

Prince William

Our Clubs, Our Community

July 28, 2021

Upcoming Events

Jul 28 - Workday Wednesday, 10am Jul 28 - All Star Meeting,

5 pm via Zoom Jul 30 - Children's Barn Clean-Up!

Jul 31 - Applications due for VA Horse Ambassador

Aug 4 - Final Workday Wednesday, 10 am

Aug 16-20 - 4-H Day Camp

Sep 9-12 - 60th VA State Championship Horse & Pony Show

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VA ALL STAR Interest Meeting Tonight! You can be a Virginia All Star!



Join PWC 4-H Extension Agent MaryBeth Lerch for an information session on the application process for Virginia All Stars. You should attend if you are ready to apply, or if you are interested learning the steps that you can be taking now to develop into leadership roles that lead to membership as a Virginia All Star.

PWC 4-H: Virginia All Star Interest Meeting

Date: Wednesday, July 28th Time: 5 pm Location: Zoom Link https://virginiatech.zoom.us/j/89277453810

PWC 4-H Fairgrounds Watering Schedule



Let's work together to keep our gardens beautiful! With high temps, low rainfall, vacation plans, busy schedules, and more, it's hard to get over to the fairgrounds to water our beautiful gardens. Please sign up for a slot so that we can join our helping hands to a common cause. Click here for the Watering Schedule Sign-Up organized by Susan Wolf.

ALL HANDS ON DECK! Children's Barn Cleanup FRIDAY!



CALLING ALL PWC 4-H'ers! It's time to re-open our Children's Barn at the fairgrounds and bring her back to life. Please come by this **Friday**, July 30th from 9am-12pm and help dust off the cobwebs and get ready for camp. Bring a water bottle and any cleaning tools (brooms, dust pans, rags, etc.) that you don't mind sharing ... and a little elbow grease!

Become an Ambassador for the Virginia 4-H Horse Program



Applications Due July 31st!

The application to become a Virginia 4-H Horse Program Ambassador is now available. This program is for 4-H'ers who love horses and the 4-H Horse Program and want to be a part of spreading the news about our youth horse program and all we have to offer! If you are an enrolled 4-Her, at least 15 (as of Sept. 30, 2021), have

been in the horse program for at least one year, and have a passion for the horse program and want to make a difference, you are eligible to apply! <u>Click here for more information and the application</u>.



August 13th - 21st PWC Fairgrounds

EXPLORING

WITH 4-H

AT THE

4-H Exhibits and Activities are FREE to fair-goers!

PWC 4-H Exhibits

- 4-H Children's Barn
- Ag Barn
- Community Partners
 Booths and Games
- Special Presentations

Stop by the PWC 4-H exhibits at the Fair and treat your children to crafts, STEM enrichment projects, community service, special presentations, and more, brought to you by hard working, responsible and confident kids working with real-life life skills!

PWC 4-H Children's Barn

This year's theme of "Exploring with 4-H" presents exciting opportunities to show the diverse aspects of 4-H. Stop by from 2-8 pm each day and pick up your 4-H Grab & Go Activity Exploration Kit. They're free and Fun!

Book in a Bag • Living Necklaces • Marshmallow Catapults • Community Partner Booths and Demonstrations

PWC 4-H Agriculture Barn

Get hands-on in the Ag Barn! Bring your Grab & Go Kids and work with experienced 4-H'ers to complete the projects. Check out our animals and cuddle with our little friends through the 4-H Embryology Project. And participate in community service projects to support our community.

Make Dog Toys for the PWC Animal Shelter • Send Post Cards to Our Soldiers Overseas • Pet Chicks and Bunnies

> Prince William County 4-H 8033 Ashton Ave., #105 Manassas, VA 20169 (703) 792-4536 4hpwc@pwcgov.org





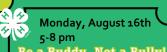
Friday, August 13th, 5 - 8 pm Community Art Project with Café Pottery

Join Andrew Cummins of Café Pottery, Old Town Manassas, and 'home of the \$20 Pottery Wheel Lesson" is creating a living art community based project with splatter paint. Beginning on opening night and continuing into the week, all fair-goers are

encouraged to bring their creativity and become the artist!

<u>Click here to learn more about Café</u> <u>Pottery.</u>





Be a Buddy, Not a Bully! Meet PWC 4-H'er Sam and her pony Ruben as they discuss bullying awareness and key strategies to prevent and stop bullying through this statewide recognized anti-bullying campaign. Sam and Ruben will be autographing FREE copies of their book *Jumping over Bullies*!



Tuesday, August 17th Nutrition Tips with Mr. T 2-5 pm

Mr. T from SNAP Ed will be sharing nutrition tips and tricks while YOU

pedal away on his people powered smoothie maker!



ie maker! Fun with Parks & Rec

Learn all about the programs at PWC Parks & Recs! Our partners will have games and giveaways on hands for added fun!

Saturday, August 14th & Sunday August 15th, 2-8 pm Fiber to Fabric



Our friends at Trinity Farm of Nokesville are baaa-ck with their Angora goats and rabbits! From goat to sweater, fair-goers will learn how angora is made into yarn and then

into sweaters with live demonstrations and hands on activities including paddling, spinning, knitting and more!

Help create the World's Largest Scarf Made at a County Fair!

Put your newly learned skills to a test! Trinity Farms has partnered with volunteers from Fibre Forward to teach willing fair-goers how to knit AND create 'The World's Largest Scarf Made at a County Fair.' Stop by and join in the fun!

Click here to learn more about Trinity Farms.

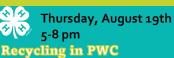
<u>Click here to learn more about Fibre</u> <u>Forward</u>.



Wednesday, August 18th 5-8 pm

Keep Prince William Beautiful Stop by for hands-on-youth activities and information from our partners at Keep Prince William Beautiful!

Click here to learn more about KPWB.



Volunteers from PWC Solid Waste Management Recycling program will be onhand with educational activities and information about recycling in PWC.

Click here to learn more about PWCR.



Friday, August 20th - TBD

Saturday, August 21st **PWC Food Rescue**

Learn how to become a Food Rescue Hero and promote "0 waste" in your county! Soon to become Northern Virginia Food Rescue. <u>Click here to learn more.</u>

JUST OVER 2 WEEKS UNTIL THE PWC FAIR! WE NEED YOU

Volunteers make FUN possible!

Youth Volunteer **Opportunities**



Adult Volunteer **Opportunities**

4-H Summer Day Camp Chaperones

Camp Adult Volunteers are necessary to ensure our youth have a fun, safe camp experience. Adults are primarily chaperones, group facilitators, or help to distribute snacks. Volunteers are needed from 8:30 am - 1:00 pm. Volunteers can work multiple days, single days, or a handful of hours. Any time that you can offer is welcome!

Click here to sign up for Adult 4-H Day Camp volunteer.

🔊 🐼 PWC Fair Children's Barn & Ag Barn Adult Volunteers

Dates: August 13-21, 2021 Times: 2-5 pm or 5-8 pm shifts (see specific slots) Location: PWC Fairgrounds

Visitors to the Children's Barn will greeted by the Barn Manager and invited to walk through and choose one or all three 'Grab and Go Kits.' Additional volunteers will be on hand to answer any questions about the kits as well as direct visitors to the Ag Barn where they may put their kits together if they would like. At the Ag Barn, volunteers will assist youth and families with their Grab and Go Kits and support youth volunteers as they assist youth with community service activities, watch the baby chicks, sell head wreaths, and more.

Click here to sign for Adult 4-H Barn Volunteer.

Be sure to register as an Adult Volunteer in 4-H Online!





Workday Wednesday

Date: Wednesdays from now until August 4th Time: 10 am - 2 pm - bring your lunch Location: PWC 4-H Office, Manassas

Calling all 4-H middle schoolers and high schoolers! On Wednesdays, we'll be planning the activities, cutting, pasting, organizing, bagging, and more. All talents are needed! Whether you're crafty, strong for lifting, good at organizing, innovative, or a worker bee, WE NEED YOU to help us prepare for PWC 4-H Summer Day Camp.

Click here to sign up for PWC 4-H Workday Wednesday!

PWC Fair Children's Barn & Ag Barn Youth Volunteers

Dates: August 13-21, 2021 Times: 2-5 pm or 5-8 pm shifts (see specific slots) Location: PWC Fairgrounds

Youth volunteers are needed to assist youth and families with their Grab and Go Kits as well as help direct the community service activities, assist with the baby chicks and, possibly, rabbits, sell head wreaths and share their 4-H stories.

Click here to sign up to volunteer at the PWC Fair.

Community 4-H Art Project at the PWC Fair in Partnership with Café Pottery

Dates: August 13-17 (5 nights) Time: 5-8 pm Friday & Monday and 2-8 pm Saturday, Sunday, & Tuesday

NRWY

Two 4-H youth volunteers are needed to help fair-goers be part of a live and evolving art project for all to enjoy. Earn 4-H community service hours. Must enjoy working with youth and not afraid to get your hands dirty with paint. Volunteers will be trained and must commit to all 5 nights.

Contact Andrew Cummins at (571) 377-8829.

e grow with us at PWC 4-H Summer Day Camp!

PWC 4-H Summer Day Camp is back and more exciting than ever! We will be exploring many things in our world using 4-H's research-proven **Do**, **REFLECT**, **APPLY** model!

PWC 4-H Summer Day Camp is for youth ages 5-12 and is held during the week of the annual Prince William County Fair. Youth learn and grow in a safe and exciting environment through creating art projects exploring fair exhibits and enjoying team games and activities. Themes and snacks each day, a show or two, and lots of trained, enthusiastic teen counselors make this experience one of a kind!

PWC 4-H Day Camp Activities

Marshmallow Catapults * Bee Bot Pollinators * Trebuchet * Build-a-Thon * Seed Bombs and Living Necklaces * Special Presentations on Locally Derived Nutrition and Native Plants & Habitats * Visits to the Animal Barns and the Heritage Barn * Focus on Character Traits while building Life Skills * and so much more!



PWC 4-H Children's Barn Exhibit

All youth fair-goers will not want to miss this! The PWC 4-H Children's Barn exhibit is full of exciting enrichment activities geared towards exploring the many aspects of 4-H. Stop by from 2-8 pm and pick up your 4-H Grab & Go Activity Exploration Kit. They're free and fun! Here's what's happening at the PWC 4-H Children's Barn:

- Sook in a Bag: make your own journal about Virginia Native Skinks with this imaginative activity
- Living Necklaces: discover how seeds sprout with this seed necklace charm
- Marshmallow Catapulto: explore the physics of catapults by creating your own popsicle marshmallow catapult

tions: stop by to learn how

to be a buddy, not a bully with Samantha and her horse Rubin! We'll have additional presentations and activities on recycling, yarn pulling and more!

Clover Bud Activities

For our younger participants, stop by the Clover Bud Tables and participate in two Community Service and Citizenship activities:

- Make Dog Toys for the PWC Animal Shelter
- Color Post Cards for our Soldiers Overseas

PWC 4-H Ag Barn Exhibit

Stop by relax at a picnic table, work on your 4-H Grab & Go Activity Exploration Kit with our teen 4-H volunteers, or better yet, meet our favorite bunnies and chicks!



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PWC 4-H Summer Day Camp 2021

August 16-20th Prince William County Fairgrounds <u>Click here for more information about PWC 4-H Camps</u>



GROWS HERE



July 18-22, 2021 Northern Virginia 4-H Center Front Royal, VA



PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online: <u>PCW 4-H</u> <u>Virginia State 4-H</u> <u>National 4-H</u>

Your Dedicated PWC 4-H Staff

MaryBeth Lerch 4-H Extension Agent mlerch@pwcgov.org 703-792-4536

Kristin Saul 4-H Youth Educator ksaul@pwcgov.org 703-792-4762 Emily Cloe 4-H Youth Educator ecloe@pwcgov.org 703-792-4761

Candi Helmlinger 4-H Program Specialist - Newsletter chelmlinger@pwcgov.org

PWC 4-H Resources

National 4-H National 4-H Homepage

Virginia 4-H <u>VCE 4-H</u> <u>Complete Phase III Social Distancing Guidelines</u>

Resources for 4-H Enrollment 4-H Risk Management Forms 4-H Online Information The 4-H Foundation Promotional Materials 4-H Awards and Recognition Forms 4-H All Stars

Resources for 4-H Animal Sciences Resources for 4-H Citizenship Resources for 4-H Club Management Resources for 4-H Communication & Expressive Arts Resources for 4-H Competition & Scoring Aids Resources for 4-H Curriculum & Delivery Resources for 4-H Family Sciences Resources for 4-H Family Sciences Resources for 4-H Leadership & Personal Development Resources for 4-H Natural Resources & Environmental Education Resources for 4-H Plants, Soils & Entomology Resources for STEM

Prince William 4-H Association

PWC 4-H Homepage PWC 4-H Programs PWC 4-H Camps PWC 4-H Events & Calendar Funding Request Form

Portfolio Records (coming soon)

Member Record Member Record - editable Project Record Ages 9-10 Project Record Ages 11-12 Project Record Ages 13-15 Project Record Ages 16-19

2020-2021 PWC 4-H Association Officers

Youth Officers

Samantha Whysong, President Kayla Dixon, Vice President Alexis Cox, Treasurer Secretary- Vacant

Adult Officers

Matt Valentino, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong Recognition Committee - Alan Lerch Membership Committee - 4-H Staff





