skills, farm/agriculture-related experience, and recommendations. Finalists will have the chance to compete for the state title at the Young Farmers Summer Expo in July.



The state winner will receive a 1,500 cash scholarship sponsored by Farm Credit, Southern Farm Bureau and the VFBF Young Farmers Committee. A runner-up will receive \$500 from VFBF Young Farmers.

Virginia 4-H Horse Program



THE GOLDEN HORSESHOE 4-H CLUB OPEN QUALIFYING SHOW

Date: May 11th at 9 AM

Location: Frederick County Fairgrounds, Clear Brook,

Entry Fee: \$12/class; Jackpot Classes are \$15/class

Entries must be postmarked by May 4th.

[Click here for more information and to register.](#)

This is an approved Northwest District Qualifying Show for the Virginia 4-H State Horse Show. There is a Northwest District Qualifying fee of \$5 for each horse/rider combination.



2024 EAST COAST AGGIE HORSE JUDGING CLINIC

Dates: June 8-9

Location: Virginia Tech, Blacksburg, VA

[Click here to register.](#)

The East Coast Aggie Judging Clinic is led by Virginia 4-H Alumni and current Texas A&M Horse Judging Team Coach, Sarah Shobert, and assistant coach and former member of the TAMU Horse Judging Team, Megan Miller. The Texas A&M Horse Judging Team was the 2023 AQHA World Champion Sr. Collegiate Team, along with many other notable wins from last year. This is an incredible and unique opportunity to learn from the best while staying close to home right here in Virginia! Youth and adults are welcome! There will be sections for all ages and experience levels, as this clinic provides current industry instruction for those that are new to horse judging or are looking for a refresher! Instruction will be given on halter/conformation, performance classes, scoring, and reasons.



THE VIRGINIA HORSE INDUSTRY BOARD 4-H HORSE CLUB GRANTS

[Click here for more information and to apply.](#) **Applications due by June 30th.**

The Virginia Horse Industry has grants of up to \$5,000 per club available to Virginia 4-H horse clubs for educational/project materials and marketing initiatives



STATE 4-H HORSE SHOW SILENT AUCTION

Volunteers are collecting raffle items and have secured a handmade wooden item, Pampered Chef portable tabletop grill, fire ring, and cooler. Please contact [Rose McDonald](#) if you have a raffle item, item for the silent auction or cash donation.

SAVE THE DATES! 2024 SOUTHERN REGIONAL 4-H HORSE SHOW

JULY 31ST - AUGUST 4TH | GEORGIA NATIONAL FAIRGROUNDS & AG CENTER | PERRY, GA

VT Swine Club hosts Youth Swine Day



Date: April 6th

Time: 9 AM check-in; 10 AM events; 4 PM event ends

Location: Alphin-Stuart Livestock Arena in Blacksburg, VA

Cost: \$15 per person; includes lunch (pizza, chips, beverage)

Who Should Participate: Enrolled 4-H or FFA members

Attire: attendees are required to wear closed-toed shoes and dress for outdoor weather

[Click here to register.](#) **Registration due March 29th.**

- There are both Jr. and Sr. divisions for the event.
- Farm Tour: Participants will tour the new Swine Center at Kentland.
- Stations: There will be two stations at the Virginia Tech Swine Center. One will be piglet handling and neonatal care. The other will involve using an ultrasound to detect pregnancies in sows.
- There will also be two stations at Alphin-Stuart. One will be an internal anatomy and nutrition. The other will be a variety of educational experiences including ear notching, reproductive anatomy, meat science, and other age appropriate activities.
- There are limited spaces for each age group.

VA Dept of Forestry - Camp Woods & Wildlife

PRINCE WILLIAM 4-H TED/TOM WOODS & WILDLIFE SCHOLARSHIPS AVAILABLE!

Dates: June 17-21

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Who Should Attend: Virginia youth ages 13-16 who show an interest in natural resources and have good academic standing.

[Click here for more information and to apply.](#) **Applications due April 15th.**

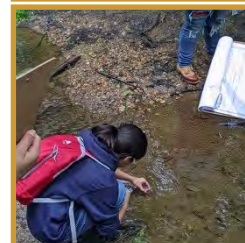
The Virginia Department of Forestry, in cooperation with other natural resource conservation agencies and organizations, has proudly administered Camp Woods and Wildlife (formerly called Holiday Lake Forestry Camp) for more than 70 years. Camp Woods and Wildlife is an academic, structured, residential camp that focuses on field experiences in forestry and other natural resources. This unique camping experience introduces 13-16-year-olds to the challenges, special skills, and knowledge needed for managing the forest resources we use and enjoy every day.

Camp Woods and Wildlife is ideal for students who:

- * wish to explore forestry and wildlife related careers
- * participate in forestry and wildlife judging teams, Envirothon competitions, or ecology clubs
- * want to experience hands-on learning and gain real-world skills in natural resources conservation

Camp Activities

- * Classes are taught mainly outdoors, by natural resource professionals.
- * Courses include: Sustainable Forest Management, Forest Ecology, Mapping, Environmental Protection, Forest Health, Wildlife Management, Tree Identification
- * Other learning experiences include urban forestry and forest products demonstrations; exploratory classes in topics such as forest fire equipment and tactics, wilderness survival, canoeing, and archery; and presentations by conservation police officers, wildlife researchers, and other natural resource professionals.
- * Campers participate in a Lumberjack Field Day with group competition in crosscut sawing, log rolling, and other traditional outdoor skills contests.
- * Recreation and athletics include swimming and volleyball.



Virginia 4-H STEM Summer Camps at Virginia Tech

Virginia Tech Fralin Life Sciences Institute on Virginia Tech's Blacksburg Campus, in collaboration with 4-H, is running six week-long, half-day STEM Summer Camps. Camps will run Monday - Friday from 9 am - 12 pm, and are appropriate for kids ages 9-12. The camp is offered six times during the summer on the following dates (*participants may only attend one week*) and is limited to 16 campers per week.

May 28 - 31

June 3 - 7

July 8 - 12

July 15 - 19

July 29 - August 2

August 5 - 9



Registration is \$100 (*May 28-31st which will be \$80*) and is non-refundable. [Click here to register.](#)

Each day we will focus on different STEM topics including Geology (including jewelry making), Horticulture (tour of the Hahn Horticulture Garden) and Engineering (design build activities). Since a majority of our time will be in a lab setting the child must wear long pants (or skirt to the ankle, if appropriate) and close toed shoes. We will also be moving around campus so please make sure your shoes are comfortable and plan on being on your feet the entire time.

Snacks will not be provided however we will take a 15 min break around 10:30 am so that students can eat a quick snack outside and use the restroom. We encourage kids to bring a water bottle.



National 4-H Congress

For over 100 years, National 4-H Congress has served as the premiere educational and recognition event for senior 4-H members. It is held each year in Atlanta, Georgia, in late November or early December. National 4-H Congress offers participants an exciting opportunity to explore careers, engage in a variety of quality learning experiences, and have great fun by getting to know other 4-H members from across the country.

Outstanding 4-H members will be selected to represent Virginia at National 4-H Congress. Candidates for selection must be current-year senior 4-H members who are able to demonstrate outstanding achievement as a 4-H member in the areas of leadership, citizenship, and personal development.

APPLICATION PROCESS:

Virginia 4-H values the life skills that members develop through personal record keeping. The 4-H electronic portfolio, which replaced the 4-H Achievement Record, will serve as the foundation for a 4-H member's interview to participate in National 4-H Congress, if selected to move past the application stage.

The formal process includes two steps, which are intended to provide the 4-H member learning exercises that reflect an employment application and interview procedure:

- 1) The submission of a written personal resume and
- 2) Those selected for an interview will conduct a presentation of an electronic personal portfolio.

Personal Resume:

The personal resume is intended to give the 4-H member the opportunity to succinctly communicate his or her participation in the 4-H program, as well as to demonstrate service and involvement outside of 4-H. The 4-H member should utilize the portfolio as the source of the information for the resume and should creatively organize the resume to demonstrate outstanding achievement.

The resume, which should be accompanied by a candidate's letter stating why he or she wishes to represent Virginia at National 4-H Congress, must include (but need not be limited to) the following information:

- I. Personal:** Name, address, telephone number, and birthdate.
- II. Education:** Chronological list of the schools attended and diplomas and honors/recognition received.
- III. 4-H Participation:** List of club membership(s), projects, conferences, camps, and special activities (demonstrations, talks, judging events in which the member participated). Include dates of each project/activity and, when appropriate, what was gained from participation.
- IV. 4-H Citizenship/Leadership:** List significant leadership and citizenship/community service experiences carried out as a 4-H member. Activities that should be included are: offices held at the club, county, district, or state level; activities or events for which the member provided leadership; and any 4-H community service projects. Be sure to include dates, the role played, and what was accomplished.

- V. **Leadership, Citizenship, Scholarship Outside 4-H:** List, in chronological order, other significant citizenship or leadership experiences had outside of 4-H such as school, church, or other organization. Again, include date, the role played, and what was accomplished.
- VI. **Letters of Reference:** Attach three letters of reference from individuals who can attest to the member’s personal attributes. One must be either a 4-H agent or a 4-H adult volunteer leader.

Resumes must be submitted in Google Forms by May 6, 2024.
<https://forms.gle/tnMcWsv9NbR7XLdk7>

Application Review:

The State 4-H Program Leader will appoint an application review committee, which will evaluate personal resumes on the following weighted criteria:

Growth through 4-H participation:	25 percent
Growth through 4-H leadership/citizenship:	50 percent
Growth through leadership, citizenship, and scholarship outside 4-H:	10 percent
Letters of Reference:	5 percent
Organization and presentation:	10 percent

Interview Selection:

Finalists will be interviewed the week of State 4-H Congress. The interview process will afford the candidates the opportunity to gain additional presentation skills and orally communicate their 4-H experiences. Candidates will be encouraged to creatively utilize the resources they have included in their electronic 4-H portfolio to enhance their presentations. If selected for an interview, detailed portfolio directions will be provided to each finalist.

The interview teams will include: the State 4-H Program Leader and representatives from VAE4-HYDP, the State 4-H Cabinet, and the Virginia 4-H All Stars. Interviews will take place during Virginia 4-H State Congress.

Timeline:

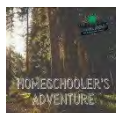
May 6, 2024	Applications/Resumes Due via Google Form
May 10, 2024	Finalists Announced
June 19, 2024	Virtual Interviews Conducted
June 21, 2024	Announcement of Virginia delegation
Nov. 29 - Dec. 3, 2024	National 4-H Congress

Submission Instructions:

All applications and resumes should be submitted in Google Forms by May 6:
<https://forms.gle/tnMcWsv9NbR7XLdk7>

Do not mail any information directly to the State 4-H Office. If you are selected for a National Congress Interview, you will be contacted with further instructions.

Virginia 4-H Events and Camps



HOMESCHOOLERS' OVERNIGHT ADVENTURE

Dates: April 30 - May 1, 2024

Location: Holiday Lake 4-H Education Center, Appomattox, VA

[Click here for more information and to register.](#) **Register by April 22nd.**

The Holiday Lake Homeschoolers' Overnight Adventure is a one-night weekend retreat in the Spring designed for homeschooling families. The experience allows you and your family to develop a closer bond in nature while making friends and connections with other homeschooling families and groups! The retreat is educational in nature, as participants will partake in a variety of Natural Resource Education classes and outdoor activities.

The activities are designed for the 7-13 age range, although family members outside of this range are welcome to attend (though full participation in all classes is not guaranteed). The full schedule will be listed on this page when available. A parent or legal guardian must be on-site and responsible for the supervision of their camper(s) for the duration of the event. Information packet, included a health form, will be sent out upon registration. For questions please call [Jack Wagstaff](#) at 434-248-5444 or email Jack at .



Women's Outdoor Weekend

WOMEN'S OUTDOOR WEEKEND

Dates: May 31 - June 2

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Who Should Attend: Must be 10 and up. 17 and under must be accompanied by a registered adult.

[Click here for more information and to register.](#)

Come enjoy the weekend while learning the outdoor skills you've always wanted to master! Classes include: Edible/medicinal plants, Outdoor cooking, Wilderness first aid, Climbing wall, Food prep and storage, Woodswomanship, Kayaking/canoeing, Urban survival, Basic handgun, Archery, Self defense, Swimming, and Shotgun.



NORTHERN VIRGINIA 4-H
EDUCATIONAL AND
CONFERENCE CENTER

MILITARY TEEN ADVENTURE CAMP: EXPLORATIONS ON THE APPALACHIAN TRAIL

Dates: June 9th - 13th

Location: Northern Virginia 4-H Education Center, Front Royal, VA

Who Should Attend: youth ages 13-18

Registration opens mid-March.

Do you enjoy the outdoors and trying new things? Is your guardian Active Duty, Guard, Reserve or Retired? THEN...NOVA 4-H Military Teen Adventure Camp is the place to be this summer! Join us for a weeklong adventure in the gorgeous Shenandoah Valley while learning new skills and exploring how awesome it feels to step outside of your comfort zone! Campers will participate in traditional camp activities, adventure activities, leadership activities, and more. Lodging will be a mixture of semi-private lodge rooms and camping out under the night sky. For questions or more information, contact [Tatyana Yates](#).



MILITARY TEEN ADVENTURE CAMP

Dates: June 17th - 21st

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Who Should Attend: youth ages 13-18

[Click here for more information and to register.](#) **Register by May 31st.**

Residential camp for teens (ages 13-18) ready to explore the outdoors in many different facets. Living in a community of their peers, campers will experience a variety of camp activities and enjoy spending time in the outdoors. Participants will have the opportunity to leap outside of their comfort zones with activities such as canoeing, kayaking, climbing our 30ft climbing wall or our 25ft high ropes course that ends with a ride down our zipline, or try their hand at hitting the target on our archery, rifle, and shotgun ranges. We will be taking full advantage of the abundance of natural resources being in the middle of the state forest provides by get up close and hands on with nature and all that it has to discover.



CAMP LOUD AND CLEAR

Dates: July 19th - 21st

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Who Should Attend: Campers aged 9-13, counselors-in-training aged 14-18 (Age as of Sept. 30, 2024)

[Click here for more information and to register.](#)

An overnight camp experience specifically tailored to the deaf and hard-of-hearing community. Activities include: swimming, fishing, canoeing, archery, nature studies, crafts, vespers, team building fun, and adventure. For more details, contact [Tyler Cheely](#).

Virginia 4-H Events and Camps *continued*



SUMMER CLOVERBUDS CAMP

Dates: June 21st-23rd

Location: Northern Virginia 4-H Education Center, Front Royal, VA

Who Should Attend: Youth ages 5-8 with an accompanying adult

Cost: \$160/participant

[Click here for more information and to register.](#) **Register by May 3rd.**

Registration for Summer Cloverbuds 2024 is now open! Join us for a dino-filled weekend of camp for youth ages 5-8 with an accompanying adult! All participants MUST also be registered and approved in 4-H online and sign up for our event AFTER completing the above registration.



W.E. Skelton 4-H
Educational Conference Center
at Smith Mountain Lake

ERAS CAMP (TAYLOR SWIFT)

Night 1: June 21st Ages 6-17 (may attend with parent)

Night 2: June 22nd Age 18+

Location: W.E. Skelton 4-H Education Center, Wirtz, VA

[Click here for more information and to register.](#)

Are you READY FOR IT? It won't be a CRUEL SUMMER at the W.E. Skelton 4-H Center! Join us for an ENCHANTED night with your besties and other Swifties as we SHAKE IT OFF and live out our WILDEST DREAMS! Activities include: a Swiftie pool party, karaoke, an Eras Tour viewing party on the big screen, a Taylor/Eras-themed photo booth, dancing, friendship bracelet making, cupcake decorating, chicken tenders and fries for dinner (Taylor's favorite!), costumes, glitter, and so much more!



W.E. Skelton 4-H
Educational Conference Center
at Smith Mountain Lake

SUMMER CLOVERBUD: PIRATES OF SMITH MOUNTAIN LAKE

Dates: June 28th - 30th

Location: W.E. Skelton 4-H Education Center, Wirtz, VA

Registration will open mid to late spring. More information coming soon.

Open to Cloverbud Campers with or without their parents

MILITARY TEEN ADVENTURE CAMP

Dates: July 22nd - 26th

Location: W.E. Skelton 4-H education Center, Wirtz, VA

Who Should Attend: military youth ages 13-18 of an active duty, guard, reserve, or retired personnel

[Click here for more information and to register.](#)

Join us at Smith Mountain Lake for horseback riding, climbing wall, archery, riflery, high ropes, kayaking, swimming, fishing, canoeing, a blacklight party, color blast party, and so much more!



NEW! 4-H SHOOTING EDUCATION CAMP

Dates: July 28th - August 1st

Location: Holiday Lake 4-H Education Center, Appomattox, VA

[Click here for more information and to register.](#) **Register by July 10th.**

4-H Shooting Education Camp is an overnight camp for ages 12-16 with an interest and/or experience with firearms. Participants will receive 4 days of instruction related to their chosen disciplines, focusing on safety, marksmanship, fundamentals and theory. All instructors are certified/trained by 4-H, DWR, NRA, NAA, and other national certifying organizations.



NEW! NATURE ADVENTURE CAMP

Dates: July 28th - August 1st

Location: Holiday Lake 4-H Education Center, Appomattox, VA

[Click here for more information and to register.](#) **Register by July 10th.**

Overnight camp for campers age 12-16 with an interest in exploring the outdoors. This camp provides an opportunity to learn and have fun with peers in a natural setting. Hands-on classes such as wildlife ecology, survival skills, archery or edible insects are taught by quality instructors that will provide a memorable experience.

NOW RECRUITING TEEN LEADERS!

Holiday Lake 4-H Education Center is hiring teen leaders for 4-H Shooting Ed Camp and Nature Adventure Camp.

Leaders will receive a discounted registration. [Click here for more information and to apply.](#)

Virginia 4-H - States 4-H Exchange

Host a Japanese Exchange Student in Summer 2024

Accepting Host Family Applications Now



Build Your Global Skills - Host a Japanese Young Person in Your Home This Summer! Virginia 4-H is recruiting host families across Virginia to host 18 young Japanese people and 2 chaperones for the summer of 2024.

Hosting Details and Requirements

- Program runs July 24 through August 17, 2024
- No previous 4-H experience is required
- Japanese delegates are ages 12-18 (most are 12-14)
- To host a delegate, a family must have a child who is 9+ years old.
- Families without youth can host adult chaperones.
- Families will be matched with a delegate of the same gender who is within 3 years of the host youth's age.
- All Host families will be screened and interviews as part of our risk management protocol.
- Host families receive no stipend to host a delegate.
- Japanese delegates have a range of English language abilities.
- Delegates are here to experience every day American life. No special activities need to be planned.
- Host Families will receive support from the state coordinator and other host families before, during & after the exchange (not financial)

Host families should apply directly here and select Virginia as their state: <https://www.states4hexchange.org/apply/host/>

Summer Program FAQs: <https://www.states4hexchange.org/host/summer/faq/>

Please contact Wendy Herdman at wherdman@vt.edu or 804-493-8924 if you have questions or need assistance.

National 4-H Updates



YOUTH IN ACTION APPLICATIONS OPEN

[Click here for more information and to apply.](#) **Applications due April 1st.**

Teens aged 14-19 are encouraged to apply to the 4-H Youth in Action Program for the chance to tell their 4-H impact story and win a \$5k educational scholarship, tailored professional mentoring, national speaking opportunities and MORE!

JOANN IN-STORE CAMPAIGN

[Click here for more information and coupon.](#) **Campaign runs March 3rd - May 4th.**

JOANN



Join JOANN in supporting 4-H to help create kids who are ready to lead in their communities and take on life's greatest challenges. Shop and donate to support Prince William 4-H!

Solar Eclipse 2024 from VPOST



Million Girls Moonshot Mondays

"The future never just happened. It was created."

—Michelle Obama, 1st Lady of the United States

—Michelle Obama, 1st Lady of the United States

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—Michelle Obama, 1st Lady of the United States

On Monday, April 8, 2024, there will be a total solar eclipse that will cross North America. While Virginia is not in the path of totality, we will see anywhere from 75% to 90% or more depending on where you are in the state. Here are some more resources for the event:

- ★ [Click here for the map](#) here to see the degree you should expect to see in your neck of the woods and the time of max eclipse.
- ★ [Click here for the National Science Teachers Association educator guides and handouts.](#)
- ★ [Click here for educator materials from NASA.](#)
- ★ [Click here to learn how to safely view the eclipse](#) by The National Science Foundation.
- ★ Virginia State Parks is hosting a series of [eclipse-watching events](#).

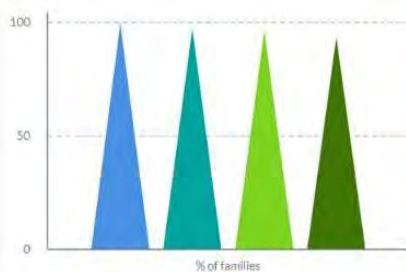
2023 INBOUND PROGRAM IMPACT



COMMITTED TO MAKING THE BEST EVEN BETTER

CHANGING FOR THE BETTER - AS A FAMILY!

After hosting an exchange student, our family... (N=108)



- Enjoyed learning about people who are different from us. 99%
- Learned about a different culture. 97%
- Learned to communicate with someone from a different culture. 96%
- Developed skills in adapting to differences in values and behaviors. 93%

94%

of responding families said they also shared their experience with others

Host families reported overwhelmingly that they felt living with an exchange student helped them to appreciate learning about people different from them and their culture – an important aspect of a global mindset! With another 94% of families sharing that experience with others, the positive impact only gets bigger!

GROWING THE HOST FAMILY NETWORK

6 out of 10 host families in 2023 were first time hosts! We love to see the international exchange experience being shared by more and more families – is 2024 *your* family's year?



“Don't be afraid to host someone from another country. It will be the best thing you've ever done, you will make a lifetime friend, and also have the opportunity to go to their country. I have nothing negative to say about hosting exchange students.”

Are you feeling like 2024 is the year to host for your family? Open your **heart** and your **home** to someone from a different culture and **apply to host today!**

exchange@states4h.org

www.states4hexchange.org

STATES' 4-H
INTERNATIONAL
EXCHANGE PROGRAMS

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[Prince William 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[4-H Online Information](#)
[The 4-H Foundation](#)
[4-H All Stars](#)
[STEM in Virginia 4-H](#)

Prince William 4-H

[PW 4-H Homepage](#)
[PW 4-H Programs](#)
[PW 4-H Camps](#)
[PW 4-H Events & Calendar](#)
[PW 4-H Document Center](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)
[Prince William 4-H Member Record - Vice President](#)
[Prince William 4-H Member Record - Officer](#)



2023-2024 PWC 4-H Association Officers

Youth Officers

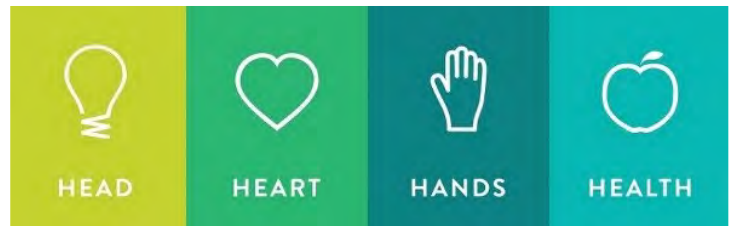
Lauren Byrd, President
Sam Seagle, Vice President
Samantha Erick, Treasurer
Lexi Strand, Secretary

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Lauren Byrd
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



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